

UNTANGLING TRUTH



WEEK 1 - Tangled Truth

Ephesians 4:14-15 NLT

"Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church."

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Big Question - What does the word "truth" make you think of?

DISCUSSION

- What stood out to you the most from the message? What's one thing you learned?
- What's your answer to today's Big Question? (Printed above)
- Read Ephesians 4:14-15 NLT (printed on this guide). What do you think it means to be "tossed and blown about" by false ideas? How does that cause tangles in your everyday life?
- How is untangling a knot in your metal brainteaser like untangling truth from lies?
- What do you think it means to speak the truth in love?
- What can help you find and untangle truth? Ideas: The Bible, studying how Jesus lived His life, listening to the Holy Spirit, talking to trusted godly friends, talking to trusted godly adults, teachings from church, etc.

PRAYER

Talk to students about what's on their minds and hearts and bring those things to God in prayer together.

