

Sermon: No Regret pt 2- Drowning Your Sorrows
Text: 2 Sam. 12; Romans 6;20-23
Date: Sunday January 10, 2021

Today: Consider what Scripture teaches us how to deal with our past so that we can enjoy our NOW and FOREVER life in Christ.

Romans 6:20–23 (ESV)

²⁰ For when you were slaves of sin, you were free in regard to righteousness. ²¹ But what fruit were you getting at that time from the things of which you are now ashamed? For the end of those things is death. ²² But now that you have been set free from sin and have become slaves of God, the fruit you get leads to sanctification and its end, eternal life. ²³ For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Regret (unresolved) is a toxic emotion which leads to shame and paralyzes us from moving into the joy filled life in Christ

Un-resolved Regret is not worthy of a person who is in Christ because of the redemptive work of Jesus Christ.

1 Sam. 12:13-15 ¹³ David said to Nathan, "I have sinned against the Lord." And Nathan said to David, "The Lord also has put away your sin; you shall not die. ¹⁴ Nevertheless, because by this deed you have utterly scorned the Lord, the child who is born to you shall die." ¹⁵ Then Nathan went to his house.

¹⁶ David therefore sought God on behalf of the child. And David fasted and went in and lay all night on the ground.

Paul uses a number of thought-provoking questions to explain God's plan for dealing with the past...to redeem what was lost...(Romans 1-8: justification, sanctification, and glorification)

Romans 6:1–4 (ESV)

What shall we say then? Are we to continue in sin that grace may abound? ² By no means! How can we who died to sin still live in it? ³ Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? ⁴ We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

Baptism into Christ Jesus is where our regrets *drown* and a redeemed future *begins*.

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Shame is a death-like stench; baptism into Christ is what washes off the stink!

Drowning Our Sorrows:

1. Be present with your baptism into Christ Jesus
2. While identifying with His burial, surrender the sorrow.
3. When you're ready, rise from the sorrow and rejoice in the new NOW and FOREVER.

For further meditation: Psalm 30:1–12 (ESV)

- ¹¹ You have turned for me my mourning into dancing;
you have loosed my sackcloth
and clothed me with gladness,*
- ¹² that my glory may sing your praise and not be silent.
O Lord my God, I will give thanks to you forever!*