

KONNECT

Train Your Spirit

Week 3: Add More God. Subtract More Me.

When you train your spirit to grow closer to God, think about how you spend your time. Are you doing things that distract you from hearing God, or are you good at listening to God?

EARN 10,000 POINTS FOR COMPLETING THIS WEEK'S CHALLENGE!

Take time to listen to God! *Do each activity to listen to God with someone in your family. Write down what time you did it.*

Read the Bible.

Time: _____

Secretly do something kind for someone else.

Time: _____



Sit quietly, and think about Jesus.

Time: _____

Pray instead of playing.

Time: _____

RECITE THIS WEEK'S POINT AND BANK 5,000 POINTS!

Add more God. Subtract more me.

10,000 POINTS WHEN YOU SAY THE VERSE!

JOHN 3:30 NLT *He must become greater and greater, and I must become less and less.*



Check out the YouVersion Bible Plan *Train Your Spirit!*

Learn the Point, practice the Verse motions, and fill your heart and mind with God's Word. *Complete the Bible Plan, ask your parent to sign this card, and turn it in to collect 10,000 points!*

Name: _____ Keytag #: _____

Parent Signature: _____