

12 Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. 2 And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect. 3 For through the grace given to me I say to everyone among you not to think more highly of himself than he ought to think; but to think so as to have sound judgment, as God has allotted to each a measure of faith. 4 For just as we have many members in one body and all the members do not have the same function, 5 so we, who are many, are one body in Christ, and individually members one of another. 6 Since we have gifts that differ according to the grace given to us, each of us is to exercise them accordingly: if prophecy, according to the proportion of his faith; 7 if service, in his serving; or he who teaches, in his teaching; 8 or he who exhorts, in his exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness.

— Romans 12:1-8

Defining Terms

“I urge you:” standing to provide counsel.

Our consecrated bodies are to be...

_____ — a deliberate, ongoing sacrifice given again and again over a lifetime.

_____ — an undefiled offering dedicated exclusively to the Lord and His purpose.

_____ — a well pleasing sacrifice that honors God’s character.

- Do not be _____ to this world...

5 This is the message we have heard from Him and announce to you, that God is Light, and in Him there is no darkness at all. 6 If we say that we have fellowship with Him and yet walk in the darkness, we lie and do not practice the truth;

— 1 John 1:5-6

- But be _____ by the renewing of your mind...

2 movements to a consecrated and transformed life.

1. Present your _____ a living and holy sacrifice.
2. Be _____ by the renewing of your mind.

4 INGREDIENTS TO EMPOWER YOUR FAMILY'S DISCIPLESHIP:

Reshape these to best fit your needs at home

1. **Soak:** As you gather for your next meal, use it as a time to let the worship and teaching marinate in your home. Ask one another what song was the biggest blessing to your soul, and what stood out most to you in Pastor Chris's sermon. Consider putting together a worship playlist or creating some word art around a theme from the message.
2. **Season:** Discuss how you have seen the attributes of God on display lately. How have you seen His wisdom or generosity? What has reminded you that He is loving and unchanging? How has He shown you that He is compassionate and faithful? What characteristics will you be looking for this week? And how can you personally reflect those characteristics?
3. **Serve:** Put together a plan to bless another person or family. It could be as simple as praying for them and then calling to let them know how thankful you are that they are in your life. Or maybe you want to send a blessing basket to one of our homebound? If you email us at info@fcfamily.org and we will send you the name and address of someone who could use some encouragement.
4. **Savor:** As one of my favorite hymns admits, our hearts and minds are often "prone to wander," so intentionally surround yourself with reminders of God's grace. You might want to write out Romans 12:1-2 and tape it to your mirror so you can remind yourself when you get up in the morning to "present your body as a living sacrifice." Or maybe you want to start a collective prayer journal so you can look back and see how God has answered your prayers.