

Have you had to resort to alternatives for toilet paper?

If you would have to what do you think would be the best option?

Read John 14:27 – Jesus said, “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”

In what does the world try to give you peace? Why do you think its only temporary?

Why is Jesus able to offer us a peace that can last no matter what?

Pray and ask Jesus to give you peace in an area where you have felt anxious or worried about.