

Sunday School at Home Lesson 1st – 6th Grades

August 16

ABRAM SOLVED A QUARREL

Life Point: Family members can work out differences.

Level of Biblical Learning: God's plan is for all family members to work together so that God is honored by their family.

Scripture Reference: Genesis 13

Unit Verse: "I will praise you because I have been remarkably and wondrously made. Your works are wondrous, and I know this very well." Psalm 139:14 (CSB)

Weekly Bible Verse: "If possible, as far as it depends on you, live at peace with everyone." Romans 12:18 (CSB)

Practice Bible Skills

Materials:

- Bibles (one per person)

Instructions:

- ❖ Ask family members to each take a Bible and stand in a circle.
- ❖ Guide everyone to review the names of the Old Testament books by saying them in order.
- ❖ Lead one child to begin at Genesis and encourage each person to say the next book in order as it is his or her turn around the circle.
- ❖ If someone can't name the next book, pause the game and have each person find the book in their Bible.
- ❖ Continue around until all books of the Old Testament have been named.
- ❖ Repeat as time and focus allows.

Introductory Activity

Instructions:

- ❖ Invite everyone in the family to stand in a circle and hold hands.
- ❖ Explain the four directions for the game:
 - Right: Step to the right.
 - Left: Step to the left.
 - In: Step in.
 - Out: Step out.
- ❖ For the first round, lead family members to say what you say and do what you say. For example, if you say "right" and move in that direction, kids should say "right" and step right.
- ❖ For the second round, instruct everyone to say and do the opposite of what you say and do. If you say "In" and move one step into the circle, kids should say "out" and take one step out of the circle.
- ❖ Play several rounds and encourage kids to have fun with the calls.
- ❖ Explain that in today's Bible story, a man chose between something to the right and something to the left.

Bible Story: Abram Solved a Quarrel (Genesis 13)

- ❖ Sing “[Family Time](#).”
- ❖ Ask: “What is a *quarrel*?”
- ❖ Explain that a *quarrel* is a disagreement or an argument. Mention that sometimes family member disagree or quarrel.
- ❖ Explain that today’s Bible story teaches us what to do when we disagree with a family member.
- ❖ Open your Bible to Genesis 13 and tell the Bible story, or watch the *Bible Story Notebook* portion of the August 16 *Lifeway Kids at Home* video from your Digital Pass Dashboard.*

The time had come for Abram to leave Egypt. At this time Abram was rich in livestock, silver, and gold. He took all that he owned, along with his wife Sarai, and nephew, Lot. Lot also had flocks, herd, and tents. As they traveled, the herdsmen of Abram’s livestock and the herdsmen of Lot’s livestock began to quarrel. There was not enough land to support all of Abram and Lot’s cattle and possessions.

Abram told Lot, “We are relatives! Please, let’s not argue. Look at all the land before us! Let’s separate. If you go to the left, I will go to the right, and if you go to the right, I will go to the left.”

Lot looked out and saw that the Jordan Valley was well watered. It reminded him of the land they left in Egypt, so Lot chose the Jordan Valley for himself. He journeyed eastward and set up his tent near the city of Sodom.

Abram went toward the land of Canaan. Then the Lord said to Abram, “Look at the land to the north, south, east, and west. I will make your family so large, you won’t be able to count your offspring—they will be like the dust of the earth! Get up and walk the length and width of the land, for I will give all of it to you and your family.”

Abram trusted God. Abram moved his tent and cattle and servants to the land, and there he built an altar to the Lord.

- ❖ Ask: “What did Abram do to solve the quarrel?” (He suggested that the family spread out.)
- ❖ Guide kids to give a thumbs up or thumbs down according to what is true (thumbs up) or false (thumbs down) about what Abram did.
 - He talked to Lot. (*thumbs up*)
 - He yelled and screamed at Lot. (*thumbs down*)
 - He talked badly about Lot to other family members. (*thumbs down*)
 - He gave Lot a choice. (*thumbs up*)
 - He kept his word and gave Lot the land. (*thumbs up*)
- ❖ Mention that as head of the family, Abram could have enforced his right to make the first land choice.
- ❖ Ask: “Why did Abram give Lot the option to choose first? Why was Abram’s choice the best choice?”

Review Questions

- ❖ What did Abram take with him out of Egypt? (*He took his family, including his wife, Sarai, and his nephew, Lot, and all that he had.*)
- ❖ Why did Abram and Lot’s herdsmen begin to quarrel? (*There was not enough land to support all of Abram and Lot’s cattle and possessions.*)
- ❖ What did Abram suggest they do? (*He suggested they separate.*)
- ❖ Where did Lot move? (*He moved to the Jordan Valley near the city of Sodom.*)
- ❖ What promise did God make Abram? (*God would give all the land Abram saw to Abram and his family. God would make Abram’s family so large, he would not be able to count them.*)

Life Action

- ❖ Put a tape line on the floor. Designate one side “Fight it Out” and the other side “Work it Out.”
- ❖ Play “[I Choose You](#)” as kids jump from side to side over the line.

- ❖ Pause the music and direct kids to freeze.
- ❖ Lead someone on the “Fight it Out” side to describe the harm caused by trying to solve a conflict by quarreling.
- ❖ Invite someone on the “Work it Out” side to describe a benefit of solving conflicts gently and peacefully.
- ❖ Acknowledge that kids may not be able to single-handedly solve all family problems, but Jesus promised that people who are peacemakers would be blessed.
- ❖ Invite kids to pray silently, asking God to help them peacefully resolve tense family situations.

Option: Watch the “Mooseberry Life Application” portion of the August 16 Lifeway Kids at Home video from your Digital Pass Dashboard.

Suggested Activities

Choice 1: Noodle Stand Up

Materials:

- 2 pool noodles

Instructions:

- ❖ Form two teams.
- ❖ Choose one player from each team to stand face-to-face about three feet apart from each other.
- ❖ Give each player a swim noodle and instruct her to stand it up on one end of the floor.
- ❖ Explain that when you say, “Go,” each child will let go of the swim noodle, move to the other swim noodle, and grab it before it falls to the ground.
- ❖ Lead kids to take a step backward after each round.
- ❖ Play until one noodle drops to the ground.
- ❖ Talk about how Abram and Lot were together when they left Egypt. To settle their conflict, Lot went one direction, and Abram went the other direction.
- ❖ Remind kids that one good way to resolve an issue with a family member is to do what is best for the other person, instead of what we want for ourselves.

CHOICE 2: Slalom Soccer Races

Materials.

- Soccer or playground ball
- 4 game cones or filled water bottles
- Masking tape
 - Divide the words of Romans 12:18 into four phrases: “If possible,” “as far as it depends on you,” “live at peace,” “with everyone.” Write each phrase on a strip of tape and affix to a game cone.
 - Tape a start line at one end and a finish line at the other end of the race course.
 - Space out the four cones between the start and finish lines.

Instructions:

- ❖ Say: “Your family may not quarrel over grazing land, but there are likely some situations that cause disagreements.”
- ❖ Guide kids to read Romans 12:18 (“If possible, as far as it depends on you, live at peace with everyone.”).
- ❖ Comment that obeying the Bible verse can prevent family conflicts.
- ❖ At your signal, one child will gently kick the soccer ball in a slalom pattern around the labeled cones. As the child passes each cone, prompt other children to shout that phrase of the Bible verse.
- ❖ Give each child an opportunity to play.

Wrap Up

- Pray and ask God to help the kids live in peace with their families and others.
- Let kids know you are praying that they will be peacemakers at home and with their friends.

Resource for Your Week

Videos can be viewed for FREE on Right Now Media by signing up for an account at <https://fbcalexandria.org/right-now-media>

[Hermie: Hailey and Bailey's Silly Fight](#)

*Go to <http://www.fbcalexandria.org/fbca-at-home#children> for information about how you can set up a free Digital Pass account through Lifeway to access videos and other downloads for each week's lesson.