**The Heart of Worship in Counseling**

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*“﻿The highest and most powerful human experience is to express our love to the most worthy object of that affection. In the elevation of Christ’s worthiness, our greatest joy is discovered. The greatest sin, then, is directing that adoration elsewhere, not only because it insults God, but also because it insulates our hearts from the delight we were created to revel in. To fail at worship is the greatest failure a human is capable of with the gravest and most immediate of consequences.”* – James MacDonald

**How Scripture *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* worship**

* 1. **Psalm 96:7-9** *“Ascribe to the Lord, O families of the peoples, ascribe to the Lord glory and strength! Ascribe to the Lord the glory due his name; bring an offering, and come into his courts! Worship the Lord in the splendor of holiness; tremble before him, all the earth!”*

**How Scripture *­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* worship**

* 1. Worship in celebration
	+ **Luke 1:46-49**, *“My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked on the humble estate of his servant. For behold, from now on all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name.”*
* 2. Worship in heartache
	+ **Psalm 34:18**, *“the Lord is near to the brokenhearted and saves the crushed in spirit.”*
* 3. Worship in repentance
	+ **Psalm 51:15**, *“O Lord, open my lips, and my mouth will declare your praise.”*
* 4. Worship in persecution
	+ **Acts 16:25**, *“About midnight Paul and Silas were praying and singing hymns to God…”*
* 5. Worship in victory
	+ **Exodus 15:1-3***, “Then Moses and the people of Israel sang this song to the Lord, saying, “I will sing to the Lord, for he has triumphed gloriously; the horse and his rider he has thrown into the sea. The Lord is my strength and my song, and he has become my salvation; this is my God, and I will praise him, my father’s God, and I will exalt him. The Lord is a man of war; the Lord is his name.”*
* 6.Worship in danger and battle
	+ **2 Chronicles 20:12**, *“We are powerless against this great horde that is coming against us. We do not know what to do, but our eyes are on you.”*
* 7. Worship in discipline
	+ **Daniel 4:37,** *“'Now I, Nebuchadnezzar, praise and extol and honor the King of heaven, for all his works are right and his ways are just; and those who walk in pride he is able to humble.”*

**How Scripture *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* worship**

* 1. Worship is a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	+ - **Psalm 103:1-2**, *“Bless the Lord, O my soul, and all that is within me, bless his holy name! Bless the Lord, O my soul, and forget not all his benefits.”*
* 2. Worship is *\_\_\_\_\_\_\_\_\_\_\_\_\_*
	+ - Sing! – **Psalm 98:1**, *Oh sing to the Lord a new song, for he has done marvelous things!”*
		- Shout! – **Psalm 66:1**, *“Shout for joy to God, all the earth.”*
		- Dance! – **Psalm 149:1,3**, *“Praise the Lord! Sing to the Lord a new song, his praise in the assembly of the godly! Let them praise his name with dancing, making melody to him with tambourine and lyre!*
* 3. Worship is *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	+ - **Psalm 34:1**, “*I will bless the Lord at all times; his praise shall continually be in my mouth.”*

**How Scripture *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* worship**

* 1. Worship offers a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*shift.
	+ - **Psalm 8:1,4** *“O Lord, our Lord, how majestic is your name in all the earth! You have set your glory above the heavens…What is man that you are mindful of him, and the son of man that you care for him?”*
		- **Isaiah 26:3-4**, *“You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Trust in the Lord forever, for the Lord God is an everlasting rock.”*
		- **Lamentations 3:21-23,** *“But this I call to mind, and therefore I have hope: The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.”*
* 2. Worship offers a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*shift.

**Application:**

* 1. Worship Corporately
* 2. Worship Privately