

KIDS DEVOTIONAL AT HOME

For Sunday, May 10, 2020

For your family worship time, we have prepared 4 short activities that you can do together:

1. Kids' worship songs
2. A Bible story from YouTube
3. Questions for discussion and reflection, Prayer
4. Optional: crafts, activities, and songs

Prepare these items before you begin:

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1. Smartphone, tablet, or computer to play the worship songs
2. Scripture Reference: Matthew 6:25-34
3. Youtube video: Don't worry by Saddleback Kids
4. For the optional crafts and family games
 - Coloring pages
 - Craft
 - Extension Activities

Worship Time

- Fill This Place <https://www.youtube.com/watch?v=IRoRwaJ-T5A>
- God You're So Good <https://www.youtube.com/watch?v=yMji7TypHOI>
- Cornerstone <https://www.youtube.com/watch?v=FI15U2ifYzo>
- My God Is So Big: Amber Sky Records <https://www.youtube.com/watch?v=CaRL-mNFkRA>

Bonus Song with Dance Moves: Austin Stone Worship: Kids [King of Everything](#)

Bible Story Discussion & Prayer

Before the video: Being worried is when we keep thinking about our problems, and we're scared that Jesus won't take care of us. Sometimes we worry that we won't get everything we

need. We might get sad, or scared, or mad. Maybe we worry that we won't have enough food to eat, or that we won't have enough toys to play with! That's what it means to worry about something. Has anyone ever been worried before? Sometimes we worry about things because we're not sure what's going to happen next, or how things are going to turn out. There will always be something that you **could** worry about. That's just part of living in an imperfect world!

Philippians 4:6-7 says, *"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."*

This isn't just a nice suggestion or idea; it reveals the power of prayer. Prayer is giving our fears to God. Prayer replaces worry with peace. Jesus was telling a group of people and His disciples why we don't need to worry about anything. Jesus told them that if God takes care of the lilies and birds, He will certainly meet our needs. We can trust that God will take care of us.

Play Video: [Don't Worry](#) by Saddleback Kids

Review

God loves and cares for everything that He created. God loves everything that we just acted out, and God loves you. And instead of worrying about what we'll eat or wear, or who we'll play with, God wants us to trust him instead. That means we believe that he will take care of us, no matter what!

The next time you worry, or maybe when you're afraid of something...keep your thoughts on Jesus. Think about how much he loves you, and how he'll protect you no matter what happens. When your mind is all filled up with Jesus, there's no room for worrying!

Jesus gave us so many beautiful examples of how God will always take care of us. If He takes care of the lilies that will be thrown away tomorrow, we can take comfort in knowing that He will definitely take care of us. **He loves and cares for us** far more deeply than any flower or animal. We can have a **grateful heart**, knowing that God will keep His promises and that He will meet all our needs. God wants us to seek His kingdom and to **focus on Him** instead of our worries. We can put our complete hope and trust in Him.

Questions for Preschoolers:

1. Did Jesus' friends worry?
2. What 2 things does the story say God takes care of (in nature)?
3. What (or who) else does God take care of?
4. Who does Jesus love?
5. Do you think Jesus wants us to worry about things?

Questions for older kids:

1. What do you worry most about?
2. Why does God not want us to worry?
3. How do you usually cope with my worries and stress?
4. How can you lift up your worries to God?
5. How can we remind ourselves to have an attitude of gratitude?

Prayer Dear God, we know you love us more than anything in the world. But sometimes, it's hard to trust you. So please remind us every day that instead of worrying, we can trust in you instead. In Jesus' name, Amen

Craft/Coloring/Activities:

Object Lesson: Get a backpack and fill it full of heavy books and other objects. Explain that when we carry worry and fear around, it's really heavy and feels like more than we can do for very long. Let each of the kids (safely) carry the backpack around.

Now read Philippians 4:6-7 *"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."*

(take the books, objects out of the backpack) So when we pray, thank him for everything He does for us because He loves us, and trust Him, we can live our lives free of this heavy burden of worry and fear. In prayer, we hand over our worry and Jesus gives us peace in return. Now, let each child put the empty backpack on to notice the difference. Because God loves us SOOOO much, we can trust that He's with us and taking care of us ALL the time, every day.

Make Tissue Paper Flowers



To make a single-stemmed flower you will need:

3 sheets (12-by-6-inch sheets or larger) of colored tissue paper

1 sheet of green cardstock paper or construction paper

1 green chenille stem/pipe cleaners

Ruler

Scissors



Step 1: Take the tissue paper out of its package, stack three sheets on top of one another, line them up, and cut into 12-by-6-inch sheets. (For larger flowers, use bigger sheets and cut to your desired size). Once cut to size, be sure your sheets of tissue paper are stacked and lined up once again before you begin folding your tissue paper. Start with the shorter side (in this case, the 6-inch side) and make a 1-inch fold to start off an accordion fold.



Step 2: Once you have made a 1-inch fold in your stacked tissue paper edge, turn your tissue paper stack over for the next fold, then turn it back for the fold after that. Keep folding and turning over the paper until you have an accordion-style narrow strip of tissue paper.



Step 3: Take your scissors and trim the ends of the stacked tissue paper strip so that you have a rounded edge. This will help your tissue paper petals have a rounded appearance, like the petals of a real peony, when you unfold the flower later. Be sure to trim both ends of your folded tissue paper stack.



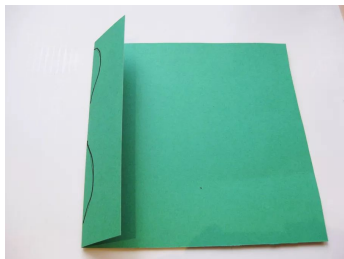
Step 4: To ensure the stem is centered, fold the tissue strip in half and place the green pipe cleaner or chenille stem at the fold. Loop the "stem" around the middle of the folded tissue paper strip. Twist the pipe cleaner onto itself to hold the tissue paper strip in place.



Step 5: Gently peel open the layers. Starting on one side, begin opening up the tissue paper folds you made. Be sure to pull apart the folds evenly from both ends.



Step 6: Separate the tissue paper sheets. Note: very young children will have trouble with this, so you may want to do this part and have your child fluff them afterward. Gently separate the tissue paper sheets to unfold the petals of your flower. It will quickly begin to look like a beautiful blossom.



Optional final steps: Add Green leaves Having green leaves lends the blossoms even more of a realistic look. Make a 2-inch fold in a piece of green cardstock or construction paper. Draw leaves on the folded edge. If you used 12-by-6-inch tissue paper for the flower, the leaves should be at least 4 inches long and about an inch at their widest point.

Cut out the leaves. Glue to the stem.



Make an arrangement and give to your Mom, Gramma, Aunt, or another special person in your life you are thankful for.



What does Jesus say about worrying?
How can we be more like the birds and flowers?

Read more about this week's story in Matthew 6:25-34.