



“HOLD ON & Let Go”  
Small Group Questions  
For the week of April 24, 2022

**Icebreaker:**

*Have you ever been mistaken for someone famous?*

**Discussion Questions:**

1. Read John 20:11-17

How does your Bible translate Jesus’ words to Mary?

What did Jesus mean when He told Mary to stop holding Him?

2. What are the things these passages encourage us to hold on to?

John 8:31

Philippians 2:16, 3:12

1 Thessalonians 5:21

2 Thessalonians 2:15

1 Timothy 3:9, 6:19

Hebrews 3:6, 4:14

Revelations 2:25, 3:11

2. Is one (holding on or letting go) more difficult than the other for you?

3. Which particular elements from both lists do you find difficult to do and which do you find easy to do?

4. Was there ever a time when you felt you had lost your grip on Jesus or He on you?

5. What is the common promise in Isaiah 43:13 and John 10:28?