

January

1	☐	Gen 1-3	☐	Mt 1 - 14
2	☐	Meditation	☐	Meditation
3	☐	Gen 4-6	☐	Mt 1 - 14
4	☐	Gen 7-9	☐	Mt 1 - 14
5	☐	Gen 10-12	☐	Mt 1 - 14
6	☐	Gen 13-15	☐	Mt 1 - 14
7	☐	Gen 16-18	☐	Mt 1 - 14
8	☐	Gen 19-21	☐	Mt 1 - 14
9	☐	Meditation	☐	Meditation
10	☐	Gen 22-24	☐	Mt 1 - 14
11	☐	Gen 25-27	☐	Mt 1 - 14
12	☐	Gen 28-30	☐	Mt 1 - 14
13	☐	Gen 31-33	☐	Mt 1 - 14
14	☐	Gen 34-36	☐	Mt 1 - 14
15	☐	Gen 37-39	☐	Mt 15-28
16	☐	Meditation	☐	Meditation
17	☐	Gen 40-42	☐	Mt 15-28
18	☐	Gen 43-45	☐	Mt 15-28
19	☐	Gen 46-48	☐	Mt 15-28
20	☐	Gen 49-50	☐	Mt 15-28
21	☐	Ex 1-3	☐	Mt 15-28
22	☐	Ex 4-6	☐	Mt 15-28
23	☐	Meditation	☐	Meditation
24	☐	Ex 7-9	☐	Mt 15-28
25	☐	Ex 10-12	☐	Mt 15-28
26	☐	Ex 13-15	☐	Mt 15-28
27	☐	Ex 16-18	☐	Mt 15-28
28	☐	Ex 19-21	☐	Mt 15-28
29	☐	Ex 22-24	☐	Gal 1 - 6
30	☐	Meditation	☐	Meditation
31	☐	Ex 25-27	☐	Gal 1 - 6

February

1	☐	Ex 28-30	☐	Gal 1 - 6
2	☐	Ex 31-33	☐	Gal 1 - 6
3	☐	Ex 33-36	☐	Gal 1 - 6
4	☐	Ex 37-40	☐	Gal 1 - 6
5	☐	Lev 1-3	☐	Gal 1 - 6
6	☐	Meditation	☐	Meditation
7	☐	Lev 4-6	☐	Gal 1 - 6
8	☐	Lev 7-9	☐	Gal 1 - 6
9	☐	Lev 10-12	☐	Gal 1 - 6
10	☐	Lev 13-15	☐	Gal 1 - 6
11	☐	Lev 16-18	☐	Gal 1 - 6
12	☐	Lev 19-21	☐	Lk 1 -12
13	☐	Meditation	☐	Meditation
14	☐	Lev 22-24	☐	Lk 1 -12
15	☐	Lev 25-27	☐	Lk 1 -12
16	☐	Num 1-3	☐	Lk 1 -12
17	☐	Num 4-6	☐	Lk 1 -12
18	☐	Num 7-9	☐	Lk 1 -12
19	☐	Num 10-12	☐	Lk 1 -12
20	☐	Meditation	☐	Meditation
21	☐	Num 13-15	☐	Lk 1 -12
22	☐	Num 16-18	☐	Lk 1 -12
23	☐	Num 19-21	☐	Lk 1 -12
24	☐	Num 22-24	☐	Lk 1 -12
25	☐	Num 25-27	☐	Lk 1 -12
26	☐	Num 28-30	☐	Lk 13 -24
27	☐	Meditation	☐	Meditation
28	☐	Num 31-33	☐	Lk 13 -24

May

1	☐	Meditation	☐	Meditation
2	☐	1 Kings 16-18	☐	Acts 1 - 14
3	☐	1 Kings 19-22	☐	Acts 1 - 14
4	☐	Ps 1-3	☐	Acts 1 - 14
5	☐	Ps 4-6	☐	Acts 1 - 14
6	☐	Ps 7-9	☐	Acts 1 - 14
7	☐	Ps 10-12	☐	Acts 1 - 14
8	☐	Meditation	☐	Meditation
9	☐	Ps 13-15	☐	Acts 1 - 14
10	☐	Ps 16-18	☐	Acts 1 - 14
11	☐	Ps 19-21	☐	Acts 1 - 14
12	☐	Ps 22-24	☐	Acts 1 - 14
13	☐	Ps 25-27	☐	Acts 1 - 14
14	☐	Ps 28-30	☐	Acts 15 - 28
15	☐	Meditation	☐	Meditation
16	☐	Ps 31-33	☐	Acts 15 - 28
17	☐	Ps 34-36	☐	Acts 15 - 28
18	☐	Ps 37-39	☐	Acts 15 - 28
19	☐	Ps 40-42	☐	Acts 15 - 28
20	☐	Ps 43-45	☐	Acts 15 - 28
21	☐	Ps 46-48	☐	Acts 15 - 28
22	☐	Meditation	☐	Meditation
23	☐	Ps 49-51	☐	Acts 15 - 28
24	☐	Ps 52-54	☐	Acts 15 - 28
25	☐	Ps 55-57	☐	Acts 15 - 28
26	☐	Ps 58-60	☐	Acts 15 - 28
27	☐	Ps 61-63	☐	Acts 15 - 28
28	☐	Ps 64-66	☐	Phile 1
29	☐	Meditation	☐	Meditation
30	☐	Ps 67-69	☐	Phile 1
31	☐	Ps 70-72	☐	Phile 1

June

1	☐	Ps73-75	☐	Phile 1
2	☐	Ps 76-78	☐	Phile 1
3	☐	Ps 79-81	☐	Phile 1
4	☐	Ps 82-84	☐	Titus 1 - 3
5	☐	Meditation	☐	Meditation
6	☐	Ps 85-87	☐	Titus 1 - 3
7	☐	Ps 88-90	☐	Titus 1 - 3
8	☐	Ps 91-93	☐	Titus 1 - 3
9	☐	Ps 94-96	☐	Titus 1 - 3
10	☐	Ps 97-99	☐	Titus 1 - 3
11	☐	Ps 100-102	☐	Ro 1 - 8
12	☐	Meditation	☐	Meditation
13	☐	Ps 103-105	☐	Ro 1 - 8
14	☐	Ps 106-108	☐	Ro 1 - 8
15	☐	Ps 109-111	☐	Ro 1 - 8
16	☐	Ps 112-114	☐	Ro 1 - 8
17	☐	Ps 115-118	☐	Ro 1 - 8
18	☐	Ps 119	☐	Ro 1 - 8
19	☐	Meditation	☐	Meditation
20	☐	Ps 120-122	☐	Ro 1 - 8
21	☐	Ps 123-125	☐	Ro 1 - 8
22	☐	Ps 126-128	☐	Ro 9 - 16
23	☐	Ps 129-131	☐	Ro 9 - 16
24	☐	Ps 132-134	☐	Ro 9 - 16
25	☐	Ps 135-137	☐	Ro 9 - 16
26	☐	Meditation	☐	Meditation
27	☐	Ps138-140	☐	Ro 9 - 16
28	☐	Ps 141-143	☐	Ro 9 - 16
29	☐	Ps 144-146	☐	Ro 9 - 16
30	☐	Ps 147-148	☐	Ro 9 - 16

March

1	☐	Num 34-36	☐	Lk 13 -24
2	☐	Deut 1-3	☐	Lk 13 -24
3	☐	Deut 4-6	☐	Lk 13 -24
4	☐	Deut 7-9	☐	Lk 13 -24
5	☐	Deut 10-12	☐	Lk 13 -24
6	☐	Meditation	☐	Meditation
7	☐	Deut 13-15	☐	Lk 13 -24
8	☐	Deut 16-18	☐	Lk 13 -24
9	☐	Deut 19-21	☐	Lk 13 -24
10	☐	Deut 22-24	☐	Lk 13 -24
11	☐	Deut 25-27	☐	Lk 13 -24
12	☐	Deut 28-30	☐	1 Jn 1 - 5
13	☐	Meditation	☐	Meditation
14	☐	Deut 31-32	☐	1 Jn 1 - 5
15	☐	Deut 33-34	☐	1 Jn 1 - 5
16	☐	Josh 1-3	☐	1 Jn 1 - 5
17	☐	Josh 4-6	☐	1 Jn 1 - 5
18	☐	Josh 7-9	☐	1 Jn 1 - 5
19	☐	Josh 10-12	☐	Jude 1
20	☐	Meditation	☐	Meditation
21	☐	Josh 13-15	☐	Jude 1
22	☐	Josh 16-18	☐	Jude 1
23	☐	Josh 19-21	☐	Jude 1
24	☐	Josh 22-24	☐	Jude 1
25	☐	Jud 1-3	☐	Jude 1
26	☐	Jud 4-6	☐	Jn 1 - 7
27	☐	Meditation	☐	Meditation
28	☐	Jud 7-9	☐	Jn 1 - 7
29	☐	Jud 10-12	☐	Jn 1 - 7
30	☐	Jud 13-15	☐	Jn 1 - 7
31	☐	Jud 16-18	☐	Jn 1 - 7

April

1	☐	Jud 19-21	☐	Jn 1 - 7
2	☐	Ruth 1-4	☐	Jn 8 - 14
3	☐	Meditation	☐	Meditation
4	☐	1 Sam 1-3	☐	Jn 8 - 14
5	☐	1 Sam 4-6	☐	Jn 8 - 14
6	☐	1 Sam 7-9	☐	Jn 8 - 14
7	☐	1 Sam 10-12	☐	Jn 8 - 14
8	☐	1 Sam 13-15	☐	Jn 8 - 14
9	☐	1 Sam 16-18	☐	Jn 15 - 21
10	☐	Meditation	☐	Meditation
11	☐	1 Sam 19-21	☐	Jn 15 - 21
12	☐	1 Sam 22-24	☐	Jn 15 - 21
13	☐	1 Sam 25-27	☐	Jn 15 - 21
14	☐	1 Sam 28-29	☐	Jn 15 - 21
15	☐	1 Sam 30-31	☐	Jn 15 - 21
16	☐	2 Sam 1-3	☐	2 Jn 1
17	☐	Meditation	☐	Meditation
18	☐	2 Sam 4-6	☐	2 Jn 1
19	☐	2 Sam 7-9	☐	2 Jn 1
20	☐	2 Sam 10-12	☐	2 Jn 1
21	☐	2 Sam 13-15	☐	2 Jn 1
22	☐	2 Sam 16-18	☐	2 Jn 1
23	☐	2 Sam 19-21	☐	3 Jn 1
24	☐	Meditation	☐	Meditation
25	☐	2 Sam 22-24	☐	3 Jn 1
26	☐	1 Kings 1-3	☐	3 Jn 1
27	☐	1 Kings 4-6	☐	3 Jn 1
28	☐	1 Kings 7-9	☐	3 Jn 1
29	☐	1 Kings 10-12	☐	3 Jn 1
30	☐	1 Kings 13-15	☐	Acts 1 - 14

July

1	☐	Ps 149-150	☐	Ro 9 - 16
2	☐	2 Kings 1-3	☐	1 Cor 1 - 8
3	☐	Meditation	☐	Meditation
4	☐	2 Kings 4-6	☐	1 Cor 1 - 8
5	☐	2 Kings 7-9	☐	1 Cor 1 - 8
6	☐	2 Kings 10-12	☐	1 Cor 1 - 8
7	☐	2 Kings 13-15	☐	1 Cor 1 - 8
8	☐	2 Kings 16-18	☐	1 Cor 1 - 8
9	☐	2 Kings 19-21	☐	1 Cor 9 - 16
10	☐	Meditation	☐	Meditation
11	☐	2 Kings 22-23	☐	1 Cor 9 - 16
12	☐	2 Kings 24-25	☐	1 Cor 9 - 16
13	☐	1 Chron 1-3	☐	1 Cor 9 - 16
14	☐	1 Chron 4-6	☐	1 Cor 9 - 16
15	☐	1 Chron 7-9	☐	1 Cor 9 - 16
16	☐	1 Chron 10-12	☐	2 Cor 1 - 13
17	☐	Meditation	☐	Meditation
18	☐	1 Chron 13-15	☐	2 Cor 1 - 13
19	☐	1 Chron 16-18	☐	2 Cor 1 - 13
20	☐	1 Chron 19-21	☐	2 Cor 1 - 13
21	☐	1 Chron 22-24	☐	2 Cor 1 - 13
22	☐	1 Chron 25-27	☐	2 Cor 1 - 13
23	☐	1 Chron 28-29	☐	2 Cor 1 - 13
24	☐	Meditation	☐	Meditation
25	☐	2 Chron 1-3	☐	2 Cor 1 - 13
26	☐	2 Chron 4-6	☐	2 Cor 1 - 13
27	☐	2 Chron 7-9	☐	2 Cor 1 - 13
28	☐	2 Chron 10-12	☐	2 Cor 1 - 13
29	☐	2 Chron 13-15	☐	2 Cor 1 - 13
30	☐	2 Chron 16-18	☐	Mrk 1 -16
31	☐	Meditation	☐	Meditation

August

1	☐	2 Chron 19-21	☐	Mrk 1 -16
2	☐	2 Chron 22-24	☐	Mrk 1 -16
3	☐	2 Chron 25-27	☐	Mrk 1 -16
4	☐	2 Chron 28-30	☐	Mrk 1 -16
5	☐	2 Chron 31-32	☐	Mrk 1 -16
6	☐	2 Chron 33-34	☐	Mrk 1 -16
7	☐	Meditation	☐	Meditation
8	☐	2 Chron 35-36	☐	Mrk 1 -16
9	☐	Prov 1-3	☐	Mrk 1 -16
10	☐	Prov 4-6	☐	Mrk 1 -16
11	☐	Prov 7-9	☐	Mrk 1 -16
12	☐	Prov 10-12	☐	Mrk 1 -16
13	☐	Prov 13-15	☐	Ep 1 - 6
14	☐	Meditation	☐	Meditation
15	☐	Prov 16-18	☐	Ep 1 - 6
16	☐	Prov 19-21	☐	Ep 1 - 6
17	☐	Prov 22-24	☐	Ep 1 - 6
18	☐	Prov 25-27	☐	Ep 1 - 6
19	☐	Prov 28-30	☐	Ep 1 - 6
20	☐	Prov 31	☐	Ep 1 - 6
21	☐	Meditation	☐	Meditation
22	☐	Ecc 1-3	☐	Ep 1 - 6
23	☐	Ecc 4-6	☐	Ep 1 - 6
24	☐	Ecc 7-9	☐	Ep 1 - 6
25	☐	Ecc 10-12	☐	Ep 1 - 6
26	☐	S.S. 1-4	☐	Ep 1 - 6
27	☐	S.S. 5-8	☐	Phil 1 - 4
28	☐	Meditation	☐	Meditation
29	☐	Ezra 1-3	☐	Phil 1 - 4
30	☐	Ezra 4-6	☐	Phil 1 - 4
31	☐	Ezra 7-10	☐	Phil 1 - 4

September

1	☐ Hag 1-2	☐ Phil 1 - 4
2	☐ Neh 1-3	☐ Phil 1 - 4
3	☐ Neh 4-6	☐ Col 1 - 4
4	☐ Meditation	☐ Meditation
5	☐ Neh 7-9	☐ Col 1 - 4
6	☐ Neh 10-13	☐ Col 1 - 4
7	☐ Est 1-3	☐ Col 1 - 4
8	☐ Est 4-6	☐ Col 1 - 4
9	☐ Est 7-10	☐ Col 1 - 4
10	☐ Job 1-3	☐ 1 Thes 1 - 5
11	☐ Meditation	☐ Meditation
12	☐ Job 4-6	☐ 1 Thes 1 - 5
13	☐ Job 7-9	☐ 1 Thes 1 - 5
14	☐ Job 10-12	☐ 1 Thes 1 - 5
15	☐ Job 13-15	☐ 1 Thes 1 - 5
16	☐ Job 16-18	☐ 1 Thes 1 - 5
17	☐ Job 19-21	☐ 2 Thes 1 - 3
18	☐ Meditation	☐ Meditation
19	☐ Job 22-24	☐ 2 Thes 1 - 3
20	☐ Job 25-27	☐ 2 Thes 1 - 3
21	☐ Job 28-30	☐ 2 Thes 1 - 3
22	☐ Job 31-33	☐ 2 Thes 1 - 3
23	☐ Job 34-36	☐ 2 Thes 1 - 3
24	☐ Job 37-39	☐ 1 Tim 1 - 6
25	☐ Meditation	☐ Meditation
26	☐ Job 40-42	☐ 1 Tim 1 - 6
27	☐ Is 1-3	☐ 1 Tim 1 - 6
28	☐ Is 4-6	☐ 1 Tim 1 - 6
29	☐ Is 7-9	☐ 1 Tim 1 - 6
30	☐ Is 10-12	☐ 1 Tim 1 - 6

October

1	☐ Is 13-15	☐ 1 Tim 1 - 6
2	☐ Meditation	☐ Meditation
3	☐ Is 16-18	☐ 1 Tim 1 - 6
4	☐ Is 19-21	☐ 1 Tim 1 - 6
5	☐ Is 22-24	☐ 1 Tim 1 - 6
6	☐ Is 25-27	☐ 1 Tim 1 - 6
7	☐ Is 28-30	☐ 1 Tim 1 - 6
8	☐ Is 31-33	☐ 2 Tim 1 - 4
9	☐ Meditation	☐ Meditation
10	☐ Is 34-36	☐ 2 Tim 1 - 4
11	☐ Is 37-39	☐ 2 Tim 1 - 4
12	☐ Is 40-42	☐ 2 Tim 1 - 4
13	☐ Is 43-45	☐ 2 Tim 1 - 4
14	☐ Is 46-48	☐ 2 Tim 1 - 4
15	☐ Is 49-51	☐ Heb 1 - 13
16	☐ Meditation	☐ Meditation
17	☐ Is 52-54	☐ Heb 1 - 13
18	☐ Is 55-57	☐ Heb 1 - 13
19	☐ Is 58-60	☐ Heb 1 - 13
20	☐ Is 61-63	☐ Heb 1 - 13
21	☐ Is 64-66	☐ Heb 1 - 13
22	☐ Jer 1-3	☐ Heb 1 - 13
23	☐ Meditation	☐ Meditation
24	☐ Jer 4-6	☐ Heb 1 - 13
25	☐ Jer 7-9	☐ Heb 1 - 13
26	☐ Jer 10-12	☐ Heb 1 - 13
27	☐ Jer 13-15	☐ Heb 1 - 13
28	☐ Jer 16-18	☐ Heb 1 - 13
29	☐ Jer 19-21	☐ Heb 1 - 13
30	☐ Meditation	☐ Meditation
31	☐ Jer 22-24	☐ Heb 1 - 13

November

1	☐ Jer 25-27	☐ Heb 1 - 13
2	☐ Jer 28-30	☐ Heb 1 - 13
3	☐ Jer 31-33	☐ Heb 1 - 13
4	☐ Jer 34-36	☐ Heb 1 - 13
5	☐ Jer 37-39	☐ Ja 1 - 5
6	☐ Meditation	☐ Meditation
7	☐ Jer 40-42	☐ Ja 1 - 5
8	☐ Jer 43-45	☐ Ja 1 - 5
9	☐ Jer 46-48	☐ Ja 1 - 5
10	☐ Jer 49-50	☐ Ja 1 - 5
11	☐ Jer 51-52	☐ Ja 1 - 5
12	☐ Lam 1-3	☐ Ja 1 - 5
13	☐ Meditation	☐ Meditation
14	☐ Lam 4-5	☐ Ja 1 - 5
15	☐ Ezek 1-3	☐ Ja 1 - 5
16	☐ Ezek 4-6	☐ Ja 1 - 5
17	☐ Ezek 7-9	☐ Ja 1 - 5
18	☐ Ezek 10-12	☐ Ja 1 - 5
19	☐ Ezek 13-15	☐ 1 Pet 1 - 5
20	☐ Meditation	☐ Meditation
21	☐ Ezek 16-18	☐ 1 Pet 1 - 5
22	☐ Ezek 19-21	☐ 1 Pet 1 - 5
23	☐ Ezek 22-24	☐ 1 Pet 1 - 5
24	☐ Ezek 25-27	☐ 1 Pet 1 - 5
25	☐ Ezek 28-30	☐ 1 Pet 1 - 5
26	☐ Ezek 31-33	☐ 1 Pet 1 - 5
27	☐ Meditation	☐ Meditation
28	☐ Ezek 34-36	☐ 1 Pet 1 - 5
29	☐ Ezek 37-39	☐ 1 Pet 1 - 5
30	☐ Ezek 40-42	☐ 1 Pet 1 - 5

December

1	☐ Ezek 43-45	☐ 1 Pet 1 - 5
2	☐ Ezek 46-48	☐ 1 Pet 1 - 5
3	☐ Dan 1-3	☐ 2 Pet 1 - 3
4	☐ Meditation	☐ Meditation
5	☐ Dan 4-6	☐ 2 Pet 1 - 3
6	☐ Dan 7-9	☐ 2 Pet 1 - 3
7	☐ Dan 10-12	☐ 2 Pet 1 - 3
8	☐ Hos 1-3	☐ 2 Pet 1 - 3
9	☐ Hos 4-6	☐ 2 Pet 1 - 3
10	☐ Hos 7-9	☐ Rev 1 - 7
11	☐ Meditation	☐ Meditation
12	☐ Hos 10-12	☐ Rev 1 - 7
13	☐ Hos 13-14	☐ Rev 1 - 7
14	☐ Joel 1-3	☐ Rev 1 - 7
15	☐ Amos 1-3	☐ Rev 1 - 7
16	☐ Amos 4-6	☐ Rev 1 - 7
17	☐ Amos 7-9	☐ Rev 8 - 14
18	☐ Meditation	☐ Meditation
19	☐ Ob 1; Jonah 1 - 4	☐ Rev 8 - 14
20	☐ Mic 1-3	☐ Rev 8 - 14
21	☐ Mic 4-7	☐ Rev 8 - 14
22	☐ Nah 1-3	☐ Rev 8 - 14
23	☐ Hab 1-3	☐ Rev 8 - 14
24	☐ Zeph 1-3; Hag 1-3	☐ Rev 8 - 14
25	☐ Meditation	☐ Meditation
26	☐ Zech 1-3	☐ Rev 15 - 22
27	☐ Zech 4-6	☐ Rev 15 - 22
28	☐ Zech 7-9	☐ Rev 15 - 22
29	☐ Zech 10-12	☐ Rev 15 - 22
30	☐ Zech 13-14	☐ Rev 15 - 22
31	☐ Mal 1-4	☐ Rev 15 - 22

MacArthur Reading Plan - 2022

Adapted from John MacArthur's book *Unleashing God's Word in Life* this plan takes you through the Old Testament once in a year but through the New Testament six times.

In the Old Testament you will read three chapters for six days a week, with Sundays being used for times of reflection and meditations.

In the New Testament you read a larger section (either the entire book or half of larger books) each day. This will allow you get a greater understanding of each of these books since you will be reading them in one sitting, as most were meant to be read.

The smaller, one chapter books are interspersed among the readings to even out the 'book at a time' approach.

Benefits of this approach:

- Read through the entire Old Testament
- Read through the entire New Testament six times
- Read the New Testament books as a complete letter
- Obtain the big picture and details of the New Testament books

Benefits and Commitments:

	Old Testament	New Testament
Read through	Once	6 Times
Understanding	Overview	Detail
Time per Day	1 - 1 ½ hour	