



2022-2023

Cary Presbyterian Preschool

Handbook Addendum; Covid Compact,
Protocols, and Exclusion from Childcare

Welcome Back! Our goal is to make the changes necessary to create a safe place while continuing to adhere to what makes us a special place for children to learn, play and grow. Your children will continue to feel loved and safe while focusing on social/emotional skills and learning through play experiences. Our Return to School Plan includes guidance from the CDC, NCDHHS, and the American Academy of Pediatrics. We will be monitoring data on a daily basis and implementing additional procedures if necessary.

Masks for Children

- Due to the recent increase in Covid cases, all children in the Three Year Old and Pre-K classes will be required to wear a mask while indoors at school when not eating or drinking.
- Please send in multiple clean reusable or disposable masks in a ziploc with “clean” written on it. Also in their totes, please place a gallon ziploc with “used” or “dirty” written on it. If your child is not used to wearing a mask, please be sure to have them practice taking it on and off and that it fits securely over their mouth and nose.

Carpool, Staff, and Parent Masks

There is a 15 minute limit for anyone other than preschool staff and students to be in the building during the day. Therefore drop off and pick up of students will be done via carpool. Please take your child's temperature before leaving for school, and be prepared to answer the screening questions at drop off which will be on the back of your carpool tag. The teachers will ask you “Did you answer ‘No’ to all of the screening questions?”

- Masks must be worn by all parents regardless of your child's age at drop off and pickup and when entering the building for any reason. We are unable to have parent volunteers in the classroom, but will re-evaluate when possible. In the meantime, we would love to have you sign up for our virtual Mystery Reader with your child's teacher.
- Staff will be doing a daily temperature check and answering the same screening questions.
- Staff and students will use hand sanitizer after carpool drop off and wash hands as soon as they enter the classroom. Hand Sanitizer will only be used during carpool and outside time and regular and frequent handwashing will take place by children and staff.
- There will be no outside visitors coming into the school, unless it is for maintenance, or, for health/developmental needs such as therapists or observers. They will be required to complete the same procedures as any other person entering the building, and adhere to the 15 minute time limit.
- Water fountain in the hall will not be used by students.
- We will remain in class cohorts for all events; music, outdoor time, special events, etc.
- Many activities and snack and lunch times will be held outside, weather permitting.

Cleaning

- UV Light air scrubbers have been installed in the preschool hvac systems.
- An electrostatic sprayer has been purchased and will be used after school to disinfect daily.
- All guidelines for disinfecting spaces and touch points will be followed. Touch Points will be sanitized throughout the day. We have a cleaning service that will come in daily.
- Proper handwashing will be taught and monitored as well as how to cover coughs/sneezes.

Exclusions From Childcare:

- Children and staff who have symptoms of COVID-19, should stay home and contact their healthcare provider for testing and care. Staying home when sick is essential to keep infections out of child care settings and prevent spread to others. As noted in our handbook, children must be fever free for 24 hours without medication to return to school. Due to COVID-19, whenever a fever is present, please take your child to the pediatrician to rule out COVID-19 or the flu. A doctor's note will be required to return to school if your child presents with a fever.
- Individuals who are presumed to have or are diagnosed with COVID-19 must stay home until they meet the criteria for return to child care.
- It is also essential for people who are not fully vaccinated to quarantine after a recent close contact with someone with COVID-19 symptoms or diagnosed with COVID-19.

- Exclusion will be determined by the local health department when exposure has occurred.

Exclusion Symptoms:

- **The child has a fever taken by any method, including at armpit or orally of 100.4 degrees**
- **Fever**
- **Chills**
- **Shortness of Breath**
- **New Cough**
- **Loss of Taste or Smell**
- **Sore Throat**
- **Nausea and vomiting**
- **New onset of Headache**
- **Frequent Bowel Movements or Diarrhea**

Presbyterian Preschool Staff and Parent Compact

All parents and teachers are expected to adhere to the guidelines set forth above. In addition, the best way to maintain a healthy and safe environment for our families, students and teachers is to work together as a community. The greater we adhere to safety measures and guidelines listed below, the greater likelihood we will be able to keep our community healthy and continue to offer in-person learning.

CPP Compact

As part of the CPP community, it is my social responsibility:

- To wear masks in all public spaces to minimize transmission within your household.
- Following the screening guidelines to monitor any symptoms of family members.
- Have our student(s) and teachers wear masks as a family, particularly when social distance is not possible.
- To be diligent around hand washing and sanitizing outside of school.
- To socially distance from others while in public
- To not send my child to school if they or anyone in our family has been exposed or potentially exposed to COVID-19 until all members of the family have received a negative test result and quarantined by the state-mandated time frame.
- If I travel with my family, I will take appropriate precautions while away from home to ensure the safety of my family and school community, including keeping my child home from school if there is any possibility of exposure for 3 days after travel, or obtaining a PCR test from the pediatrician's office. This would include traveling on an airplane, Disney World, areas with high rates of exposure, etc (test no sooner than 5 days after exposure).
- To actively communicate with staff, teachers, and parents in the CPP community regarding any concerns or developments within my respective household.

Closures

- Our strategies are designed to reduce the likelihood of closures.
- All decisions about closings are made by the local health department.

Quarantine and Isolation

The latest guidance from the CDC regarding Quarantine vs. Isolation: Again, our local health department will make the final call.

Quarantine

Quarantine if you have been in [close contact](#) (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been [fully vaccinated](#). People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have [symptoms](#). However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.

What to do

- Stay home for 14 days after your last contact with a person who has COVID-19.
- Watch for fever (100.4°F), cough, shortness of breath, or [other symptoms](#) of COVID-19.
- If possible, stay away from people you live with, especially people who are at [higher risk](#) for getting very sick from COVID-19.
- **After quarantine**
- Watch for symptoms until 14 days after exposure.
- If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.

You may be able to shorten your quarantine

Your local public health authorities make the final decisions about how long quarantine should last, based on local conditions and needs. Follow the recommendations of your local public health department if you need to quarantine. Options they will consider include stopping quarantine

- After day 10 without testing
- After day 7 after receiving a negative test result (test must occur on day 5 or later)

Isolation

Isolation is used to separate people infected with COVID-19 from those who are not infected. People who are in isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should separate from others, stay in a specific "sick room" or area, and use a separate bathroom (if available).

Please Initial each space below and sign/date at the bottom of page

_____ I understand and will follow these guidelines set forth by the preschool as well as the handbook. These guidelines override anything in the handbook that should conflict.

_____ I understand that all policies may change, based on current guidelines by our governing agencies. Policies will be re-evaluated in the future if it is deemed safe to make changes.

_____ I understand that children's symptoms of covid can be especially mild and may include fatigue, runny nose, new cough, nausea/vomiting, diarrhea, muscle/body aches, headache, and sore throat, in addition to fever/chills, shortness of breath/difficulty breathing, new loss of taste or smell.

_____ I understand that in spite of best efforts, it is possible to contract covid as well as any typical childhood illness in a childcare center and that any activity outside of complete quarantine has risk of exposure.

(parent signature)

(child's name)

(date)