

How To Do Face Time

At Epicentre, we call our personal quiet time with Jesus “Face Time.” It comes from **Exodus 33:11**, where God “would speak to Moses face to face, as one speaks to a friend.” In the same way, God wants to speak to us face to face and draw us into **deep friendships with Him**. There is no one formula for how to spend time with God, but we’ve put together a basic structure to help you enter into your personal Face Time.

1. Wake Up Early - #facetimebeforephonetime

“Very early in the morning, while it was still dark, Jesus got up, left the house, and went off to a solitary place, where He prayed.” Mark 1:35

Before the day even begins, we want to meet with God and give Him our attention. Be intentional about making space for Face Time before other responsibilities.

2. Worship

“Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.” Psalm 100:4

Start with thanksgiving and praise to help you focus on God. Check out our [Epicentre Spotify Playlist](#) for worship songs that lead you into His presence.

3. Meditate

“Your word is a lamp to my feet and a light for my path.” (Psalm 119:105)

Meditating on scripture opens our hearts to encounter God’s transforming power. Start with the Gospel of Matthew or Luke if Face Time is new to you. Ask Holy Spirit to: 1) reveal truths about God; 2) give understanding to your own heart & the human hearts; 3) show you steps of obedience He is inviting you to take. Journal.

4. Pray

“[P]ray in the Spirit on all occasions with all kinds of prayers and requests.” (Eph. 6:18)

Our prayers have a special place before God in heaven (Rev. 5:8b). Spend time to respond in prayer to what He has spoken to you, lift up intercession for needs of others and for nations to come to know Jesus (Isa. 56:7c). Close with thanksgiving.

In His presence is fullness of joy (Ps. 16:11), let’s press into His presence more deeply through our daily Face Time!

