



DivorceCare (Men & Women)

This group is a great support if you find yourself navigating the confusing and devastating fallout of divorce. You will find a safe and supportive environment to process through the pain of divorce and guidance in making wise decisions in order to rebuild a strong and satisfying life.

GriefShare (Men & Women)

Have you suffered the loss of a child, family member or friend? If so, you may feel isolated and have many questions about things you've never faced before, and you find it hard to feel optimistic about the future. This group can help you process your grief in a healthy way and in a healthy pace so you don't remain stuck.

Restore Hope (Women)

Are you dealing with a difficulty and need an extra dose of hope? It may be an unwelcome physical or mental challenge, a difficult relationship, a scary financial setback, abuse (physical, sexual, verbal or emotional), or maybe insecurity and a questionable sense of self-worth. Or it may be the pain of a loved one who is making self-destructive choices, or maybe that describes you. No matter what your challenge, a supportive community that centers on Christ can do wonders to offer hope and strength to a struggling soul!

Lies Women Believe (Women)

Satan is the master deceiver; his lies are endless. And the lies Christian women believe are at the root of most of their struggles. Many women live under a cloud of personal guilt and condemnation. Many are in bondage to their past. Others are gripped by fear of rejection and a longing for approval. Still others are emotional prisoners. This group will help you expose those areas of deception and learn to replace them with God's empowering truth ... enabling you to walk strong and free!

Safe People (Women)

Have you invested yourself into relationships that have left you deeply wounded? Do you either repeat the same mistakes of judgment over and over . . . or else lock the doors of your heart entirely and throw away the key? This group will help you process why you choose the wrong people to get involved with, learn how to find and invest in healthy relationships, and learn to avoid those that aren't.

Breaking Free & Staying Clean (Men)

Do you have a current or past struggle with alcohol, drugs, pornography, anger or some other self-destructive habit? This group will provide direction, resources and support you need to do the necessary work to get healthy and stay healthy. You will have opportunities to share your experiences, be encouraged by the healthy steps others are taking, and discover the hope of freedom and wholeness that is found as you walk this journey of recovery with Christ.

Praying the Psalms to Process My Pain (Men & Women)

Do you have trouble expressing how you really feel when life is hard? Using the journal entries of David and other writers recorded in the Psalms, you will learn to be honest with God about the emotions you are experiencing—love, anger, loneliness, fear—and a myriad of others. You will learn to express words to reflect the deepest cries of your soul that will help you process your pain and experience joy in spite of your struggles. You will discover that honest prayer not only draws you closer to God, it can also lead to significant relational breakthrough with others.