



Lifegroup Curriculum: Week 1

Looking Back (15 mins)

Family Time

1. Vision:
 - Vision Statement: Explain the vision of your lifegroup. Invite someone in your lifegroup to share your vision piece next time.
2. Icebreaker Question:
 - Is there something in your daily rhythm that you look forward to and why? (It could be something like eating lunch, picking up your kids, exercising, etc).
3. Check-Ins:
 - Life updates from the previous week(s), prayer requests, praise reports.

Looking Up

Worship (15-20 mins)

We want to invite Jesus to take His rightful place in our lifegroup, and one of the ways we do that is through worship. God is so deserving of our worship, and worship invites us to focus on Him. Below are some songs that you can use with your group! Feel free to encourage your group to pray prophetically over each other during this time.

Some worship links (with lyrics):

- ["So Will I \(100 Billion X\)"](#) - Amanda Cook
- ["When You Walk Into the Room"](#) - Bluejay House
 - [Lyrics](#)

Bible Study (30 mins)

On Sunday, Pastor John shared from Ephesians 2, and we believe it is a foundational piece of our identity and calling. This week, we want to take some time to hear from Holy Spirit about what He is highlighting to your group about this passage. There is no agenda or desired outcome, but rather, we want to make space for what Holy Spirit wants to speak to us. Before we begin, let's pray and invite Holy Spirit to speak to us. Break into small groups to read and discuss.



Eph 2:1-10, NIV

2 As for you, you were dead in your transgressions and sins, 2 in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. 3 All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. 4 But because of his great love for us, God, who is rich in mercy, 5 made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. 6 And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, 7 in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. 8 For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— 9 not by works, so that no one can boast. 10 For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Discussion Questions

- What stands out to you?
- What does this passage say about God/Jesus?
- What does this passage say about us or humanity?
- Is there anything you're amazed or confused about?
- Is there anything Holy Spirit is asking you to step out and do?

Looking Forward (15 mins)

- 1) Come back into a large group and share any observations and reflections you have from the passage.
- 2) Is there anything Holy Spirit is inviting people to step out and do? If people are comfortable sharing with the whole group, invite them to share.
- 3) Break back into small groups and take some time to share anything that needs prayer and pray for each other.