



## PRAY FIRST - DAILY DEVOTIONAL

### DAY 13

A good sailor, I'm told, can look at the sea and discern from the pattern of waves and ripples where the wind is blowing. That's part of a sailor's job -- to find that wind and ride it as long as he can. So the question I have for you is, **where are the winds of the Spirit blowing in your life?** How is God at work in you? How is He growing you? How are you becoming more holy?

There are a few ways to discern how the Spirit works in your life. One of them is to ask God throughout your day, *"Lord, how are you seeking to make me more holy at this moment?"* For example, when you're in the "Under Ten Items" checkout lane at the grocery store behind a mathematically challenged person, say, *"God, how can you use this moment to train me in patience?"*

Another question you can ask is, *"Lord, What practices or disciplines do you want me to use to find freedom from sin and to breathe life into me? Prayer? Scripture reading? Fasting? Sharing my faith?"*

God uses good questions to help us discover the winds of the Spirit and have them blow in our lives. That's why spiritual growth and sanctification are never just mechanical. His work is different and unique in all our lives. You need to discern how God is at work in your life. You may need to ask some people around you, *"What do you see in me that needs to change? Do you have wisdom or guidance for me about some practices that would grow me in holiness?"*

Identify the spiritual practices that are especially important for your growth, devote yourself to them, and then allow each moment to be a training exercise for sanctification.

**READ:** 2 Timothy 3:16-17, Ephesians 6:18, 1 Peter 3:15, Matthew 6:6-18

#### **JOURNAL (Reflect):**

- Lord, which one of these verses do you want to challenge me with?
- Is there something you are asking me to do or commit to growing in from these Scriptures?

#### **PRAY:**

- Ask God to help you grow in any discipline (Prayer, Bible reading, fasting, etc..) He may have highlighted or shown you today in your time with Him. Next, ask Him to show you specific steps you can take to become more disciplined. Finally, ask Him to help you.