

**UPDATED  
JANUARY 2021**

# COVID Food Support

\*All programming subject to change due to COVID restrictions.



## Friday Night Community Take Home Meal Bags

Already prepared meals as well as any available produce, dairy, hygiene and baby needs. Pick up Monday and Friday 12:00pm – 4:00pm at Wellington Square United Church 2121 Caroline St. \*Delivery as needed. For more information email [llunski@wsquare.ca](mailto:llunski@wsquare.ca), call 905 634-1849 or go to [www.wsquare.ca](http://www.wsquare.ca)



**Open Doors** Tuesdays 3:30 - 5:30pm 662 Guelph Line. Warm dinners and produce bags provided by Curbside and Drive thru take out. Clothing store open for winter coats and boots. No registration needed. Programming inquiries can be made to [opendoorsprograms@stcb.ca](mailto:opendoorsprograms@stcb.ca)

foodforlife



## Food for Life Pre-bagged Food Programs

St. Luke's Anglican 1382 Ontario St. Tues – 10:15-11:45 am

Faith Christian Reformed Church 2258 Mountainside Dr. Tues 4:30–7:00pm

Pre-register for you curbside pickup time slot at [foodforlife.ca/curbside/](http://foodforlife.ca/curbside/)

Brant Hills Presbyterian 2138 Brant St. Wed 1:30-2pm

Grace United Church 2111 Walkers Line Fri – 9:00-10:30am

Pre-register for your curbside pickup time slot by calling 905-335-0090

Good Food Line 905-635-1106 x225 or email [goodfood@foodforlife.ca](mailto:goodfood@foodforlife.ca)



## Compass Point Food Market

1500 Kerns Road | 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month | 9:00-10:30am

Drive Through Curb Pick Up | Pre-bagged food | Registration required.

905 336-0500 ext. 272 email: [foodmarket@compasspointbc.com](mailto:foodmarket@compasspointbc.com)



**Compassion Society** Non perishable food package, produce, meat, bread, and hygiene items, as available Mon, Wed, Fri 12:00pm-2pm 484 Plains Rd E Unit 14 For more info email: [contact@compassionsociety.net](mailto:contact@compassionsociety.net) or call 905-592-3722.



**Salvation Army** 5040 Mainway Unit 9; Mon, Wed, Fri 9:00am-1:00pm. Initial registering is required upon visit and then you will be called to pick up at the door. Clients may come every 2 week if necessary to receive non perishables, milk, eggs, produce, frozen meat, baked goods; quantity and variety will vary from week to week.



**Burlington Food Bank** Pre-packed boxes of non-perishable foods, hygiene, produce, milk, eggs, bread and frozen meat. Contactless delivery to lobby or door by appointment only. Make an appointment for Curbside Pickups. To request food, email [info@burlingtonfoodbank.ca](mailto:info@burlingtonfoodbank.ca) or call 905-637-2273.