

FALL RETREAT

November 20-23rd

Amity, Arkansas (Lake DeGray)

Cost is \$60

Itinerary/Schedule

Friday

4:00pm – Meet at church and pack trailer.

4:30pm – Leave church

(we will provide sub sandwiches to eat for dinner on the way to Arkansas)

8:00pm(ish) – Arrive at lodge.

Saturday & Sunday – Retreat Schedule (at lodge)

Monday – leave lodge at 9am & hope to return early afternoon.

Packing list

- Clothes – enough for 2 full days and a travel days going and coming back.
 - This time of year it could be warm, cool, cold, or a combination. So may need shorts and t-shirts along with warmer clothes and a jacket.
- Swimwear (kayaking in the lake may be a possibility for us)
- Beach towel (in case they kayak and need to dry off)
- Bible
- Snacks
 - (we will provide meals and snacks but if they personally like something or are limited in what they can eat, bring that)
- Toiletries
- Rain Jacket
- Tennis shoes to play/hike in
- Shower shoes/sandals
- Bug spray
- Any needed medicine
- Water bottle/container

*The lodge provides linens, pillows, bath towels. If they want to bring their own pillow and blanket, feel free, but they will be provided those at the lodge.

Money

Retreat cost is \$60 per person. Due November 15th if possible. Day we leave is ok as well. Will also need money if they want snacks when we stop for gas/bathroom while traveling.

Food

We will provide for all meals during the retreat including dinner while traveling Friday evening. We will eat breakfast Monday morning before leaving but won't stop for lunch on the way back since we are only about 3 1/2 hours away.

If anyone has a food allergy or intolerance, please let me know so we can provide alternatives. We have access to a full commercial kitchen and can cook anything.

Internet/Cell service

Internet/cell service will be somewhat limited because of our more remote location, so don't panic if you don't always hear from your student. I will have access in case something happens and I need to get in contact with anyone. Also, there will be times during the retreat when they will be asked to put their phones up. We want them to take a break from them at times and just focus on relationships and creation.

Chaperones

Mike & Jessica McGrath, Chad & Laura Waldrip, Erin Young, Josh Bolton

COVID

We will take temperatures before we leave. Anyone running a fever won't be allowed to attend. If your child is feeling sick or you have any doubts about their health, we ask that they stay home. We pray everyone will be good to go. We will be the only group at the lodge, so there will be no interaction with groups.