



“TRUSTING GOD”

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Every day challenges can test our trust in God. Fear and anxiety can rob us from faith. The future may seem uncertain right now, and worry keeps occupying too much room in your heart, in your mind, but remember this: God is already in all of our tomorrows. The Bible assures us that He knows our way, and He has a plan. And we can trust God's way is the best way for us.

Trusting in God doesn't mean we put on a smile and fake the appearance of faith - sometimes trusting God is crying out to Him in our pain. God never asks us to figure it all out on our own. He just asks us to trust Him, to recognize His leadership and Sovereignty in our lives. There is power when you trust God. Our security and peace can rest on God alone - not our own circumstances, other people, or our own ability. We can believe His Word when he says that he will not leave us nor forsake us.

As you read these Bible verses, may you regain trust in the One who created you and watches over us. Meditate on these Scriptures morning and evening and you will experience the power of hope!

What is the Biblical definition of “trust” = “firm belief in the reliability, truth, ability, or strength of God.”

Growing in Trust

How to apply God’s Word and grow in trust...

1. Get a notebook to use as a personal growth journal.
2. Read and meditate on each scripture in each category.
3. Ask these questions about each scripture and write your answers in the journal...
 - a. How does this scripture relate to what I’m facing right now?
 - b. What does this scripture say about God’s character and faithfulness?
 - c. What does this scripture say about “why” I should trust God?
 - d. How can I apply the promise God gave me in the scripture in my life now?
4. Pray for God’s strength and wisdom to trust God in all things.
5. Rely on the power of the Spirit to live through you as you grow in trusting God.

1. Trusting God in the Face of Fear

Psalm 56:3 = *“When I am afraid, I put my trust in you.”*

Hebrews 13:6 = *“So we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?”*

Proverbs 29:25 = *“The fear of man lays a snare, but whoever trusts in the Lord is safe.”*

Psalm 56:4 = *“In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?”*

Psalm 27:3 = *“Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident.”*

Isaiah 12:2 = *“Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord himself, is my strength and my defense; he has become my salvation.”*

Isaiah 41:10 = *“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”*

Psalm 34:4 = *“I sought the Lord, and he answered me; he delivered me from all my fears.”*

2. Trusting God During Uncertainty

Proverbs 3:5-6 = *“Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.”*

Psalm 143:8 = *“Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life.”*

Psalm 37:5-6 = *“Commit your way to the Lord; trust in him, and he will act. He will bring forth your righteousness as the light, and your justice as the noonday.”*

Psalm 28:7 = *“The Lord is my strength and my shield; my heart trusts in him, and he helps me.”*

Romans 8:28 = *“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”*

3. Trusting God in Times of Need

Matthew 6:26 = “Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?”

Isaiah 43:2 = “When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you.”

Philippians 4:19 = “And my God will meet all your needs according to the riches of his glory in Christ Jesus.”

Proverbs 16:20 = “Whoever gives thought to the word will discover good, and blessed is he who trusts in the Lord.”

Psalms 13:5-6 = “But I have trusted in your steadfast love; my heart shall rejoice in your salvation. I will sing to the Lord, because he has dealt bountifully with me.”

4. Trusting God During Difficult Times

Psalms 91:1-2 = “He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the Lord, “My refuge and my fortress, my God, in whom I trust.”

Psalms 62:7 = “On God rests my salvation and my glory; my mighty rock, my refuge is God.”

Psalms 145:18 = “The Lord is near to all who call on him, to all who call on him in truth.”

Isaiah 26:3 = “You keep him in perfect peace whose mind is stayed on you, because he trusts in you.”

1 Peter 5:7 = “Give all your worries and cares to God, for he cares about you.”

James 1:2-4 = “Dear brothers and sisters, when troubles come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.”

5. Trusting God for Peace

Jeremiah 17:7-8 = *“Blessed is the man who trusts in the Lord, whose trust is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.”*

Psalms 37:3 = *“Trust in the Lord, and do good; dwell in the land and befriend faithfulness.”*

Psalms 9:10 = *“And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you.”*

Philippians 4:6-7 = *“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*

Isaiah 40:28-31 = *“Do you not know? Have you not heard? Yahweh is the everlasting God, the Creator of the whole earth. He never grows faint or weary; there is no limit to His understanding.²⁹ He gives strength to the weary and strengthens the powerless. Youths may faint and grow weary, and young men stumble and fall, but those who trust in the Lord will renew their strength; they will soar on wings like eagles; they will run and not grow weary; they will walk and not faint.”*

John 14:27 = *“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”*

John 16:33 = *“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”*

Psalms 29:11 = *“The Lord gives his people strength. The Lord blesses them with peace.”*

A Prayer for Trusting God

Lord, I thank You that You are the God of the impossible. You can do anything. I want to trust in Your ability and not my own. Teach me to see difficulties in my life from Your perspective. Help me to focus on You and Your power. Today I bring before You this difficulty in my life (*Name a hard situation you are facing right now*). Help me not to fear but to trust You in this situation. I declare my faith in Your ability to fulfill Your promises to me. You will fight for me and win the battles in my life. You are mighty, powerful, righteous, and true. In Jesus' name. Amen.