

HOPE HAS A NAME: WEEK 6

SPIRITUAL PRACTICE **SERVING**

We want to be agents of hope to our friends, family, coworkers and even strangers. Emotion is incredibly contagious. . . what is in you will come out of you. We believe hope is contagious, so our transforming practice this week is serving. When we serve, we spread hope.

DAY 1

Meditate on **1 Timothy 6:11-21** to align your heart with the heart of God. After slowing reading this passage multiple times, answer these two questions:

1. What do you see about God?
2. What do you sense God inviting you to do today to serve others?

11 But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness. 12 Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses. 13 In the sight of God, who gives life to everything, and of Christ Jesus, who while testifying before Pontius Pilate made the good confession, I charge you 14 to keep this command without spot or blame until the appearing of our Lord Jesus Christ, 15 which God will bring about in his own time—God, the blessed and only Ruler, the King of kings and Lord of lords, 16 who alone is immortal and who lives in unapproachable light, whom no one has seen or can see. To him be honor and might forever. Amen.

17 Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. 18 Command them to do good, to be rich in good deeds, and to be generous and willing to share. 19 In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life.

20 Timothy, guard what has been entrusted to your care. Turn away from godless chatter and the opposing ideas of what is falsely called knowledge, 21 which some have professed and in so doing have departed from the faith. Grace be with you all.

DAY 2

The beautiful mystery of God is that he does not need us but he wants us. He wants us to do life with him for our good, the good of others and his glory. God invites each person in the church to join in his mission of love and justice in the world.

Meditate upon **1 Corinthians 12** and ask God to help you answer this one question:

1. What is God inviting me to do as a part of his church?

[Shameless plug: Faith has many opportunities to serve in kids, students, connections, outreach, care, Community Group leadership and more.]

¹ Now about the gifts of the Spirit, brothers and sisters, I do not want you to be uninformed. ² You know that when you were pagans, somehow or other you were influenced and led astray to mute idols. ³ Therefore I want you to know that no one who is speaking by the Spirit of God says, "Jesus be cursed," and no one can say, "Jesus is Lord," except by the Holy Spirit. ⁴ There are different kinds of gifts, but the same Spirit distributes them. ⁵ There are different kinds of service, but the same Lord. ⁶ There are different kinds of working, but in all of them and in everyone it is the same God at work.

⁷ Now to each one the manifestation of the Spirit is given for the common good. ⁸ To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, ⁹ to another faith by the same Spirit, to another gifts of healing by that one Spirit, ¹⁰ to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. ¹¹ All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines.

¹² Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. ¹³ For we were all baptized by one Spirit so as to form one body— whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. ¹⁴ Even so the body is not made up of one part but of many. ¹⁵ Now if the foot should say, "Because I am not a hand, I do not belong to the body," it would not for that reason stop being part of the body. ¹⁶ And if the ear should say, "Because I am not an eye, I do not belong to the body," it would not for that reason stop being part of the body. ¹⁷ If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be?

¹⁸ But in fact God has placed the parts in the body, every one of them, just as he wanted them to be. ¹⁹ If they were all one part, where would the body be? ²⁰ As it is, there are many parts, but one body. ²¹ The eye cannot say to the hand, "I don't need you!" And the head cannot say to the feet, "I don't need you!" ²² On the contrary, those parts of the body that seem

to be weaker are indispensable,²³ and the parts that we think are less honorable we treat with special honor. And the parts that are unpresentable are treated with special modesty,²⁴ while our presentable parts need no special treatment. But God has put the body together, giving greater honor to the parts that lacked it,²⁵ so that there should be no division in the body, but that its parts should have equal concern for each other.²⁶ If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it.²⁷ Now you are the body of Christ, and each one of you is a part of it.²⁸ And God has placed in the church first of all apostles, second prophets, third teachers, then miracles, then gifts of healing, of helping, of guidance, and of different kinds of tongues.²⁹ Are all apostles? Are all prophets? Are all teachers? Do all work miracles?³⁰ Do all have gifts of healing? Do all speak in tongues? Do all interpret?³¹ Now eagerly desire the greater gifts.

And yet I will show you the most excellent way (i.e. Love, see 1 Corinthians 13).

DAY 3

Meditate upon **Galatians 5:13-26** and answer these three questions:

1. What does it look like to be led by the flesh versus being led by the Spirit?
2. What is God calling you to as his child?
3. What one thing will you do today to serve and love others?

¹³ You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. ¹⁴ For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself." ¹⁵ If you bite and devour each other, watch out or you will be destroyed by each other. ¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸ But if you are led by the Spirit, you are not under the law.

*¹⁹ The acts of the flesh are obvious: sexual immorality, impurity and debauchery;
²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.*

*²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,
²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to*

Christ Jesus have crucified the flesh with its passions and desires.²⁵ Since we live by the Spirit, let us keep in step with the Spirit.²⁶ Let us not become conceited, provoking and envying each other.

DAY 4

Today, slowly read through **Luke 8:40-56** and put yourself in the story. Imagine you are Jairus or the bleeding woman. What are you feeling? What do you hear Jesus say? How will you worship Jesus as a result of your encounter with him?

⁴⁰ Now when Jesus returned, a crowd welcomed him, for they were all expecting him. ⁴¹ Then a man named Jairus, a synagogue leader, came and fell at Jesus' feet, pleading with him to come to his house ⁴² because his only daughter, a girl of about twelve, was dying.

As Jesus was on his way, the crowds almost crushed him. ⁴³ And a woman was there who had been subject to bleeding for twelve years, but no one could heal her. ⁴⁴ She came up behind him and touched the edge of his cloak, and immediately her bleeding stopped. ⁴⁵ "Who touched me?" Jesus asked. When they all denied it, Peter said, "Master, the people are crowding and pressing against you."

⁴⁶ But Jesus said, "Someone touched me; I know that power has gone out from me." ⁴⁷ Then the woman, seeing that she could not go unnoticed, came trembling and fell at his feet. In the presence of all the people, she told why she had touched him and how she had been instantly healed. ⁴⁸ Then he said to her, "Daughter, your faith has healed you. Go in peace."

⁴⁹ While Jesus was still speaking, someone came from the house of Jairus, the synagogue leader. "Your daughter is dead," he said. "Don't bother the teacher anymore."

⁵⁰ Hearing this, Jesus said to Jairus, "Don't be afraid; just believe, and she will be healed." ⁵¹ When he arrived at the house of Jairus, he did not let anyone go in with him except Peter, John and James, and the child's father and mother. ⁵² Meanwhile, all the people were wailing and mourning for her. "Stop wailing," Jesus said. "She is not dead but asleep."

⁵³ They laughed at him, knowing that she was dead. ⁵⁴ But he took her by the hand and said, "My child, get up!" ⁵⁵ Her spirit returned, and at once she stood up. Then Jesus told them to give her something to eat. ⁵⁶ Her parents were astonished, but he ordered them not to tell anyone what had happened.

DAY 5

Slowly read through **Matthew 23:1-12** and answer these three questions:

1. What do you see about the heart of Jesus?
2. How does Jesus redefine greatness?
3. How can you secretly serve someone today?

¹ Then Jesus said to the crowds and to his disciples: ² “The teachers of the law and the Pharisees sit in Moses’ seat. ³ So you must be careful to do everything they tell you. But do not do what they do, for they do not practice what they preach. ⁴ They tie up heavy, cumbersome loads and put them on other people’s shoulders, but they themselves are not willing to lift a finger to move them. ⁵ “Everything they do is done for people to see: They make their phylacteries wide and the tassels on their garments long; ⁶ they love the place of honor at banquets and the most important seats in the synagogues; ⁷ they love to be greeted with respect in the marketplaces and to be called ‘Rabbi’ by others. ⁸ “But you are not to be called ‘Rabbi,’ for you have one Teacher, and you are all brothers. ⁹ And do not call anyone on earth ‘father,’ for you have one Father, and he is in heaven. ¹⁰ Nor are you to be called instructors, for you have one Instructor, the Messiah. ¹¹ The greatest among you will be your servant. ¹² For those who exalt themselves will be humbled, and those who humble themselves will be exalted.