



Central**WOMEN**



# SUMMER STUDY

**July 20:** Prayer & Quiet Time with God

John 10:27 *"My sheep hear my voice. I know them and they follow me."*

## **We Need To Listen To God's Voice**

God's word is the standard from which we should build our life upon.

2 Timothy 3:16-17 All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.

If we are not reading God's word we are in a precarious position.

- We won't know where God is directing us.
- We are spiritually malnourished.
- We are vulnerable to deception.

## **We Need To Allow God to Know Us**

Hebrews 4:12-13 For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and marrow, and discerning the thoughts and intentions of the heart.

- The Psalmists show us that we can bring our emotions to the Lord.
- Journaling or praying out loud forces you to articulate what is going on in your heart.

## **We Need to Follow God Wherever He Leads**

God does not expect perfection, but he does expect our loyalty.

- Prayer aligns our heart with God.
- Prayer is an invitation for God to transform you.
- Prayer is an opportunity to cast your burdens upon Him.
- Prayer is a time to ask God questions.
- Prayer is a time to worship God for who He is.
- Prayer is a time for us to intercede for others.

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