



WEEK 1 - BE STILL AND KNOW

ROMANS 9:19-23

19 You will say to me then, "Why does he still find fault? For who can resist his will?" 20 But who are you, O man, to answer back to God? Will what is molded say to its molder, "Why have you made me like this?" 21 Has the potter no right over the clay, to make out of the same lump one vessel for honorable use and another for dishonorable use? 22 What if God, desiring to show his wrath and to make known his power, has endured with much patience vessels of wrath prepared for destruction, 23 in order to make known the riches of his glory for vessels of mercy, which he has prepared beforehand for glory--

THE MAIN POINT:

Taking regular/daily time to "be still and know" helps us to know our place before our Abba Father... He ministers to our souls and leads us by His Spirit.

NOTES :

POINT #1: ROMANS 9:19-20

Know your PLACE

POINT #2: ROMANS 9:21-23

Know His GRACE

POINT #3: JOB 1:20-22

Know His FACE

A ROOTS BIBLE

Experience





SMALL GROUP TIME

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1. CONNECT VULNERABLY

How was your week? Were there times where you intentionally sought out to meditate on the Lord?

2. DISCUSS RESPECTFULLY

- (a) What is the main point today? Why do you think this is important for God's children?
- (b) How was the time you had to sit and "be still and know"?
- (c) Is there anything you can think about where it is just hard to accept the way it is (e.g. something in your life or something you have observed in the world)? Furthermore, have you ever asked God why it is that way?

3. ENCOURAGE ONE ANOTHER

- (a) Do you listen to music regularly? If so, what is your preferred application and device?
- (b) Make a playlist of worship music with your squad that you would use to "be still and know."

4. FOSTER COMMUNITY

- (a) Take time to "be still and know" with a worship song from your playlist. Text/chat with your group each day this week the worship song you listened to.
- (b) How will we communicate? Discord? Group text?
- (c) Prayer requests

A ROOTS BIBLE

Experience





DAILY FACE TIME WITH ABBA FATHER

1

Be Still and know

Find time to STOP and sit with the Lord. Morning? Night? Waiting to be picked up? On the school bus?

Listen to a favorite worship song or read a psalm/proverb. Connect to the Lord during this time. Tell Him how you are feeling.

Recommended time = 5 to 10 min

2

Read the Bible

Read a portion of scripture or a daily devotion in your Bible plan.

BEFORE YOU DO... ask the Holy Spirit to give you spiritual understanding.

Recommended time = 10-20 min

3

Listen and write

Take time to ask God questions. What does He want to teach you? What are His thoughts about you? Does He have an assignment for you?

Write these things down. Think of this as a combination of journaling and having a conversation. Refer back to these things as life happens to see God's work in your life.

Recommended time = 5 to 15 min

A Youth Pastor's note

There is nothing wrong with a good devotional/Bible plan. But I have come to find that I sometimes don't connect with Jesus and just read to "check a box".

After years of walking with the Lord I was taught this method of daily meeting with Jesus and I haven't found anything better for me. Sometimes I only do one or two steps. Other times I do all four steps. You will figure out what works best for you.

The goal is to meet with our loving Heavenly Father.

He is sincerely interested in building a history with His sons and daughters that is done in the secret place.

4

Pray (Intercede)

This is the time to pray for yourself. Pray for friends to come to know Jesus. Pray for any prayer requests people have shared with you. Pray for your church. Pray for your friends at youth group. Pray for your advisors/youth pastor.

Recommended time = 5 to 1000 min

FACE TIME EXAMPLE

March 25, 2020 | Waiting for mom at Mark Keppel flag pole (4:24 pm)

- I just bombed Mr. Y's math test on Chapter 2... oh yea... it's my birthday today. Happy birthday to me from Mr. Y =(
- D went to my game today with all her friends... I didn't play very well
- Spring break starts tomorrow!

01. Be still and know He is God

- Heavenly Father, I really am bummed out about my math test. But it was pretty cool that D came to watch my game today =)
- "What a Beautiful Name" by Hillsong
- Jesus, Your name is higher than all other names!



02. Read the Bible

Genesis 22

- Father, help me to be like Abraham--He was obedient to Your voice no matter what You asked. Father, I need Your help! Holy Spirit fill me up to be obedient to Your voice.



03. Listen and write

- Father, how much do You love me?
 - I have made You--fearfully and wonderfully--you are my masterpiece.
- Holy Spirit is there anything You want to reveal to me?
 - My daughter, be holy unto Me. I love you. Live righteously before me. Do not exchange my blessings for the trappings of this world.
 - You will see a man who is hungry. Feed him.



04. Pray (intercede)

- Personal pursuit of holiness
- Sister has been sad lately
- My church's missions team
- Dad and Mom
- Mr. Y - Jesus help me to honor him and show him Your love (even when he fails me... on my birthday...)

