

# Go Deeper Life Group Study

## AM I GOING MENTAL!?!

The Perspective of Praise  
April 25, 2021 – Week 3

### ICE-BREAKER...

What is your favorite cartoon character and why?

### GROUP DISCUSSION...

1. What does rejoicing mean to you? When was the last time you rejoiced in the LORD?
2. **READ Philippians 4:4-7.** What is the result of anxiety in our lives? Why is anxiety so often our default reaction under stress? What role does prayer play in overcoming anxiety?
3. **READ Philippians 1:12-13.** Why was Paul able to look at his circumstances from such a positive perspective?
4. **READ Acts 16:25-26.** Paul and Silas responded to adversity with singing praise to God. What advantage is there to praising God **IN COMMUNITY** and **OUT LOUD?**
5. How can we approach all situations from a perspective of praise?
6. How could you praise God for a struggle you are facing right now? How can you help someone else who is struggling with anxiety?

### REMIND YOURSELF DAILY...

***THE KEY THAT UNLOCKS YOUR MIRACLE IS THE SOUND OF YOUR PRAISE.  
PRAISE GOD EVEN BEFORE THE PROVISION ARRIVES.***

### VERSE OF REFLECTION...

***Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. – Psalm 42:11***

### ANNOUNCEMENTS...

- **MOTHER & DAUGHTER TEA** – May 15<sup>th</sup> // email [April@churchofcelebration.com](mailto:April@churchofcelebration.com) for more info
- **COC 15<sup>TH</sup> ANNIVERSARY PICNIC** – Sunday May 16<sup>th</sup> // Copper Sky Park // 1-3PM
- **NIGHT OF WORSHIP** – May 23 // 5:00-6:30 PM // Maricopa High School
- **UNIFIED SERVICE** – Sunday May 30<sup>th</sup> // 9:00 AM
- **STUDENT SUMMER CAMPS** – Text “camp” to 520-201-2444 for more info

~ For more information and event registration go to [churchofcelebration.com](http://churchofcelebration.com) ~