

Camp is on, and we missed you last summer! We are so excited to celebrate that camp is happening this summer. The Children's Ministry and Youth Ministry thought it was important to have the same policies for Summer Camp as much as possible to cut down on confusion! This guide (adapted from Centrikid) will help you prepare and answer questions that you may have. You'll learn what precautions we are committed to taking, as well our expectations for participants. These will help you decide if Youth Camp 2021 is something you are comfortable with your student(s) participating in.

Prevention is our preferred strategy for COVID-19, rather than reacting to it.

Working together is what will allow for a successful and transformational summer. The reality is that camp will look different, and that is okay. However, the things that are the most foundational to camp will still be there. We remain committed to providing the camp experience you have come to know and love at FBCA. However, you may be wondering what camp will look like.

- Participants will be required to wear face coverings (details below).
- We will be singing in the Worship services while masked.
- Our group will sit together during meal times while social-distanced.
- Small Groups and recreation will happen outside when weather permits and will allow for social distancing. There will be a few, brief times when recreation or Refreshing Mountain led activities will not allow for social distancing.

See the outline below for the guidelines we are implementing. This plan is subject to change as we receive more guidance. We will update it as needed prior to camp.

Section 1: Participant Responsibilities for COVID-19 Prevention

Section 2: COVID-19 Response

Section 3: Cleaning and Safety Procedures

Section 4: FAQs

Section 5: Transportation

SECTION 1: Participant Responsibilities for COVID-19 Prevention BEFORE CAMP

1. Students will be asked a series of questions before they load the bus. If an answer to any question on the Health Questionnaire is "yes," the participant must stay home.
2. Refer to the packing list for hygiene-related items needed at camp. Purchase and pack these items: hand sanitizer, face coverings, and wipes. As is our practice, we will send out a Parent Pack (think schedule, things to bring, etc) after registration closes at the end of May.

DURING CAMP PARTICIPANT RESPONSIBILITIES

1. Notify Group Leader and do not participate in activities if any participant has any of the following symptoms:
 - Fever (of 100.4 or greater) or chills
 - Headache
 - Cough
 - New loss of taste or smell
 - Shortness of breath or difficulty breathing
 - Sore throat
 - Fatigue
 - Congestion or runny nose
 - Muscle or body aches
 - Nausea or vomiting
 - Diarrhea
2. Face coverings will be required for all youth and adults.

- CDC-approved face coverings must be properly worn at all times while indoors (except while eating meals and in private spaces like personal rooms, and by the speaker and worship leader).
 - When outdoors, face coverings are not required unless 6 ft of social distance cannot be maintained.
 - We will not be providing masks, but will have a limited number of extras. We recommend participants bring at-least two masks per day.
3. Practice social distancing and limit touch and direct contact with other participants.
 4. Wash hands thoroughly throughout each day of camp and use hand sanitizer when hand washing is not available and when asked by chaperones.
 5. Do not share food or drink.
 6. All participants are expected to comply with all COVID-19 guidelines designed to reduce the spread of COVID-19 infection and promote the health and safety of those attending camp.

FBCA LEADER RESPONSIBILITIES

1. Train adult leaders attending camp with your group on the health and safety protocols outlined in this document.
2. Do a temperature check and ask screening questions with all of your participants before breakfast each day.
3. Make sure all of your participants are following health protocols, including hand washing, using hand sanitizer, social distancing, and wearing a face covering.
4. If participants develop COVID-19 symptoms listed above, report to Mikel or Shonica immediately.
5. Take care of any quarantined participants (meal delivery, parent communication, medical treatment, and travel plans).
6. For health precautions, outside visitors are not allowed.
7. Any intentional, significant, pervasive, or repeated violations of COVID-19 guidelines, including requirements related to face coverings and physical distancing, will be addressed individually and may result in the person(s) or the group being sent home.

FBCA RESPONSIBILITIES

1. If we are made aware of a participant who tests positive at camp or after returning home, we will notify families of the participants we suspect were exposed. We will not share specific participant names when making such notification.
2. We will provide a room/place for quarantined participants until plans to return home are made or as participants wait to be picked up as soon as possible.
3. FBCA is not responsible for the costs associated with COVID-19 testing, medical attention, or other related costs.

SECTION 2: COVID-19 Response

1. If any participant has symptom(s) of COVID-19 listed above, we will immediately remove him or her from camp activities. Mikel and Shonica will work with the camp location to provide an isolation area.
2. Work with camp leadership to identify other participants who were exposed to symptomatic participants. Exposure is defined as being within 6 feet for more than 15 minutes or more over a 24-hour period. Tracking exposure begins at 48 hours prior to the sign of their first symptom. Begin to monitor these potentially exposed participants more closely.

3. Contact parents and consider the need for medical attention and/or a rapid test.
4. If a rapid test is negative and an alternative diagnosis is provided, the participants may be allowed to return to camp activities, if not contagious with another illness (strep, flu, etc.).
5. If the participant is unable to get a negative rapid test (by availability, willingness to test, or positive result), the participant must return home as quickly as possible.
6. An exposed participant will be immediately removed from camp activities if the symptomatic participant's rapid test comes back positive. Mikel or Shonica will contact parents and make plans to get the exposed participant home as quickly as possible.
7. There are certain exceptions for not needing to quarantine after exposure.

VACCINATIONS:

- You are fully vaccinated (i.e., ≥ 2 weeks following receipt of the second dose in a 2-dose series or ≥ 2 weeks following receipt of one dose of a single-dose vaccine).

PAST RECOVERED CASE OF COVID-19:

- People who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms.

SECTION 3: Cleaning and Safety Procedures

WORSHIP CENTER:

1. Seating will be socially distant.
2. Prior to each large group worship service, the seating will be cleaned by FBCA.
3. Hand sanitizer will be available at entrances.

DINING HALL:

1. Participants must wash or sanitize their hands before entering the dining hall. Hand sanitizing stations will be available.
2. Modified Serving will be used for the dining hall for hot items. This means your students(s) will sanitize their hands, put on gloves, then serve themselves. At this time (4/22/21) we are the only group in the dining hall during our meal shift.
3. All cold items are individually packed.

REFRESHING MOUNTAIN PROTOCOLS PER PA DEPARTMENT OF HEALTH:

Mask Info per PA Department of Health asks all persons ages 2+, unless prohibited by a personal health need, wear a covering over the mouth and nose.

Refreshing Mountain Staff: Our staff will be wearing some sort of face covering when in close contact with guests. This could include a face shield, mask, or some other cloth barrier over the mouth and nose.

For outdoor activities, there are times where physical exertion makes it appropriate to remove this covering, but otherwise, especially when within 6 ft of a guest, our staff will have a face covering in place.

Refreshing Mountain Guests:

Refreshing Mountain expects our guests will make a decision regarding face coverings based upon their health needs*. **Refreshing Mountain chooses to provide service to any guest, with or without a face covering, and guests should be aware of the possibility there may**

be other guests on the property or in the Snack Shop without a face covering both indoors and outdoors. This will not include your personal meeting spaces, only public spaces. Refreshing Mountain encourages customers to maintain responsible spacing as they use our facilities and activities.

*Important: For HIPPA compliance, Refreshing Mountain presumes any person not wearing a mask in the above circumstances has a personal health need that superimposes compliance with this guidance.

FBCA and Refreshing Mountain led RECREATION:

1. Steps have been taken to change recreation initiatives to limit contact and increase distancing, as much as possible.
2. Face coverings will not be required at recreation with the exception of certain games where social distancing can not be maintained. Mikel or Shonica will notify participants if they are taking part in an initiative in which masks need to be worn.
3. Hand sanitizer will be available.
4. Inclement weather and space restrictions may prohibit us from holding recreation if a large indoor space that allows for social distancing is not available.

LODGING:

1. FBCA will be staying in hotel style rooms that sleep up to 4 people (2 queens size beds, and a bunk bed using both top and bottom bunks). The rooms are equipped with one sink, one shower, and one toilet. Masks will not be required in your room with your roommates.

WATER

1. Water fountains will be available throughout the Refreshing Mountain Campus. We encourage students to bring a personal water bottle to fill each day.

SECTION 4: FAQs and Pro Tips

IS MY FBCA PARTICIPANT REQUIRED TO BE TESTED TO ATTEND CAMP THIS SUMMER?

No. Participants must complete and pass a Camp Health Questionnaire form the day they leave for camp. This form must be signed by parents, then collected and turned in by the Group Leader on opening day.

WILL FBCA PARTICIPANTS AND STAFF BE REQUIRED TO WEAR FACE COVERINGS DURING CAMP?

Yes. Face coverings will be required for all participants and staff.

- CDC-approved face coverings must be properly worn at all times while indoors (except while eating and in private spaces like personal 4 person rooms).
- When outdoors, face coverings are not required unless 6 ft of social distance cannot be maintained.
- Camp staff will not provide face coverings, but will have a limited number of extras. We recommend participants bring at-least two masks per day.

WHAT IF A FBCA PARTICIPANT OR STAFF MEMBER IS SHOWING SYMPTOMS OF COVID-19 OR ANY OTHER ILLNESS?

If any of the COVID-19 symptoms are present, the participant must be isolated from camp activities. At this point, the symptomatic participant must be tested for COVID-19 or return home immediately. If the test is positive, the individual must return home immediately. Staff will follow the same protocols and COVID-19 response for participants and will support your group in any way possible to adhere to the guidelines.

WHAT ABOUT VISITORS TO CAMP?

No visitors are allowed on campus this summer. However, at this time Refreshing Mountain has one other group staying at the camp.

WHAT ADDITIONAL ITEMS SHOULD I ENCOURAGE THE GROUP TO PACK TO PROMOTE HEALTH AND SAFETY AT CAMP?

Every participant needs to bring multiple masks (consider bringing two for each day of camp) and hand sanitizer. Some may choose to also bring additional cleaning supplies (wipes, disinfectant spray) to wipe down their hotel style rooms during the week.

WHY ARE FACE COVERINGS REQUIRED?

The health and safety of all participants, staff, and location staff is our priority. Wearing face coverings protects everyone. Face coverings will keep as many participants and staff well and able to enjoy camp for the full week. It will take efforts from all parties at camp to make that happen!

I WASN'T AROUND A COVID-POSITIVE PERSON, BUT I WAS AROUND SOMEONE WHO WAS A "CLOSE CONTACT" TO A POSITIVE CASE. SINCE I AM A SECONDARY EXPOSURE, DO I HAVE TO QUARANTINE TOO?

No. Only participants who were in close contact (within 6 feet for more than 15 minutes or more over a 24-hour period) with a confirmed COVID-19 positive individual will be required to quarantine. We do not consider secondary exposure problematic.

SECTION 5: Transportation

We will be taking a charter bus and wearing masks while we ride to camp.

HEALTH QUESTIONNAIRE

The answers below should reflect the health of the participant within 24 hours prior to leaving for camp.

1. Within the past 14 days, has the Participant been in close physical contact (6 feet or closer for a cumulative total of 15 minutes or more over a 24-hour period) with anyone who has tested positive for COVID-19 or anyone who has symptoms consistent with COVID-19?
2. Have the Participant or any household members experienced any of the following symptoms in the last 14 days? • Fever (of 100.4 or greater) or chills • Cough • Shortness of breath or difficulty breathing • Fatigue • Muscle or body aches • Headache • New loss of taste or smell • Sore throat • Congestion or runny nose • Nausea or vomiting • Diarrhea
3. Are you currently waiting on the results of a COVID-19 test?

If an answer to any question on the Health Questionnaire is "yes," the participant must stay home.