

The Great Adventure



WEEK 1 - Prayer is the discipline that leads to the adventure of knowing God.

Matthew 6:6-13 MSG

"Here's what I want you to do: Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace. "The world is full of so-called prayer warriors who are prayer- ignorant. They're full of formulas and programs and advice, peddling techniques for getting what you want from God. Don't fall for that nonsense. This is your Father you are dealing with, and he knows better than you what you need. With a God like this loving you, you can pray very simply. ..."

You Version Bible App

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GET GOING: ICEBREAKERS

- What's the best adventure you've ever gone on?
- What stood out to you most in this week's message?

GET TALKING:

- What do you think it means to be disciplined?
- Would you say that you're a disciplined person, or not so much? Why or why not?
- What areas of your life do you have great discipline?
- What is prayer, and why is it important?
- Is prayer comfortable or uncomfortable for you? Why?
- Do you feel like you know God? Why or why not?
- Does prayer seem like a chore to you? Why or why not?



GET SPIRITUAL: BIBLE EXPLORATION AND APPLICATION

- Read **Matthew 6:6-13** together.
- What does this verse tell us about prayer?

GET PRACTICAL: ACTION STEPS

- Prayer is just an ongoing conversation with God. So, what are times during your day you could start praying?
- How can you start making prayer a habit?
- This week, let's commit to praying first thing every day. How do you think praying daily will change our attitudes? (Choose an emoji like fire or praying hands to text in the group text when you've done it each day.)

GET PRAYING

- Pray specifically to pursue knowing God as our loving Father.

