

- 1. How often should a mentor meet with the participant?** While it is important for the mentor and participant to be on the same page, meeting frequency varies depending upon the needs of the participant and availability of the mentor (see *Mentor and Participant Expectations* and *Mentor Agreement* documents in the Mentor Resources folder at [hopefellowship.net/ReGenMentors](http://hopefellowship.net/ReGenMentors)). For example: someone struggling with chemical addiction may need daily contact, while someone struggling with resentment may need to meet only twice a month. We encourage weekly contact (emails, texts, phone calls) and regular face-to-face meetings but give flexibility to the pair to determine specifics.
- 2. What if the participant wants more contact than I am able to provide?** Availability is as important as willingness when it comes to mentoring. Your life stage may not allow you to be as available as the participant needs or desires. Be honest with yourself and the participant about the amount of time you are able to commit. If your availability doesn't meet the need, don't agree to be a mentor for this person. Encourage the participant to find a mentor who is available to meet his or her needs. If someone is expecting more than you can provide, a great response is, "That sounds like a great mentor. Regrettably, if that is what you need, I cannot be that mentor for you right now. Here is the time that I can commit. If that is not enough, let's work with the ministry to find you a mentor who is more available than me."
- 3. What if one of us is not meeting our agreed upon expectations?** Both mentor and participant have the ability to "fire" the other. If a participant is not communicating or meeting with a mentor, the mentor should widen the circle to the small group leaders, sit down with the participant to determine why he or she is unable or unwilling to meet/communicate, come up with a plan to improve contact, then release the participant if he or she is not willing to continue. The participant can do the same with a mentor who is not meeting agreed upon expectations.
- 4. What do I do if the participant wants to confess something but wants me to promise to never tell?** Never promise to keep secrets. It is not loving (see 1 John 1:7-9), and in some cases, may be harmful to others or cause some of God's judgment to fall on you (Ezekiel 33:1-6). If a participant says he or she wants to share something only if you promise to not tell, say "I am encouraged that you want to share something important with me and I am committed to helping you work through whatever lies ahead according to scripture. That is why I can't commit to keeping secrets. But, I promise not to gossip, to involve only those who are a part of the problem or solution, and to counsel biblically."
- 5. What if a participant tells me about illegal activity, or something that is a current threat to himself or others?** We take threats and illegal activity seriously. If a participant tells you something incriminating or potentially harmful to anyone (including himself or herself), please communicate with the step group leaders to discuss next steps. If you believe the step group leaders are not handling the issue biblically or legally, please reach out the ministry leadership. Together, as a team, work on coming up with the next right step for the health of participant and the health of those in potential danger.
- 6. When should/can I join the participant at the ministry meeting?** Mentors are always welcome to attend large group. Other reasons a mentor may join the participant during small group time include mentor training, inventory training, celebrations when finishing a book, and commencement.

- 7. How many people should I mentor at the same time?** This varies depending on a mentor’s capacity and the participants’ needs. Some can effectively mentor several people at the same time, while others only have capacity to mentor one person well. If you are being asked by multiple people to be a mentor, discuss your availability with those who know your capacity in order to make a wise decision.
- 8. What obligation do I have to the participant when *re:generation* is over?** Mentors help participants complete the *re:generation* plan in Step 12 (Step 12 Footprint). This includes finishing making amends, resolving conflict, and planning how the participant will live out Step 12. Our hope is that the *re:generation* experience will deepen the relationship and the friendship will carry on in the future, but there are no functional obligations for the mentor once he or she sees Step 12 being lived out by the participant—though we are all are obligated to continue to love one other (Romans 13:8).