

hey mom,
meet us at
the park!

Thursday's 11AM-1PM

South Anchorage Sports Park
779 W Klatt Rd, Anchorage

Jewel Lake Park
4342 W 88th Ave, Anchorage

Wolverine Park
1006 W 74th Ave, Anchorage

Kiwanis Fish Creek Park
3907 E Turnagain Blvd, Anchorage

Balto Seppala Park
3360 Wisconsin St, Anchorage

summer 2021 park schedule

May 27 - South Anch. Sports Park

June 3 - Jewel Lake Park

June 10 - Wolverine Park

June 17 - Kiwanis Fish Creek

June 24 - Balto Seppala Park

July 1 - South Anch. Sports Park

July 8 - Jewel Lake Park

July 15 - Wolverine Park

July 22 - Kiwanis Fish Creek

July 29 - Balto Seppala Park

Aug 5 - South Anch. Sports Park

Aug 12 - Jewel Lake Park



CPAK MOPS GROUPS

Invite a friend or neighbor, bring a lunch
or snack, and meet up with other moms!

All moms are invited, whether you are a part of CPak MOPS Groups or not. At MOPS we know that motherhood can be lonely and isolating even without crazy viruses and stay at home orders. So come, connect with other moms and experience the joy and encouragement of community. Please bring your own chair or blanket.



Scan for more information about
our MOPS groups or email us at
mops@changepointalaska.com
You can also follow us on Facebook
@MOPSoFAnchorage

Don't forget...
Sunscreen
Bug Spray
Hand Sanitizer
Water



ChangePoint

*Participants should follow local, state, and federal regulations regarding preventing the spread of COVID-19. If you or someone in your household is not feeling well, please stay home.