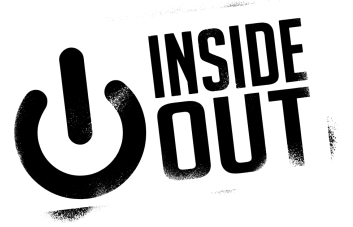


LOVE IN MOTION



WEEK 2 - Fake Forgiveness

Ephesians 4:31-32 NIV

“Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”

You Version Bible App

Check out the YouVersion Bible App - **Search** Selfless: Living an Others-First Kind of Life

DISCUSSION

- Do you have any grudges you care for more than you care for others?
- Does every person deserve forgiveness?
- What does it really take to forgive someone? Can you forgive someone and still feel hurt by them?
- Read **Ephesians 4:31-32 NIV**. How does knowing Christ forgave your sins affect the way you think about forgiving others?
- **Take action.** If you're holding onto a grudge, try replacing that grudge with compassion this week. Pray for the person who hurt you. Forgive them as Christ forgave you. Forgiveness means giving them over to God making you free from the pain. You'll feel so much better once you do.

PRAYER

Take prayer requests and pray together.

