

MILITARY CARE BOXES

- **\$10 cash** in a sealed envelope to cover half the shipping cost. (Central is covering the other half.)
- **Letters** from church members encouraging soldiers, thanking them for their service.
- **Gospel tracts**/salvation message, etc. (No need to ship Bibles because they are shipped for free from the American Bible Society.)
- **Snacks:** home baked goods, candy, chips, nuts, cookies, beef jerky, non-melting candy and trail mix in packaging that isn't easily crushed. Drink mixes in single-serving packets are also a good addition.
- **Necessities:** sunblock, socks, flip-flops, lip balm and powder.
- **Socks:** black or white, ankle or calf, no logos. For females, standard white panties/briefs are appreciated in any sizes from s-xl..
- **Hygiene:** body wash, shampoo, razor blades, comb, washcloth, liquid soap, toothpaste, toothbrush, floss, deodorant, lotion, chapstick, foot powder, baby/flushable wipes, sunscreen, hand sanitizers, hand warmers, Vicks vapor rub, etc.
- **For females:** feminine hygiene products are very appreciated.
- **Other ideas:** Christian books, Shields of Strength dog tags, Christian Army patches, etc.

Don't send DVDs - most soldiers use online sources.

Seal everything: Individually seal items in plastic bags with zip locks, if possible, to protect items from the elements or to keep them from leaking out.

Please be advised that you shouldn't mail explosives, any form of alcohol, paint or batteries.

Please ensure all items fit into a shoebox (we will provide and pack the boxes). Please bring all of your items in a bag clearly labeled "MALE" or "FEMALE" soldier to Central no later than November 16th.

Email Autumn at arutledge@centralchristian.org with questions.