

Digging Deeper- Discussion for Family Worship and Small Groups 04/18/2021

“Following Jesus Through a Foreign Land”

Sermon Title: “Developing a Healthy Mindset”

Reference: 1 Peter 1:13

Context: Peter is writing to scattered, suffering Christians facing increased persecution. They are in need of encouragement and instruction as they live out their earthly pilgrimage in a hostile environment. 1:13-2:10 highlights at least six responsibilities Christians have been given as the result of God’s great salvation. 1:13 focuses on a spiritually healthy mind which is necessary to produce behavior that honors Christ.

Sermon in a Sentence: *“Christians are responsible for cultivating a spiritually healthy mind for the purpose of bringing God the glory he deserves.”*

Main Points:

I. A spiritually healthy mind is a settled mind. (1:13)

Ref. Hebrew 11:8-10

II. A spiritually healthy mind is a thankful mind. (1:13)

Ref. Psalm 9:1; John 1:16; Ephesians 3:18-19a

III. A spiritually healthy mind is an expectant mind. (1:13)

Ref. Revelation 1:7; Titus 2:11-14

A. Christians must discipline their minds. (1:13)

Ref. 1 Kings 18:46; 2 Corinthians 10:5

B. Christians must defend their minds. (1:13)

Ref. 1 Tim 3:2; Titus 2:2; 1 Peter 4:7,5:8; 1 Thessalonians 5:6-8; Romans 12:1-2

Discussion Questions:

1. What did you learn about God’s attributes and promises?
2. What challenges you about the message?
3. Were you convicted of any specific sin in your life? Through God’s grace and the power of His Spirit, how will you deal with this sin?
4. What does this Scripture require of me?
5. How will you practically implement these truths?
6. What in this passage points to our need for Jesus?