

LifeGroup

Spiritual Formation Questions

1. Follow-Up Discussion Questions:

- Use Who, What, Where, When, How & Why Questions to follow-up with a previous question.

For Example:

- What do you think or feel about....
- Where (in terms of place) have you experienced this previously? What meaning does this have for you
- When (in terms of time) have you experienced this previously? What meaning does this have for you
- What did you do about...
- What do you want to do about...
- How do you want to think/ feel/ experience this differently
- How can you begin doing...
- Why do think or feel this way about...

2. How have you experienced God's presence &/or work in your life

- How have you experienced God's work in your life situation
- How have you experienced the forgiveness of God in this particular situation
- How have you experienced God empowering (or giving you strength) you for this particular situation
- What has been the most obvious work Christ has been doing in your life
- Why do you think you haven't experienced God's presence &/or work in your particular situation

3. How has God been speaking to you

- What are the most significant and important "words from the Lord" that have impacted you
- What scripture has been most illuminating and transforming
- What next step(s) has God been inviting you to
- What is he saying to you about a relationship, about an opportunity, about a problem...

4. What do you want

- What do you desire about a particular situation
- How strongly do you desire this
- How do you pray about this desire
- What impact does your desire have on you
- What have been your strongest feelings about a particular person, situation...
- What emptiness (desolation) have you experienced about this particular person, situation...
- What comfort or joy or hope or peace (consolation) have you received from God

5. What responses have you given back to God

- What response have you sensed God asking of you
- Name a specific, biblical response that is always appropriate. How have you responded in trust... or faith... or surrender... or obedience...

6. What resistance have you had

- Why do you think this resistance has been present in your life
- What do you think the outcome will be if this resistance continues
- What is God asking you to do about this resistance: Repentance, confession, sorrow, self-denial...

7. Relationships

- What relationships have been most full of life for you
- What relationships have been most difficult for you
- How do you encounter God in any of these particular relationships

8. What do you need to do, so that you may Surrender

- To what (or whom) are you holding too tightly (or trying to control)
- How are you experiencing freedom from...

9. What issues of sin and brokenness have been most difficult

- How have you experienced the presence or absence of signature sins

10. Identity Questions

- How do you experience being created in His Image
- How do you define your identity
- How do you assess your self-image
- What was God's original intention in the Garden of Eden
- How did God's original intention shatter in the fall
- How or Where or When do you experience God's purpose
- How do you exercise your Free Will
- How do you understand God's Will for your life