



YOU can be a **Christmas Angel!**

WE CAN HELP PROVIDE:

***Food and personal supplies for Seniors – and
Lunches for Children of families at McGregor Clinic***

Many children whose parents are assisted by the **McGregor Clinic**, Fort Myers (about 100 families), are at home during the school Christmas break, and without school lunches, they have a pressing need for food items which they can prepare without adult supervision. In the spirit of the Christ of Christmas, our St. Peter *Women of the ELCA* need your help to provide simple food items for these children.

Listed are suggested easy food items for the children to prepare at home. Please note that all listed foods are ***non-perishable***, since the McGregor Clinic pantry has no refrigeration.

Our gifts of money will benefit **Senior Friendship Centers**, which has helped seniors in Lee County for the past 40 years with services such as: *Meals on Wheels*, care management, health and wellness programs, adult day services, Friendship at Home, volunteer respite program, and Friendship Cafés. Many of the seniors that are helped by Senior Friendship Centers do not have families living in the area or have no family at all; some of the seniors have very little or no income.

Easy-Mac (mac & cheese)
Peanut Butter
Jelly or Jam
Crackers & Snack Crackers
Canned Tuna
Canned Soups (ready-to-eat)
Puddings / Applesauce
Canned Spaghetti
Canned Stew
Canned Chili
Cereal
Pop Tarts
Ramen Noodles
Canned Fruit



**Bring your Donated
FOODS to the St.
Peter SHOPPING
CART!**

***Your Gifts of money
are also welcome –
Let us shop for you!***

**Our Cash Gifts will allow seniors to shop
(supervised) for needed food and personal items.**

**Please Make Checks Payable to: ST. PETER LUTHERAN CHURCH
Memo line: "CHRISTMAS ANGEL"**