



## Understanding Sorrow & JOY [John 16:16-24](#)

1. In sorrow, we can \_\_\_\_\_.  
v. 19 – *Jesus knew they wanted to ask Him, so He said to them...*  
[Proverbs 2:1-8](#)  
  
[Proverbs 3:5-6](#) - *Trust in the Lord with all your heart and do not rely on your own understanding. In all your ways acknowledge Him and He will direct your paths.*
2. In sorrow, God has \_\_\_\_\_ for allowing it.  
v. 20 – *You will be sorrowful, but your sorrow will turn to joy.*
3. Joy comes when we focus on what \_\_\_\_\_ from sorrow.  
v. 21 – *when she has delivered the baby, she no longer remembers the anguish*
4. Joy is \_\_\_\_\_. Sorrow is \_\_\_\_\_.  
v. 22 – *and no one will take your joy from you*  
[Isaiah 51:4](#) – *everlasting joy shall be...sorrow and sighing shall flee away*  
[Revelation 21:4](#) – *neither shall there be mourning, nor crying*

### **4 Ways we Pray “In Jesus’ Name”**

- v. 23 – *Whatever you ask of the Father in My Name, He will give it to you.*
1. \_\_\_\_\_ – We can ask because He provided the way.  
[John 14:6](#) – *No man gets the Father except through Me.*
  2. \_\_\_\_\_ – We ask because He told us to.  
[Matthew 7:7](#) – *Ask...seek...knock...*  
[Hebrews 4:15-16](#) – *Let us approach the throne of grace with confidence*
  3. \_\_\_\_\_ – We pray for God’s salvation.  
Jesus = Jehovah is salvation  
[Romans 10:1](#) – *My heart’s desire and prayer to God...is for their salvation.*
  4. \_\_\_\_\_ – We pray for His will to be done.  
[Luke 22:42](#) – *Not my will, but Yours be done.*



Presented to Family Church by Pastor Jim McCarty on February 28, 2021.

For Sunday, Feb. 28: read Bible passage John 17:1-26 & commentary pages 317-332