

Faith Talk

Sunday: June 20, 2021 | Series: **Restore the Home** | Sermon: A Biblical Blessing

DEUTERONOMY 30:19

I have set before you life and death, the blessing and the curse. So choose life in order that you may live, you and your descendants.

SUMMARY

The Blessing is about moving towards someone and imparting words of life.

Five parts of a life-giving blessing (Dr. John Trent, *The Blessing*)

1. **Appropriate, Meaningful Touch** – “I want you.”
2. **Spoken Message** – “I choose you.”
3. **Attach High Value** – “I believe in you.”
4. **Picture a Special Future** – “I see great plans for you.”
5. **Genuine Commitment** – “I am with you.”

Take time as a home and have each person write out the blessing you choose to give to someone this week. Dads, for you this is your wife and children. Below are three steps to help you. Remember, it doesn't have to be long or eloquent. A few sentences for each step is all you need.

THREE STEPS TO HELP YOU

1. Write down one or two things that you value and appreciate about that person which God has given you to bless. This will communicate they are special to you.
2. Now pick one challenge this person is facing or accomplishment they are working toward. Write a word of encouragement to help them see past the challenge to a special future.

You've shared something that you love and appreciate about this person (spoken message and attaching high value), and how God has given them strength to help them get through even the most challenging times ahead.

3. Now the third step is a statement of genuine commitment. In a few sentences, share how you and the Lord are committed to this person – no matter what.

GIVE SOMEONE A BLESSING

Now move toward this person and with appropriate, meaningful touch share the blessing you wrote and watch God begin to restore your home.