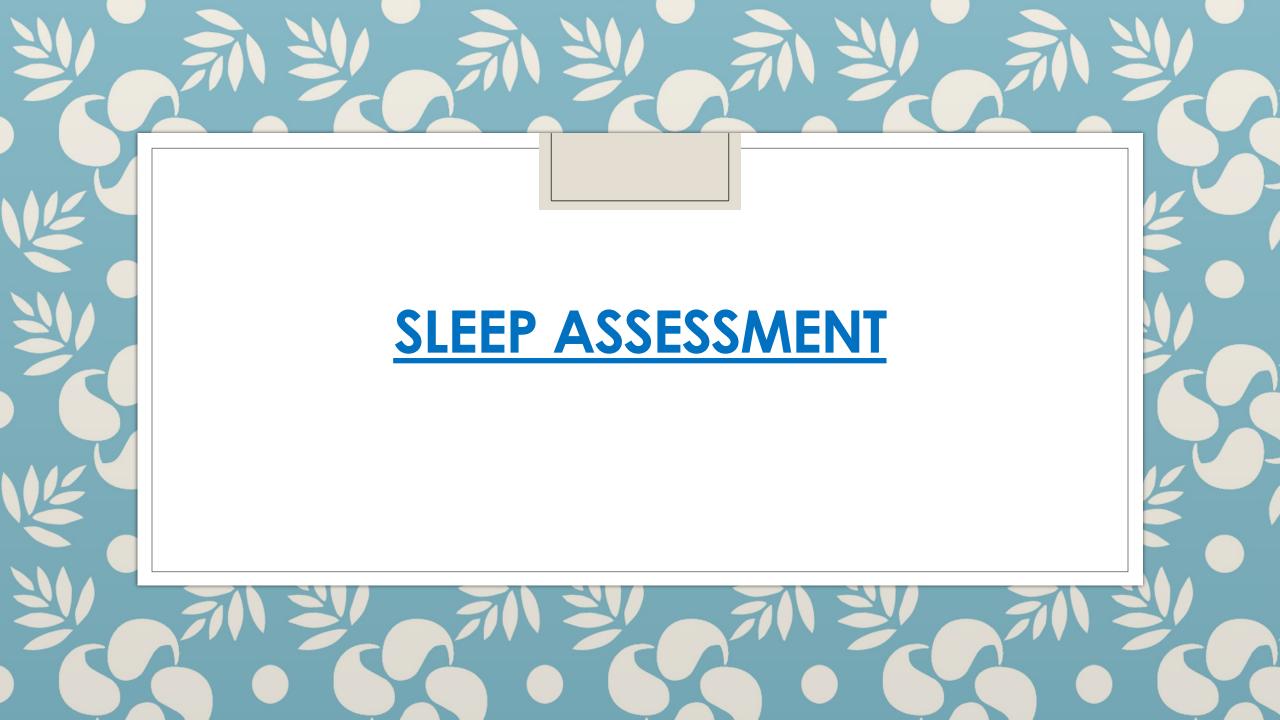




PURPOSE: "To promote lifelong health and wellness for you, your family, your church, your community and the Kingdom of God."





SLEEP SCRIPTURES

PROVERBS 3:24

"When you lie down, you will not be afraid; When you lie down, your sleep will be sweet."

JOB 11:19

"You will lie down, with no one to make you afraid, and many will court your favor."

PSALM 4:8

"I will both lay me down in peace, and sleep: for you, LORD, only make me dwell in safety."

