



# Lifegroup Curriculum: Week 7

## Looking Back

### Family Time (20 mins)

1. Vision:
  - Vision Statement: Explain the vision of your lifegroup. If you invited someone to share your vision piece last week, have them share this week! Invite someone in your lifegroup to share your vision piece next time.
2. Icebreaker Question:
  - What's the last thing you prayed or interceded for? And what happened?
3. Check-Ins:
  - Life updates from the previous week(s), prayer requests, praise reports.

## Looking Up

### Worship (15 mins)

As we prepare to learn and talk about intercession, let's prepare our hearts by entering into worship. Intercession is about partnering with God with the desires of His heart, and we focus on that through worship!

- [Our Father | Bethel Music](#)
- [Waymaker | Leeland](#)

### Bible Study (30 mins)

Acts 4:23-31, NIV

**23** On their release, Peter and John went back to their own people and reported all that the chief priests and the elders had said to them. **24** When they heard this, they raised their voices together in prayer to God. "Sovereign Lord," they said, "you made the heavens and the earth and the sea, and everything in them. **25** You spoke by the Holy Spirit through the mouth of your servant, our father David:

"Why do the nations rage  
and the peoples plot in vain?

**26** The kings of the earth rise up  
and the rulers band together



*against the Lord  
and against his anointed one*

**27** Indeed Herod and Pontius Pilate met together with the Gentiles and the people of Israel in this city to conspire against your holy servant Jesus, whom you anointed. **28** They did what your power and will had decided beforehand should happen. **29** Now, Lord, consider their threats and enable your servants to speak your word with great boldness. **30** Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus.”

**31** After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

### Discussion Questions

1. What strikes you from this passage?
2. What do you learn about God?
3. What do you learn about people?
4. What do you learn about intercession?

### Reflection Questions

1. What are the things God is laying on your heart to intercede for?
2. Where are the places in your life where you need more boldness?
3. What would it look like to cultivate a regular habit of intercession in your weekly life?

## **Prayer Journal: (10 mins)**

One of the practical ways we can practice intercession is starting a prayer journal. This can be a physical or digital journal. A prayer journal helps us remember what we're praying for, highlights when prayers are answered, and reminds us how God has moved in the past.

Start/continue a prayer journal:

1. Ask God to highlight certain people, circumstances, or issues.
2. Write them down.
3. Take a minute to ask God to show you how to pray into these items.
4. Write down any notes from your prayer time that you can keep in mind as you move forward and as you continue praying in the future.



## **Small Groups: (20 mins)**

1. What do your rhythms of intercession look like? Or what would you want it to look like this week?
2. What are some of the things you're wanting to intercede for in this season?
3. Close by praying into some of these areas for each other.