

Element meet on Zoom every Sunday morning before church. You'll need this sheet for the meeting. If you're in Year 4 - 6 and would like to join in, get in touch with the Element leaders at [element@redeemer.co.uk](mailto:element@redeemer.co.uk).

## Kids of the Bible - David

1 Samuel 17

### Have faith, just like David.

#### Craft:

Below are instructions on how to make a paper cup slingshot.

1. Tie a knot at the end of a balloon.
2. Cut off the tip of the balloon (the cut-out portion should be around half the size of the bottom of your paper cup).
3. Cut away the bottom of a sturdy paper cup.
4. Gently stretch the balloon over the bottom of the paper cup. Pull up the balloon as far as possible.
5. To shoot, simply place a marshmallow in the cup and hold it up; pull the end of the balloon and release. The marshmallow should fly out of the cup.

#### Tips

- If your balloon does not fit the paper cup very well, you may need to secure it with sticky tape.
- The more upright you hold the cup, the higher the marshmallow will fly.
- You can substitute the marshmallows with crushed paper balls, ping pong balls, or anything light and small enough to fit in the paper cups (and that is safe to shoot).

