

*Helping people  
trust and follow Jesus*

**@home**

# Life Growth Plan

Our purpose and passion at Stafford Crossing is helping people trust and follow Jesus. We believe this is the heart of Jesus' desire for all believers. Matthew 28:19-20 says:

***"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you."***

## Helping people TRUST Jesus

- Accept people where they are on their spiritual journey
- Build genuine friendships with unbelievers
- Invite people to church and share the message of Jesus with them

## Helping people FOLLOW Jesus

### Following Jesus

- Increase my understanding of God's Word
- Conform my thinking to God's ways
- Participate in Christ-centered community



### Being changed by Jesus

- Increase my love for others
- Submit my life to the direction of the Holy Spirit
- Replace my attitudes and values with Jesus'



### Committed to the mission of Jesus

- Regularly serve others
- Initiate spiritual conversations with unbelievers
- Contribute to taking the gospel of Jesus to the "ends of the world"



More

The **Life Growth Plan** will help you evaluate your strengths and weaknesses on your faith journey. Take an honest look at where you are in each of the categories and assign the number that corresponds to your response. Once you have completed the assessment, take the following steps:

1. Thank God for the areas where you have higher marks. Celebrate God's work in you!
2. Discuss your assessment with someone you trust and respect spiritually for encouragement and guidance.
3. Make plans and goals so you will experience growth in the areas where you scored lower. God will make good things happen!

Use the scale to respond to each statement:

- 1 — **Not at all/Never**
- 2 — **Not much/Seldom**
- 3 — **Somewhat/Occasionally**
- 4 — **Mostly/Frequently**
- 5 — **Completely/Always**



### Spending Time with Jesus

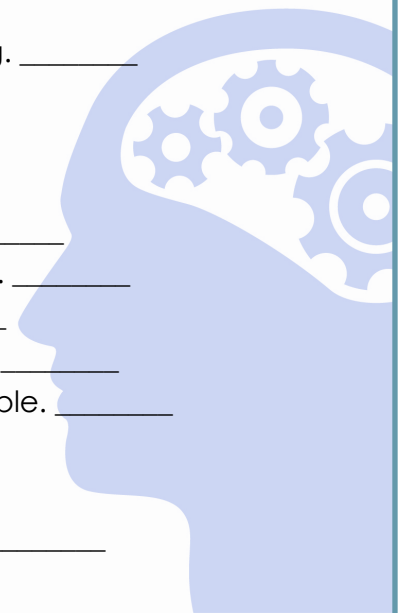
1. I spend designated time (not spontaneous) in prayer with God daily. \_\_\_\_\_
2. I easily talk with God all throughout the day (spontaneous). \_\_\_\_\_
3. I spend time reading and reflecting on the Bible daily. \_\_\_\_\_
4. I look forward to the planned time I spend with God. \_\_\_\_\_
5. I seek God's guidance when making decisions and follow His leading. \_\_\_\_\_

### Bible Engagement

1. I make the effort to memorize verses in the Bible. \_\_\_\_\_
2. I have been able to share these verses with others from memory. \_\_\_\_\_
3. I use additional resources to help me study and understand the Bible. \_\_\_\_\_
4. I share my learnings and questions from the Bible with others. \_\_\_\_\_
5. I evaluate the culture around me through the teachings of the Bible. \_\_\_\_\_
6. I can replace wrong or inappropriate thoughts with truths from the Bible. \_\_\_\_\_

### Accountability with Others

1. I regularly meet with a person or group that holds me accountable. \_\_\_\_\_
2. I am open and honest about my life with this person/group. \_\_\_\_\_
3. I am holding someone else accountable and encouraging them. \_\_\_\_\_



### Family Engagement

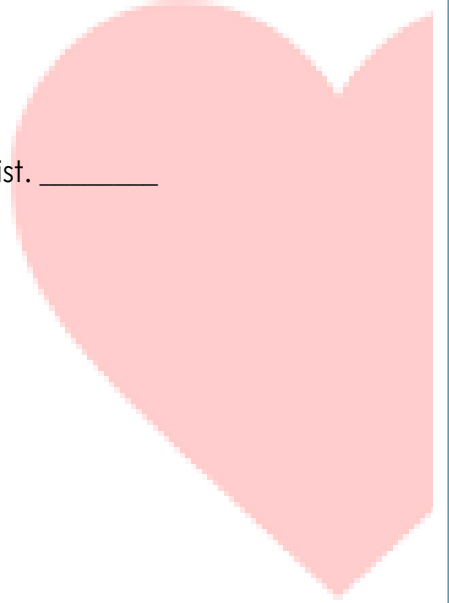
1. I spend quality time in God's Word with my family. \_\_\_\_\_
2. I have both planned (ex.: mealtimes, bedtime) and spontaneous prayer time with my family. \_\_\_\_\_
3. My time commitments demonstrate that I value my family over work/school/hobbies. \_\_\_\_\_
4. I seek to live in harmony with other members of my family. \_\_\_\_\_
5. I am committed to helping each member of my family grow in Christ. \_\_\_\_\_

### Church Engagement

1. I attend a worship service every week. \_\_\_\_\_
2. I am part of a small group in my church. \_\_\_\_\_
3. I try to connect with people when I am at church. \_\_\_\_\_
4. I try to make others feel welcome when I am at church. \_\_\_\_\_

### Giving/Generosity

1. I give 10% (a dime of every dollar) to God. \_\_\_\_\_
2. I give regularly through my church. \_\_\_\_\_
3. I use my resources to help others in need. \_\_\_\_\_



### Serving Others

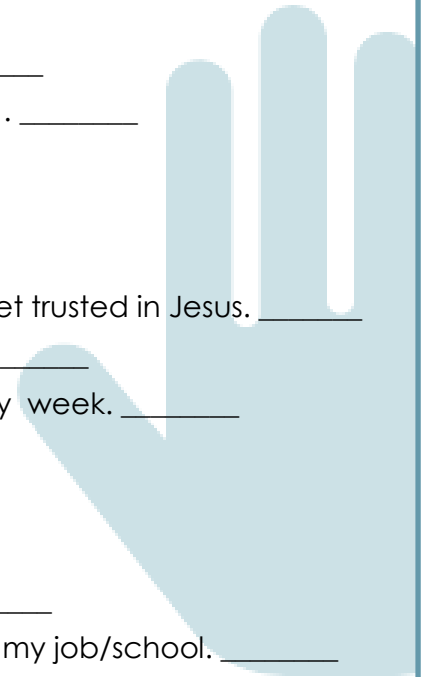
1. I know how God has gifted me and am using those gifts to serve Him. \_\_\_\_\_
2. I am serving in a ministry at my church. \_\_\_\_\_
3. I am actively caring for needs of those in my circle of influence. \_\_\_\_\_
4. I am serving needs in the community around me (outside the church). \_\_\_\_\_

### Outreach

1. Everyone close to me knows I am follower of Jesus. \_\_\_\_\_
2. I am friends (more than acquaintances) with people who have not yet trusted in Jesus. \_\_\_\_\_
3. I pray regularly for specific person(s) who have not trusted in Jesus. \_\_\_\_\_
4. I have at least one conversation about Jesus with an unbeliever every week. \_\_\_\_\_

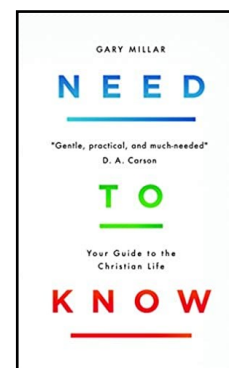
### Work/School

1. I see my work/school as a place of ministry for God. \_\_\_\_\_
2. I am known as a person of integrity and honesty at work/school. \_\_\_\_\_
3. My co-workers/co-students see me as a blessing or positive person at my job/school. \_\_\_\_\_
4. My co-workers/co-students know that I care about them. \_\_\_\_\_



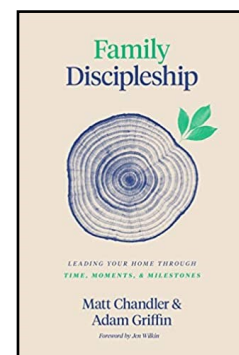
## Going Further — Resources

- [Need to Know by Gary Millar](#) provides practical essentials—what you really need to know to follow Jesus.



[Start! To Follow by Greg Laurie](#) encourages true discipleship—living the Christian life the way it was meant to be lived.

[Family Discipleship: Leading Your Home through Time, Moments, and Milestones by Matt Chandler](#) equips you to create a unique plan for your family as you raise your children to trust and follow Jesus.



## Going Further — Church Support

- Visit [staffordcrossing.org](http://staffordcrossing.org) and click on “Next Steps” to find info on exploring Christianity, how to trust in Jesus, baptism, serving, and becoming a member of Stafford Crossing.
- Visit [staffordcrossing.org](http://staffordcrossing.org) and click on “Ministries” for info on Celebrate Recovery, joining a small group, Fusion (for students in grades 6-12), Kids Crossing (for kids from birth through 5th grade), and more!



[www.growfaithathome.org](http://www.growfaithathome.org)