

Train up a child in the way he should go; even when he is old he will not depart from it.

-Proverbs 22:6 (ESV)

the book of Proverbs is a collection of wise sayings that are generally true and very good life advice. It is not, however, a book of God's promises.

The point this proverb is making is that it is wise to train up a child early with the things that are most important to God in this life, with the hope that when they grow up, they will still hold to those things.

What's the difference between exercise and training?

#1. Train Up a Child By Casting Vision

And Elijah the Tishbite, of the inhabitants of Gilead, said to Ahab, "As the LORD God of Israel lives, before whom I stand, there shall not be dew nor rain these years, except at my word."

Then the word of the LORD came to him, saying, "Get away from here and turn eastward, and hide by the Brook Cherith, which flows into the Jordan. And it will be *that* you shall drink from the brook, and I have commanded the ravens to feed you there."

So he went and did according to the word of the LORD, for he went and stayed by the Brook Cherith, which flows into the Jordan. ⁶ The ravens brought him bread and meat in the morning, and bread and meat in the evening; and he drank from the brook.

-I Kings 17:1-6 (NKJV)

You are the salt of the earth...

You are the light of the world...

#2. Train Up a Child by Modeling Kingdom Values

Galatians 5:22 The Fruit of the Spirit

Slow to Anger

The Lord is gracious and compassionate, slow to anger and rich in love.

-Psalm 145:8

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.
-James 1:19

#3. Train up a Child with Belief

Rodger Bannister – First to run a sub 4-minute mile

Vasily Alexeyev – First to lift 500lbs overhead

Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father.
-John 14:12

#4. Train Up a Child with the Cornerstone

Together, we are his house, built on the foundation of the apostles and the prophets. And the cornerstone is Christ Jesus himself.
-Ephesians 2:20

Now the Berean Jews were of more noble character than those in Thessalonica, for they received the message with great eagerness and examined the Scriptures every day to see if what Paul said was true.
-Acts 17:11