



Expectant Family Ministry

1

MENTORSHIP:

We'll pair you with an "experienced" mom to walk with you through the last few months of pregnancy and the first few months after birth. This mentor will be available to provide an ear, a prayer, advice, resources, etc. Dads, this applies for you as well if new dads would like to be paired with "experienced" dads for support.

2

BABYSITTER LIST

Many families need a few hours to run errands, do household chores, or just rest. We have created a list of babysitters who you can contact as needed.

3

MEAL TRAIN:

Getting into the swing of things after having a baby often takes a little time. A Meal Train is a nice way for our congregation to come alongside you and offer support.

4

PRAYER:

When things are overwhelming or stressful, it is nice to know that you are being thought of and prayed for. We're pleased to offer a weekly prayer text.

5

WELCOME BASKET:

Just a small way to show that we care. We'd love to provide you with a basket of goodies.

6

BABY GIFT:

In the same respect, we would like to offer your little one a small gift as well.

If you would like to receive care and participate in any or all of these ways, please contact Nursery Director, Kristin Sullivan.

kristin@christcentraldurham.com

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KIDS