



This is the first of four daily circles as the study of Ephesians and the book “Ephesians: Building and Community in Christ” by John Stott. On each of the days we will briefly complete:

- 1) Lesson Tasks: Study the scripture as it is illuminated in our targeted book
- 2) Circle Tasks: Reflect on one of four application principles: Upward, Inward, Downward and Outward
- 3) Inquiring Tasks: Do a little investigating that helps us keep thinking about the principles throughout our day

**Lesson Tasks:** Please read from the beginning of Study Two: A life of Prayer” in *Ephesians: Building and Community in Christ* by John Stott. Complete the first three questions and read through to, but not including question #4. Stott begins the study of this section by the knowledge brought by understanding vs. knowledge brought by experience, Read James 1:19-25, then consider any inconsistencies you may want to address:



Scripture	Listening	Doing
Prayer		
Service		
Generosity		

**Circle Tasks:** Every day we focus on one application: Upward, Inward, Downward and Outward. Today we reflect **Upward**—the ways in which what we have read applies to our relationship with the Lord:

- 1) Is the Lord every more familiar to you? Do you think you are getting to know him more? Write a few things you know about God:
  
- 2) What are other things you may want to know about God? Do you feel free to ask him and listen for an answer?
  
- 3) Remember a time you believe you acted differently based on your understanding of God.

**Inquiring Tasks:**

- 1) Got the urge to try some different praise music? Kevin Halloran has curated [a list of worship albums based on the Psalms](#) with a variety of different artists. See if you sit still while listening to the [Brooklyn Tabernacle Choir](#).
  
- 2) Read Pastor Todd Gaddis’ brief blog about [Seven reasons to praise the Lord](#) which can encourage us to rest in the simple act of praise-filled prayer.

**Tomorrow:** Looking Inwardly

