

SHIELD OF FAITH





St Mary's Kids at Home

Here is your discussion sheet to use as a family at home.

This week we are talking about the Shield Of Faith

Question Time

What does the Shield of Faith represent in the armour of God?

Why is it important to have faith in God?

How can we use our Shield of Faith everyday?

Bible Time

Get your bibles out and read Ephesians 6:16. Discuss how the Shield of Faith helps us in our daily lives.

Prayer Time

Take some time together to pray and invite the Holy Spirit. Thank God for being faithful to us and pray that God helps to strengthen our Shield of Faith