**Giving Hope (a foundational teaching):**

**A Critical Heart-Beat of Effective Biblical Counseling**

2021 Pacific Northwest Biblical Counseling Conference

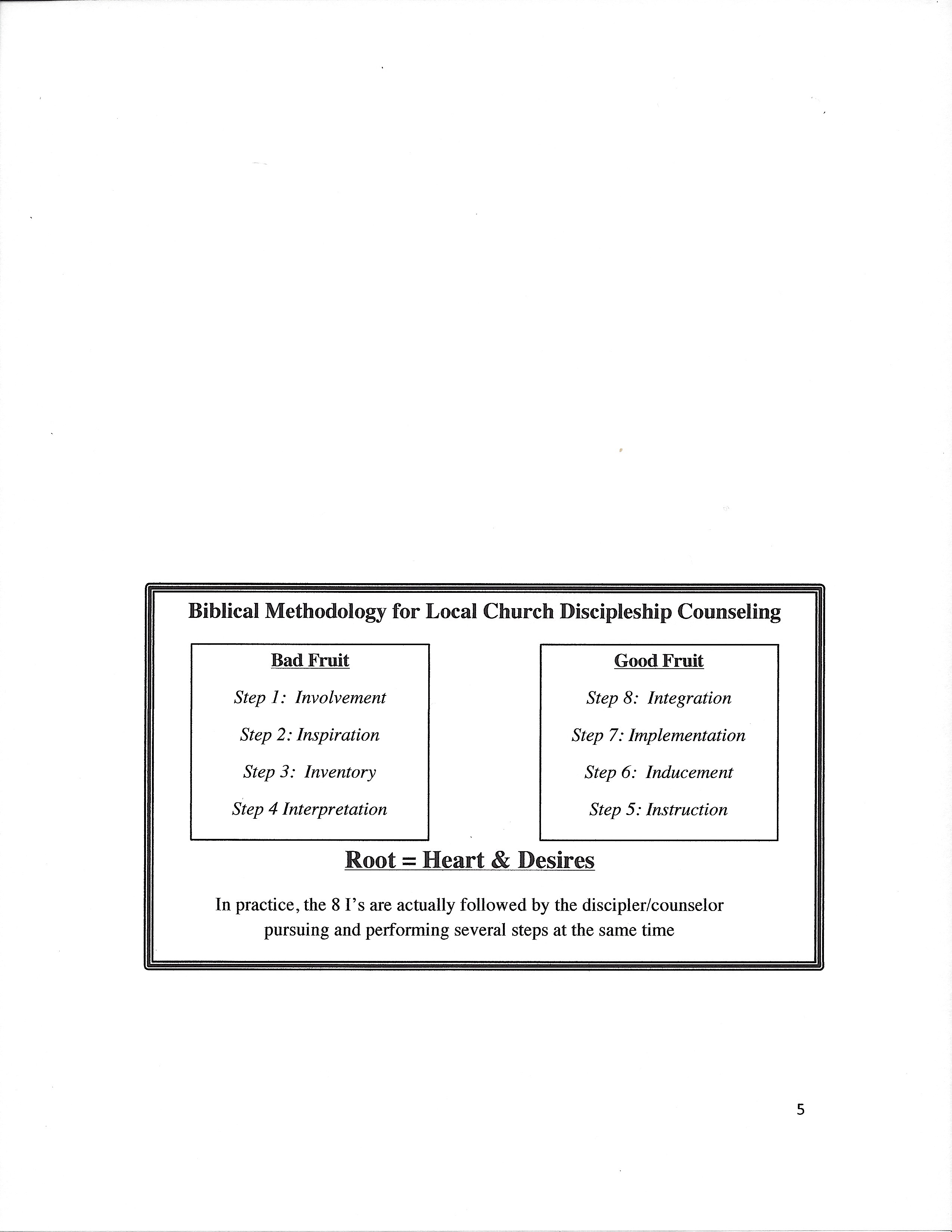
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1. Introduction: There are various \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of biblical counseling (BC) methodologies or process models:
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of a biblical methodology or process model: ***Biblical truth*** *and lasting* ***spiritual heart transformation*** *compelled by* ***divine agape love***
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Methodology: **Love God and love your neighbor** (Matt 22:35-40)

*And one of them, a lawyer, asked him a question to test him.****36****“Teacher, which is the great commandment in the Law?”****37****And he said to him, “You shall love the Lord your God with all your heart and with all your soul and with all your mind.****38****This is the great and first commandment.****39****And a second is like it: You shall love your neighbor as yourself.****40****On these two commandments depend on all the Law and the Prophets.”*

* 1. Paul David Tripp’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, *Instruments in a Redeemer’s Hands[[1]](#footnote-1)*
* **Four Steps to Personal Ministry:**

1. **Love –** *“Love highlights the importance of relationships in the process of change. Theologians call this a covenantal model of change. God comes and makes a covenant with us. He commits himself to be our God; he takes us as his people. In the context of this relationship, he accomplishes his work of making us like him. As we understand the way God works in our lives, we realize that relationship to him is not a luxury, but a necessity. It is the only context in which the lifelong process of change can take place. In the same way, we are called to build strong relationships with others. God’s purpose is that these relationships would be workrooms in which his work of change can thrive.”[[2]](#footnote-2)*
2. **\*\*\*Know -** *“Know has to do with really getting acquainted with the people God sends our way.”[[3]](#footnote-3) “Knowing a person means knowing the heart. When you say that you are getting to know someone better, it’s not that you are gaining a more intimate understanding of the person’s kneecap! You mean that you know more about their beliefs and goals, their hopes and dreams, their values and desires. If you know your friend, you will be able to predict what they will think and how they will feel in a given situation. Friendship is the connection of hearts.”[[4]](#footnote-4)*
3. **Speak -** *“Speak involves bringing God’s truth to bear on this person in this situation… Speaking the truth in love does not mean making grand pronouncements. It means helping your friend to see their life clearly [through the lens of Scripture].”[[5]](#footnote-5)*
4. **Do -** *“Finally, you must help your friend do something with what he/she learns – to apply the insights God has given to their daily life and relationships.”[[6]](#footnote-6)*
   1. Wayne Mack’s Methodology: **8 “**\_\_\_\_\_\_\_**’s”**



* **LOVE:**

1. **Involvement -** *Establishing a change, facilitating relationship*.
2. **\*\*\*Inspiration -** *Inspiring, arousing, influencing a sustained feeling of hope*.

* **KNOW:**

1. **Inventory -** *Securing enough right kinds of information to understand counselee and problems.*
2. **Interpretation -** *Analyzing/organizing information to biblically identify nature and cause of counselee’s problems/explain them to counselee*.

* **SPEAK:**

1. **Instruction -** *Giving accurate appropriate biblical instruction on how to solve problems****.***
2. **Inducement -** *Motivating, persuading the counselee to repent of sinful attitudes, words, actions and make a decisive commitment to obey the Lord’s biblical directives*.

* **DO:**

1. **Implementation -** *Helping the counselee plan how to make biblical directives a reality in daily life and practice biblical directives until new patterns become reality in life*.
2. **Integration:** *Coaching/mentoring the counselee until necessary changes are integrated into life and the counselee is really integrated into life of the church*.
   1. Wayne Vanderwier’s (*Overseas Instruction in Counseling*) 7 Key \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ process model:
3. **Build the relationship**
4. **Get the facts**
5. **\*\*\*Generate biblical hope**
6. **Define the problem**
7. **Teach the truth**
8. **Provide accountability**
9. **Plan your ministry**
10. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ heart beats of a grace-empoweredbiblical counseling process model





**Heart Beat #1 –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Care**

*Love. Definitely something we all want to receive, and many of us believe we have much to give. But when it comes to people, relationships, and counseling... love is often the one thing we find so lacking. As biblical counselors, we often observe that love is the most sought after yet key missing ingredient in our relationships.*

*This is real love—not that we loved God, but that he loved us and sent his Son as a sacrifice to take away our sins. (1 John 4:8-10, NLT)*

*In counseling others and in our own personal lives, we must always point to the love relationship with God made possible through Jesus Christ. When asked about the most important commandment in the Bible, Jesus responded with these words from Matthew 22:37-39 . . .“You shall love the Lord your God with all your heart and with all your soul and with all your mind. 38 This is the great and first commandment. 39 And a second is like it: You shall love your neighbor as yourself.”*

*If God is the source of love, then it only makes sense that we must be connected to God to experience true love in our relationships with others. Out of our love relationship with God, love flows into every other relationship in life (1 Cor 13:4-7).*

**Heart Beat #2 –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **– MORE TO FOLLOW**



**Heart Beat #3 – Gathering personal** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



(Helpful Counseling Resources: 4 Data-Gathering Resources: *Personal Data Inventory (PDI); Spiritual Conviction Questionnaire; I Sin When I Get or Don’t Get; Idols of the Heart*)

**Heart Beat #4 – Biblical Discernment** **&** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



*Interpret the data biblically and not from your own perspective or understanding*.

**Heart Beat #5 – Strategy** **/** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



*Establish and utilize a “working plan” to deal with one area of the counselee’s spiritual heart attitude issue. The question addressed in this heartbeat is,* ***“Where am I going with this person?” “What is my strategy?”***

**Heart Beat #6 –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Instruction**



*“Some people see the Bible as relatively thin; others see the Bible as crammed with relevant details for living. This difference in seeing underlies many of the differences regarding the relevance of Scripture for counseling. When people with thin Bibles hear people with crammed Bibles talk about the sufficiency of Scripture for counseling, they hear, 'Something thin and incomplete that is supposed to be sufficient for a very complex job'”* (Dr. David Powlison).

**Heart Beat #7 –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **/ Sight**



*Help the counselee to internalize and realize the biblical truth for their present situation. As the counselee begins to see a spiritual heart issue for themselves, this will help them to take ownership of biblical truths that can transform their spiritual heart attitudes and become a more consistent hearer and doer of God’s Word. Meditating on God’s truth is one step towards living out truth, as they pick up their cross and follows the Lordship of Christ in their daily life (Prov 14:23; Luke 9:23-24; 14:25-34; Phil 2:12-13).*

**Heart Beat #8 – Be Holy Resolved** **&** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



*Teach and model how to firmly determine to apply the transforming truths of Scripture into daily circumstances and relationships, with constant, careful, and persistent work or effort (Job 31:1; Psa 42; 77; 101; 108; Luke 15:11-18; Rom 8:13; Phil 2:12-13; 1 Tim 4:7-9).*

**Heart Beat #9 – Be Holy Application & Examples of** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (i.e. homework)



*Why assign weekly projects for growth (homework****)?*** *(Deut 8:11; Ezra 7:10; Luke 3:7-14; John 13:17; James 1:19-27)*

**Heart Beat #10 – Transfer & Disciple** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



*This is not the end but the beginning of fulfilling the role and responsibility of the Great Commission (Matt 28:16-20). The counselee now has the wonderful opportunity and privilege to go and practice what he/she has learned = Study, Practice, and Teach – “For Ezra had set his heart to* ***study*** *the Law of the Lord, and to* ***do it*** *and to* ***teach*** *his statutes and rules in Israel” (Ezra 7:10).*

**Heart Beat #2 –** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **– THE FOCUS FOR THE REST OF THE LESSON**



* + - 1. The English word *hope* often communicates \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. The Old Testament Hebrew word \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ carries the meaning of confidence, security, and being without care. The idea of doubt has no association with this Greek word (Job 6:20; Psa 16:9; 22:9; Eccl 9:4).
2. The New Testament Greek word for *hope* is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and like its Hebrew twin there is no link of doubt with this word.
3. Biblical hope is the confident expectation and assurance based upon the hope found in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of grace. There is **“no doubt about it”** with biblical hope!
4. Biblical counseling bases its understanding of hope as a fact and not a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. A practical soul care \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of *hope* - *“an effectual confidence in who God is and what He has promised (it is as good as done) in regard to the future with present day implications to holine*ss” (Possible Project: 1 John promises in the future).
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in need of hope – Romans 12:12; 2 Corinthians 4:1-12
   * + - First timers in counseling
       - Addictive individuals
       - Dying people
       - Those who grieve: wayward children, death of loved one, divorce
       - The nursing-home bound or homebound saint
       - The depressed
       - Unsaved loved ones, as well as believers who are hoping with an unceasing anguish for the salvation of others, yet always rejoicing (Rom 9:2-3; 2 Cor 6:10)
       - Broken families and children

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ hope vs. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ hope
2. Reasons for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ hope:
   * + - * Possessing wrong \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
         * Denying \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
         * \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ thinking
3. Reasons for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ hope:

* Based on the reality and results of our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in Christ Jesus (1 Pet 1:3)
* Based on the truth of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and God’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of who He is (Psa 119:49; 130:5)
* Resolved \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of knowing that God will work all things out for His glory and our good (Rom 8:28)
* A \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ – We fix our hope; it is an act of willful obedience to God’s Word. Empty hope occurs when we take our attention off of God’s grace and place it onto other things (1 Pet 1:13)
* Based on what we believe to be true from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Rom 5:2-3; James 1:2-4)



* **Explanation of Diagram:**

1. How to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ hope
2. Share the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Gospel (1 Cor 15)
3. Hope is realized in helping the counselee grow in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to Christ
4. Hope is also realized in teaching the counselee to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ biblically
5. Hope is realized when we teach them about God’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:

* **Lamentations 3:1-19**
* **Psalm 77:1-6**

1. Hope is realized for the counselee when you teach them the possibility of experiencing God’s\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ even though evil is taking place (Gen 50:20; Rom 8:28-29)
2. Hope is realized when you teach them about the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ resources available to them through their personal relationship with Christ (2 Pet 1:3ff)
3. Hope is realized when you teach them about the nature and cause of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
4. Hope is realized when the counselor teaches the importance of using biblical \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Hope is realized when the counselor is being biblically \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ -oriented
6. Hope is realized when the counselor serves as a godly \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of a faithful follower of Christ (Phil 4:9)

3. Consider this practical local church soul care ministry that can serve as a constant source of biblical hope for people struggling with sin or suffering – \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Groups

a. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Hope Groups? – Hope Groups exist to bring hope to those who are suffering due to choices they have made or someone else close to them has made, or simply the result of living in our fallen world. Unlike individual counseling, which often has a wait list and requires church attendance at Canyon Hills, these Hope Groups offer immediate help in specific areas and are open to anyone regardless of church attendance. A group may be joined at any time, and the only cost is for materials.

b. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the effectiveness of Hope Groups (video: 3:36)

c. The fundamental \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (i.e. a philosophy of ministry) for. HOPE Groups:

* **The Sufficiency of Scripture:** *God inspired the Bible to provide authoritative guidance to his people as they honor him in the midst of difficulties in a sinful world. HOPE group leaders are committed to using he Scripture to address the challenges and issues of life faced by participants. HOPE group leaders trust in the Scriptures as the authoritative and sufficient source for effective soul care ministry. This requires the proper interpretation of Scripture referenced in the group (Psa 19; 119:25, 40, 50, 105, 107; Prov 6:23; 10:17; Rom15:4; 2 Tim 2:15; 2 Tim 3:1-17; 2 Pet 1:3-21).*
* **Dedication to Seeking and Savoring Jesus:** *Jesus Christ is the eternal Son of God who has come in the flesh to redeem fallen humanity from all the effects of the fall through his life, death, resurrection, and ascension to the throne at the right hand of the Father. He is the source of eternal joy and serves as the ultimate resolution for every problem faced by HOPE group participants. All people access these benefits through faith in him as they begin and continue to live the Christian life. HOPE group leaders are privileged to use their conversations to direct all people to him at all times and in all places. Jesus is the goal of all our conversations. HOPE group leaders seek to point participants to the necessity of faith in Jesus Christ for salvation and sanctification (Matt 28:16-20; Acts 1:8; Rom 6:1-4; 10:8-13; 1 Cor 2:1-5; 2 Cor 3:18; 4:4-6; Eph 4:15).*
* **A Spiritual Heart Desire to Providing Soul Care:** *The call to come alongside HOPE group participants is a call to love God and love others well. HOPE group leaders will demonstrate the love of Christ as they care for the souls of people who are seeking help and hope. HOPE group leaders willingly sacrifice time in order to care for participants. HOPE group leaders care for participants by seeking to match their biblical teaching with practical wisdom and noticeable deeds of care. In addition, HOPE group leaders protect the weak from harm when necessary (Prov 3:27; Matt 22:34-40; John 15:12-17; 1 Cor 9:1-18; 13:1-13; 1 Tim 5:18; 1 Thessa 2:1-12; James 2:14-17; 1 Jn 2:7-11; 3:11-24).*
* **Faithfully Attending and Participating in the Local Church:** The church is the body of Jesus Christ, whom he has purchased with his own blood and has commissioned to advance his kingdom on earth by making more and better disciples. Because the church is the pillar and buttress of God’s truth, it is indispensable to the HOPE group ministry. HOPE group leaders possess the conviction that biblical change is ultimately impossible apart from the full ministry of the church. Also, HOPE group leaders are committed to the priority of the church in accomplishing their ministry. Therefore, both HOPE group leaders and participants need to faithfully attend and participate in a local church that faithfully practices church discipline and restoration; such care is a central way that God cares for his flock and protects the purity of the church (Matt 16:16-19; 18:15-20; Acts 2:42; 1 Cor 5:1-5; Eph 2:19-21; 1 Tim 3:15; Titus 1:10; Heb 3:13; 10:25).
* **A High View of Man as Image-Bearers:** *God made human beings in his very own image, as the pinnacle of his creation, and they are invested with inestimable dignity. HOPE groups engage participants with the understanding that they are precious image bearers. Thus, groups are committed to show biblical honor and care to human beings in every relevant way, functioning in a way that protects life and honors the image of God. HOPE Groups provide the one-anothering’s with an understanding of the importance of the spiritual heart, while also keeping in mind the care for the physical body (Gen 1:26-27; Prov 4:23; 20:5; Mark 7:14-23; 1 Cor 6:19-20; 11:2-16; 2 Cor 4:16-5:4; Gal 3:28; Eph 5:3, 22-33; Col 3:18-19; 1 Tim2:9-15; 5:23; Titus 1:6; James 1:19-27; 4:1-2).*
* **Ministry Based on a Biblical View of Sexuality and Purity** – *HOPE groups realize the importance of a biblical understanding of gender. God created the human race to exist in two equal genders of male and female. God has also commanded that these genders function in different capacities in the contexts of the home, church, and society. In addition, God created sex to be enjoyed in the context of the marriage relationship between one man and one woman. All other sexual expressions constitute sexual immorality and are heinous sins, bringing pain into the lives of all who are engaged in them. HOPE group leaders have a biblical responsibility to foster sexual purity in their attitudes, actions, and speech. In addition, HOPE group leaders encourage sexual purity in the lives of each participant . The Bible teaches great pain and consequences come into the lives of those who are guilty of sexual transgression. HOPE group leaders and participants are graciously discouraged to embrace expression of sexuality outside the bonds of marriage including lust, pornography, adultery, fornication, and homosexuality (Exod 20:17; Prov 5; Matt 5:27-32; Rom 13:13-14; 1 Cor 6:9-20; Eph 5:1-8; 1 Thessa 4:3-8; Heb 13:4; James 1:14-15).*
* **Striving for Excellence in Ministry:** *The calling to be a HOPE group leader involves more than a heart to serve others and includes a commitment to the sufficiency of Christ and his Word to help people with personal sin and life-problems. It also involves a commitment to growing in the kind of wisdom and skill that produces greater shepherding and soul care excellence. Quite frankly, no child of God has arrived at a place of perfection, but HOPE group leaders are committed to striving towards excellence in ministering to struggling people. HOPE group leaders are encouraged to pursue the necessary education, training, and experience required to do their ministry better for the glory of the Lord (Isa 43:7). Leaders are to maintain a vibrant relationship with Jesus Christ in order to maintain the spiritual strength and vigor necessary for HOPE group ministry. In addition, leaders seek to gain as much information and acquire the best biblical resources that address the nature of the problems faced by their participants in order to provide effective soul care (Prov 18:13, 17; John 15:1-11; Matt 12:33-37; Eph 3:14-21; 5:11; Col 1:9; 3:16; 1 Tim 4:15; 2 Tim 2:2, 15; James 1:19).*
* **Embracing a Biblical Methodology of Ministry:** Every HOPE group requires a commitment to understanding and following the change process revealed in Scripture. The Bible is a sufficient resource that explains the processes necessary in the HOPE ministry relationship. The fundamental key to the process of change is the person and work of Jesus Christ. HOPE groups seek to help participants make Spirit-initiated and Scripture-informed changes through a biblical process of putting off sinful attitudes and actions and putting on ones of righteousness. HOPE groups are committed to the biblical process of heart renewal. HOPE groups faithfully participate in prayer as a key means of change (Acts 26:17; Rom 12:2; 2 Cor 3:18, 10:5; Eph 4:17-32; Col 3:1-17; Heb 4:16).
* **Humble Submission to Local Church Authority:** *The Bible clearly recognizes structures of civil and church authority. HOPE group leaders work to honor all biblically-instituted authorities and assist group participants to do the same. HOPE groups submit to the authority of God above every other authority source and should help their participants do the same. God is the supreme authority in the world and is himself the source of every human authority. God mediates his authority to us perfectly in the pages of his Word, the Bible. Every source of authority is ultimately held accountable to God’s Word as the perfect standard. HOPE group leaders help participants live their lives in submission to God’s authority even when human authorities conflict with his authority. HOPE group leaders encourage participants to submit to legitimate authority in the home. God has called husbands and fathers to exercise loving, spiritual authority in the home, seeking the welfare of those in their care. God has also called wives to submit to their husbands and children to submit to their parents. These authority structures are an incredible blessing when discharged faithfully. HOPE group leaders will help family members honor these sources of authority appropriately throughout the various stages of life. In addition, HOPE group leaders encourage participants to submit to the authority of their church. God has gifted his church with ministers to shepherd the souls of his people. These shepherds have real spiritual authority that should be followed when it is discharged biblically. HOPE group leaders see this authority as a blessing from God given for the good of his people; therefore, the leaders endeavor to help group participants embrace it. Also, HOPE group leaders encourage participants to submit to the authority of the state as it is discharged righteously. God has provided government as a blessing for all people in order to preserve order and righteousness (Matt 20:25-28; Acts 5:29; Rom 13:1-7; 1 Cor 10:31; 2 Cor 5:9; Eph 5:22-33; 6:1-4; Col 3:18-21; 1 Tim 3:1-7; Heb 13:17; 1 Pet 2:13-25).*
* **Commitment to Integrity:** The Bible emphasizes the importance of honesty in all of our relationships. God never lies, and he commands this kind of integrity for his children as well. Honesty is a hallmark of any human relationship, including HOPE group relationships. Group trust necessitates honesty by everyone involved. Deceit sinfully undermines group unity and safety. HOPE group leaders need to maintain and communicate the biblical standards for confidentiality. Trust grows in relationships where all parties have clear expectations regarding the confidential nature of private information. HOPE group leaders seek to maintain trust and integrity by keeping personal information as private as possible. HOPE group leaders protect the reputation of participants by avoiding reckless and unnecessary disclosures of personal information. HOPE group leaders need to clearly communicate to participants that a commitment to biblical authority may require the disclosure of particular kinds of information to certain parties. A biblical commitment to protect them from harm as well as commitments to the authority of the home, church, and / or state may require disclosure of information that participants would otherwise prefer to remain private (Exod 20:16; 23:1; Lev 19:11; Deut 16:19; Prov 19:5; 24:28; 25:18; Zech 8:16; Matt 5:37; 2 Cor 4:2; Eph 4:25; Col 3:9).
* **Practicing and Pursing Gospel Reconciliation:** *HOPE group leaders seek to help group participants pursue peace with God through faith and repentance. When HOPE group leaders become aware of sin issues that could hinder healthy relationships with God, they will prayerfully use wisdom and grace to help the person(s) repent of the sin, confess it to the Lord, and forsake it for the pursuit of new desires and behaviors that honor God. In addition, HOPE group leaders are committed to helping participants pursue peace in their relationships with other people through confession, forgiveness, and reconciliation. They also seek peace in relationships with every group participant (Psa 32:1-5; Prov 28:13; Matt 5:9; 23-24; 6:14; 7:1-5; 18:15-35; Mark 11:25; Luke 17:3; Gal 6:1; Eph 4:31-32; Col 3:12-13; James 3:18; 1 Jn 1:8-9).*

d. Shepherding the flock is a “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ effort”... HOPE Groups can provide effective support for discipleship, counseling or small group ministries within the local church

e. Ministry \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for current Hope Groups at CHCC:

* **HOPE FOR ADDICTION (MEN)** - *Those who struggle with any life-enslaving sin including drugs, alcohol, sex, food, gambling, or anger, know how difficult life can be. If you’re struggling with any sin that feels overwhelming, consider joining this group to learn how to live life biblically.*
* **HOPE AFTER DIVORCE** - *Divorce often leaves individuals broken and hurt. This group exists to comfort and assist those who need help and healing following divorce, to walk through this season to the glory of God.*
* **HOPE FOR HURTING WOMEN** - *A group for any woman in a current or past oppressive relationship who desires to see their circumstances through Scripture and respond in a way that glorifies God. If you are hurting due to the sin of another, including anger, addiction, control, adultery, unequally yoked marriage, or situations where forgiveness is a struggle, please join us as we seek to minister to your heart and discover what God desires to do in the midst of what you are walking through.*
* **HOPE FOR LIFE-ENSLAVING SIN (WOMEN)** - *Coping with daily life can be incredibly challenging for those who struggle with life- enslaving sin including drugs, alcohol, sex, food or gambling. If you struggle with any sin that feels overwhelming, we hope you’ll join our group and learn how to live life biblically with hope.*
* **HOPE FOR CAREGIVERS (including Alzheimer’s or Dementia)** - *This group offers love, understanding, and support for those whose spouse, children, and friends have been affected by Alzheimer’s, dementia, or end-of-life issues. This caring group has lovingly accepted and ministered to many in this season of life.*
* **HOPE IN PURITY** - *Meet with advocates and partners who come alongside individuals and couples seeking to overcome life-enslaving sexual sin. This group is for individuals struggling with pornography and/or sexual sin, or suffering from the sin of their spouse.*
* **WAITING IN HOPE** - *If you are a woman impacted by the heartache of addiction in the life of your child, husband, or loved one, we would like to come alongside you in prayer and support as you continue your journey forward. Together, we will pray through scriptures for our loved ones and each other. Whether you come once for encouragement or stay with us for years, we would love to support you!*
* **HOPE AMIDST CANCER** - *If you are currently facing or have faced cancer, please join this group for women who meet for prayer, encouragement, study, and even laughter.*
* **HOPE IN GRIEF** -*Loss is one of life’s inescapable realities. Loss forces us to realize that even the good things we want and enjoy are fragile, temporary and unrecoverable. Yet God meets us in our loss and gives us others to share the sorrow of our losses. For men and women who have lost a loved one, this group meets for fellowship, prayer, and community while coping with grief.*
* **HOPE AMIDST AN EMPTY CRIB** - *Join women coping with the heartache of infertility, miscarriage, loss of a baby, and also those pursuing foster care or adoption. This Gospel-centered group meets for prayer, Bible study, and provides discipleship, help, and hope.*

1. Why should this Foundational Teaching be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to you?

1. Paul Tripp, *Instruments in the Redeemer’s Hands*, [↑](#footnote-ref-1)
2. Ibid, 110. [↑](#footnote-ref-2)
3. Ibid, 111. [↑](#footnote-ref-3)
4. Ibid, 112. [↑](#footnote-ref-4)
5. Ibid, 111. [↑](#footnote-ref-5)
6. Ibid, 113. [↑](#footnote-ref-6)