

Parent Handbook



**HIGH 5 CAMP**
July 13 - 16





HIGH5 Camp Schedule

Wednesday, Thursday, and Friday — 9:30 am to 3:30 pm

Saturday - Family Day — 9:30 am to 1 pm

We invite all family members to experience High5 Camp. We will meet first at The Foundation Church and then make our way to the Ernsthausen Recreation pool.

Please arrive with your swim suit on and plans for transporting your child(ren) to the Rec Center. If you are unable to provide transportation, you will need to fill out a separate waiver form Saturday morning.

Sunday Service — 9:33 to 10:33 am

Closing Ceremony!! We would like to invite all the campers to come up on stage, sing one of their favorite songs, and the Team Missionary Challenge winner will be revealed!!!

Welcome to HIGH5 CAMP

July 13 – 16

Ocean Commotion, where we'll dive into Noah's flood and learn important life lessons from Noah. It promises to be a boatload of fun every jam-packed day!

This booklet will help you know some important information about each day at camp.

ARRIVAL:

Each morning, doors open at 9 am and your camper(s) may check-in at one of the four stations in the Cafe Area.

Please keep your security tag as you will need it to sign out your child after camp.

If you have any special instructions for our camp staff, please be sure to let them know at this time. Any unregistered campers will need to be registered and then assigned to a group.

DISMISSAL:

Please park in the main parking lot and come in to pick up your camper. *You will need your child's security tag to present to a staff member before they can release your child.*

LUNCH REMINDER:

The HIGH5 Camp is all-day and you will need to pack a disposable lunch and water bottle. Please label everything your child will be bringing. There are water stations available if needed.

SUNSCREEN REMINDER:

As weather permits, we will be outside for all of our game times. Please put any sunscreen you wish on your camper before they check-in for opening ceremonies.

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DAY 1 OVERVIEW

Stand for God!

Bible Passages	Lesson Focus
Genesis 1 – 3 Genesis 6:5–9	Just like Noah, we can rely on God to help us stand for Him.
Animal Pal	Memory Verse
Hydro the Whale	Be on your guard, stand firm in the faith; be courageous; be strong. 1 Corinthians 16:13

DAY 2 OVERVIEW

Obey God!

Bible Passages	Lesson Focus
Genesis 6:9–22	Just like Noah, we can rely on God to help us obey Him, no matter what.
Animal Pal	Memory Verse
Hammer the Shark	If you love me, keep my commandments. John 14:15

DAY 3 OVERVIEW

Trust God!

Bible Passages	Lesson Focus
Genesis 7	Just like Noah, we can rely on God to help us trust Him with our lives.
Animal Pal	Memory Verse
Piers the Puffin	But I trust in your Lord; I say You are my God. Psalm 31:14

The campers, also known as DIVERS, will be divided into 3 Main Groups based on their completed grades. They will remain in the same group each day.

The first time you check-in, you will find out what is the name of their group.

There will be signs with group names and a counselor in the Worship Center to help them know where they should sit and be meet their team.



Group 1 (1st & 2nd Grade)	Group 2 (3rd & 4th Grade)	Group 3 (5th & 6th Grade)
Dolphins	Starfish	Narwhal
Jellyfish	Swordfish	Eels
Clownfish	Manatee	Penguins
Seagulls	Pufferfish	
Lobsters	Marlins	
Orcas	Seahorses	
Stingrays		



TIME	GROUP 1	GROUP 2	GROUP 3
9:00 – 9:15 am	Camper Check-In (Cafe Area)		
9:15 – 9:25 am	Campers Meet Counselors		
9:30 – 9:55 am	Under-the-Sea Opening Assembly		
10:00 – 10:35 am Rotation 1	Lifesaver Lesson Time	Craft/Seaside Snacks	Games
10:40 – 11:15 am Rotation 2	Games	Lifesaver Lesson Time	Craft/Seaside Snacks
11:20– 11:55 am Rotation 3	Craft/Seaside Snacks	Games	Lifesaver Lesson Time
12:00 - 12:30 pm	LUNCH		
12:35 – 1:10 pm Rotation 1	Bible Verse	Sunsational Science Lab	Splish! Splash! Games
1:15 – 1:50 pm Rotation 2	Sunsational Science Lab	Splish! Splash! Games	Bible Verse
1:55 – 2:30 pm Rotation 3	Splish! Splash! Games	Bible Verse	Sunsational Science Lab
2:35 –3:15 pm	Under-the-Sea Closing Assembly		
3:15 – 3:30 pm	Camper Pick-Up		

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DON'T FORGET: Saturday is Family Day!! Meet first at The Foundation Church and at 11am we arrive at Rec Center Pool.

Camper Check-In – Each morning, you will need to go to the check-in area to sign-in your child(ren) and get their security tag.

Under-the-Sea Opening Assembly – This includes a fun time of opening each day with prayer, worship, and learning a little about what the day is to bring.

Lifesaver Lesson Time – Presenting the day's Bible lesson and focus that goes along with the theme.

Craft/Snacks Rotation - Includes guiding campers through making creative crafts, fun snacks, and bathroom break.

LUNCH – HIGH5 Camp is all-day and you will need to pack a disposable lunch and water bottle. Please label everything your child will be bringing. There are water stations available if needed.

Games - Include fun, active, and exciting non-water games.

Splish! Splash! Games - Includes water and getting wet. *You may want your camper to wear a bathing suit under clothes, bring a towel, or a change of clothes for your camper.*

Bible Verse - Includes campers learning and experiencing a few of our missionaries in different countries. Campers are encouraged to support our missionaries through prayer and if able, financially.

Sunsational Science Lab - Hands-on science activities that are FUN and also a meaningful way to reinforce key concepts from each day's lesson.



MEMORY BIBLE VERSES

Each day, the counselors will help the campers learn their verses. We invite you to learn and help your camper too. Their team will receive points for each verse that is memorized and said by each camper.

THEME VERSE: Genesis 6:8

"But Noah found grace in the eyes of the Lord."

DAY 1: Philippians 3:14

"I press on toward the goal for the prize of the upward call of God in Christ Jesus."

DAY 2: Hebrews 12:1

"Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us."

DAY 3: Colossians 3:23

"Whatever you do, work heartily, as for the Lord and not for men."

MISSION MOMENT CHALLENGE

We are partnering with Children's Hunger Fund to provide meals for "Food Paks." Local churches in a variety of countries will use these parcels of food to deliver the hope of the gospel to the homes of suffering children. Each day, campers will meet three kids in need of food and the gospel.

PIOTR, from Ukraine

TALA, from The Philippines

SALIM, from South Jordan

Every dollar given during HIGH5 Camp will provide four meals for hungry kids. Each meal represents an opportunity to proclaim the gospel! There will be a challenge to see what age group raises the most. The winner will be revealed on Sunday during the service.

CRAFT/SNACKS

There will be a fun craft and snack to go along with the theme. If your camper has food allergies, please let us know. We are able to offer fruit, like Cuties, grapes, or fruit cups for any camper with allergies.

Wednesday — Morning: Donut Life Preserver

Afternoon: Electric Eels (Frozen ice pops)

Thursday — Morning: Ocean Jello Cups

Afternoon: Frozen Yogurt Tubes

Friday — Morning: Pail of Whales and Shark Teeth (pretzel rods and Gold Fish Crackers)

Afternoon: Ocean Floats (Sprite and Sherbert)

GAMES and WATER GAMES

As weather permits, we will be outside for all of our game times. Please put any sunscreen you wish on your camper before they check-in for opening ceremonies.

You may want your camper to wear a bathing suit under clothes, bring a towel, or a change of clothes for your camper.

There is a First Aid Station on location.

SENSATIONAL SCIENCE LAB

Craft and hands-on-science activities are fun and meaningful to reinforce key concepts and help the campers remember God's truth. Each day there will be a new science activity.

You may want to send your camper with play clothes. Some activities could be a little messy and we do not want to ruin good clothes.

Music is contemporary
Clothing is casual
Message is Christ-centered



Helping People Build an Authentic Relationship
with Christ and One Another

THE FOUNDATION CHURCH

535 US 20 E | NORWALK, OH 44857

SERVICE TIMES

Sundays Morning
at 9:33 am and
streaming online.

LET'S CONNECT

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FOR MORE INFO VISIT US ONLINE AT
WWW.THEFOUNDATIONCHURCH.COM

