



FAMILY GUIDE

2020





ABOUT CAMP



All weekend long we will be talking about how the *church is S'more than a building!* It's important for us to remember that the church isn't a building, but it's the believers who gather together as a body. Whether you are an adult or a kid, we can all participate in the church.

We are so excited for you to enjoy camp with your family! One thing that we want you to remember throughout all of camp is this: **Camp is a tool for your family to connect with each other and grow closer to God.** If something doesn't help you and your family do that; then change it, adapt it, or forget it!

Here are a few things to note:

- **Red vs. Blue-** Your family will be on either the red or the blue team based on the color of bandana and confetti in your box. Throughout the weekend, we'll ask your family to submit things to earn points for your team. The winning color earns bragging rights as well as the "Golden S'more" trophy!
- **Memory Verse-** We challenge you family to be memorizing part of our theme verse throughout the weekend. Here it is:
 - "We will grow up in every way to become the body of Christ. Christ is the head of the body." Ephesians 4:15 NIV
- You can find information, instructions, videos, and more resources at **www.gracepointchurch.net/CIB**



Camp Prep.....	1
Camp Schedule.....	2-3
Conversation Jar Instructions.....	4
Campfire Time Guide.....	5
Cabin Time Guide.....	6
Family Devotional.....	7
At-Home Scavenger Hunt.....	8
Around-Town Scavenger Hunt.....	9-10
Play Together Guide.....	11-15
Serve Together Guide.....	16



CAMP PREP



Sleeping Plan: Tent or blanket fort, sleeping bags, camping location (back yard, living room, camp site, fort, etc.)

Meal Plan: Make the weekend easier by pre planning these four meals.

- Friday dinner- _____
- Saturday picnic lunch- _____
- Saturday Dinner- _____
- Sunday Breakfast- _____

****Since its camp-** you will definitely want to add s'mores items to the list! You can make them over a fire, in a microwave, or even the oven.

Jar: This will be used to make your own *Conversation Jar* that will be used during the weekend and beyond. *See page 4 for instructions on how to prep your jar.*

***Device or TV:** This will be used for large group & family worship. The videos are available to live stream at www.gracepointchurch.net/CIB.

Bible: Grab your Bibles, pen & paper or maybe a journal.

Service Project items: See Serve Together on page 16 to decide which project and items you would need.

Card games: Cards are always a great camp activity! Grab a deck of cards, Go Fish, or any card games your kids like to play.

Other Items: Duct tape, paper/notebook, pens, sidewalk chalk, sharpies and markers.



CAMP SCHEDULE



FRIDAY

3:00pm - Setup Campsite

- Camp can be a fort in your living room, a quilt on the floor, or even a tent outside- You decide!
- **Text a picture of your campsite and your team color to (479) 381-6781.** Each submission gets a point for their team
- Make a Family Flag for the weekend. Each box has a white piece of fabric to decorate as their flag. **Text a picture of your flag and your team color to (479) 381-6781 for an additional point for your team.**

5:00pm- Dinner

- Grab your conversation jar and enjoy!

6:30pm- Camp Gathering #1

- Go to www.gracepointchurch.net/CIB to watch it live.

7:30pm- Campfire Time

- Use the guide on page 5.
- *HINT- This is a great time to make s'mores!*

8:00pm- Cabin Time

- Use the guide on page 6 as you prep your family for bed!
- Take some time to relax as parents- we've got a big day on Saturday.

SATURDAY

8:00am- Breakfast

- Remember to Grab your conversation jar!

9:00am- Family Devotional

- Visit page 7 for instructions on this.

9:30am- Camp Gathering #2

- Go to www.gracepointchurch.net/CIB to watch it live.



CAMP SCHEDULE



10:30am- Indoor Scavenger Hunt

- The list of items for the scavenger hunt are on page 8.

11:30am- Picnic Lunch

- Grab you Conversation Jar!

12:30pm- Play Together

- Instructions and Ideas are on page 11-15.

1:30pm- Parent's Choice: nap or more game time!

- All great camps have a nap time! Orrrr more game time.. Either one works!
- *Optional: Complete the "Around Town" Scavenger hunt to earn points for Team Red or Team Blue- Page 9-10.*

2:30pm- Serve Together

- Instructions are on page 16.

5:00pm- Dinner

- Grab your conversation Jar!

6:30pm- Camp Gathering #3

- Go to www.gracepointchurch.net/CIB to watch live.

8:00 pm- Campfire Time

- Use the guide on page 5. It also another great time for s'mores!

8:30 pm- Cabin Time

- Use the guide on page 6 as you prep your family for bed!

SUNDAY

8:00am -Breakfast

- Grab your conversation Jar!

9:10am- Church!

- Visit www.gracepointchurch.net/live to watch church this morning.

10:30am-Clean Up!

- Everyone helps with clean up!



Create a conversation jar for your family to use during the weekend at meal time.

It's always fun to use meal times to get the family talking! It makes for *s'more* interesting conversation and definitely fun moments!

WHAT YOU DO:

1. **Find a jar and decorate it.** Make it your own! You can put a family motto on it, put stickers of places or things our family likes (even the Camp-In-A-Box sticker!). The possibilities are endless- the only rule is that you have to do it *your* way.
2. **Cut and fold each questions and place in the jar.** You can find the questions in your box labeled "Conversation Jar"
3. **At meal times or during free time, have each person draw a question to answer as a family.**
4. **Use it after camp!** We put enough questions in your box that you should be able to use the jar for quite some time. Maybe your family even has their own questions for the jar as well!



CAMPFIRE TIME



Campfire Time is for your family to talk about the Camp Gathering that we just had, as well as spending some time doing *s'more* fun things.

Try gathering around a fire, on the deck, on a couch, or even around a YouTube video of a campfire!

Fun Activities:

- Roasting Marshmallows.
- Star Gazing: Try using the app- ***Sky Safari*** to point out stars, planets, and constellations in the sky.
- Telling stories by flashlight.

Conversation Starters:

- Friday
 - Fill in the blank- The church is a place where_____.
 - What is your favorite part about being at the church building?
 - What is your favorite part about doing church *outside* of the building?
- Saturday
 - What are you good at?
 - What character traits do you see in each other?
 - Character traits are words that describe someones personality- Like Kind, caring, leader, humble, optimistic, joyful, etc.
 - How can you use those traits to live sent?
 - Living sent is showing and sharing Jesus to those who don't know or haven't heard about Jesus.



CABIN TIME



Cabin Time is the time that you get ready for bed! Do your normal bedtime routine- but be intentional about reflecting on the day.

Use these sentence starters to guide your reflection. Finally, pray together as a family right before bed.

Reflection Questions

- What was your favorite part of the day?
- What was your least favorite part of the day?
- What did you learn about the Bible or Jesus Today?



FAMILY DEVOTIONAL



A devotional (sometimes called a quiet time) is time that you spend with Jesus- kind of like how you would spend time with your best friend. You would be getting to know them.

A devotional is a time for you to get to know God, read His word (the Bible) and give thanks to Him! Work through this devotional as a family this morning!

Begin your devotional by praying. If you need some help, use the guide below by filling in the blanks.

- Jesus- Jesus you are __(adjective)___.
- Others-Help __(a person)___ with __(what they need help with)___.
- You- Help me with __(Something you need help with)___.

Read something from the Bible. Today, we suggest that you read Ephesians 4:15-16.

Talk about what those verses mean. Here are some general questions that can get you started.

- What does this teach us about God?
- What does this teach us about people?
- How can you follow God better this week?

Finish by praying over the ways you can follow Jesus better.

**TIP: It is totally okay if this didn't quite go as planned! The important thing is that you tried and are talking about faith in your home.*

***TIP: If you have younger kids or need some help getting your kids engaged/focused, grab a piece of paper and ask them to write or draw their answers, and then talk about them afterwards.*



AT-HOME SCAVENGER HUNT



HOW TO PLAY:

1. Gather your family in a circle.
2. Begin by finding the items in the "All Family List"
 - a. Keep these items in a place for later in the day.
3. Once each of the "**All Family**" items have been found and gathered, group back up in a circle.
4. Then, send your family to each gather the first item under the "**Each Person**" list, and return to the circle.
5. Once everyone has returned with their item, have each person show and tell about why they chose that item.
6. Continue this with each item on the list until they have all been completed.
7. Finally, celebrate! Because you just finished the scavenger hunt.

- **All Family**

- Vanilla Extract
- Graham Crackers
- Towel
- Half and half/Milk/Cream
- Swimsuits
- Chocolate
- Sugar
- Sunscreen
- Marshmallows

- **Each Person**

- Something you play in the summer.
- Something you have done a lot of in quarantine.
- Something that smells really good.
- Something you want to do as a family.
- Something you would like to share with a friend
- Something that is very important to you.



Find each location on the list and complete as many challenges as you can! Check off the locations and challenges you complete and tell us how many boxes you checked at the final stop.

Each point you earn is a point towards the red or blue team.

☐

Item #1:

We wish you a great adventure,
neither sticky nor scary.
*you must begin your journey
With frozen sweet dairy.*

☐

Challenge:

Support a local business! Drive through a place that sells this item and buy one for each person. Take a selfie of your whole family enjoying.

☐

Item #2:

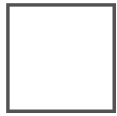
This place is full of well-informed creatures, There are books, desks, & probably teachers. Daily, you go there to learn and to play. Though in the summer, it's nice to stay away- What was your most favorite grade?

Take a picture where your best memories were made.

☐

Challenge:

Make a human pyramid in front of the school sign and take a picture! Bonus points if everyone in your family is in the picture.



Item #3:

During the pandemic, you can't sit in one of these. You might find curbside pick-up or home delivery to please. Now go to your family's favorite and shout out loud with glee!



Challenge:

See if you can guess what each other would order. Take a picture in front of this location. Bonus: Talk about your favorite memory there together.



Item #4:

At this place, I can swing low, I can climb high, and even wave to those walking by! This can be a favorite place for a summer activity but be careful what equipment you sit on in the hot summers heat!



Challenge:

Snap a picture making a silly face upside down, will you accept the challenge of moving upside down or move your camera upside down?



Final Stop

This place is compared to your house and your family, but we usually meet here at least once a week. We sing, and dance, play games, and talk with friends. *Hint: It's s'more than a a building!*

Head to GPC to turn in your points for your team.



PLAY TOGETHER



One of the best way to connect as a family is to play together! Here are *plenty* of options for playing together as a family during this time.

KEEP IT UP!:

- **What you need:** Balloons (in your Camp-In-A-Box)
- **What you do:**
 - Gather everyone in a circle and have them hold hands
 - When everyone is situated, throw a balloon up in the air
 - Players have to keep the balloon up in the air while still continuing to hold hands with the other players.
 - Use feet, heads, chest, elbows, and even the back of your hands (as long as you're still holding hands with the other players).
 - Use a stopwatch or phone to see how long you can keep the balloon up. If the balloon drops, start over and try to beat your best time!

WATER BALLOON TOSS:

- **What you need:** Water balloons
- **What you do:**
 - Fill a few balloons with water.
 - Gather everyone in a circle or stand across from each other and toss the balloon for a challenge.
 - Take a step back and continue tossing till you drop it.
 - It's always fun when this turns into a water balloon fight!

POOL NOODLE GAME:

- **What you need:** Normal balloon, pool noodles
- **What you do:**
 - Blow up a balloon.
 - Give everyone a noodle (or a piece of one) to use as a bat.
 - Toss the balloon in the air and see how long you can keep the balloon up in the air (injuries may occur-but pool noodles are soft).



PLAY TOGETHER



BUILD YOUR OWN LAUNCHER:

- **What you need:** cups from your box, balloons (1 for each cup), scissors, and pom poms (from your box), *Optional: Duct tape or packing tape.*
- **What you do:**
 - Cut an inch or two off of the bottom of the cups.
 - Blow up the balloon but do not tie it. Let the air out so it can deflate. This helps to get the balloon stretched.
 - Tie the end of the balloon as you would if it was inflated.
 - Cut about ½" off of the rounded top.
 - Open up the end of the balloon that you just cut and stretch it to fit over the bottom (cut end) of the cup.
 - Use duct tape to secure the balloon to the cup- *This is optional, but definitely helps.*
 - Now your launcher is ready!! Pop a few pom poms inside, pull the tied the balloon and let it go!

MARSHMALLOW DODGEBALL:

- **What you need:** Marshmallows
- **What you do:**
 - Designate teams or sides.
 - Give each team a few marshmallows and go for it!
 - **No head shots.**

BUBBLE GUM CONTEST:

- **What you need:** bubble gum from your box
- **What you do:**
 - Give each person a piece of bubble gum
 - Chew the bubble gum.
 - Get it good and stretchy.
 - Blow your bubble!!



PLAY TOGETHER



CAMPING CHARADES:

- **What you need:** Scrap paper, pen or pencil.
- **What you do:**
 - Write up as many of the charade suggestions as you want on separate pieces of paper. (*You can create your own items if you want to*).
 - Divide into two teams.
 - Take turns drawing an item and acting it out with no words.
 - The goal is to get your team to guess what the item is in one minute or less.
 - If your team guesses correctly within one minute, you get a point.
 - Once all of the cards have been played, the team with the most points wins.
- **Charade Items**

◦ Singing around the campfire	◦ Pitching a tent
◦ Swatting mosquitos	◦ Catching fireflies
◦ Washing the dishes	◦ Riding a bike
◦ Putting on bug spray	◦ Hiking
◦ Catching a huge fish	◦ Looking at the stars
◦ Playing horseshoes	◦ Rolling a sleeping bag
◦ Deer	◦ Paddling a canoe
◦ Fox	◦ Building a campfire
◦ Roasting marshmallows	
◦ Chopping firewood	



PLAY TOGETHER



FISH BOWL: *Better for families with older kids*

The objective of Fish Bowl is to score as many points as you can after 3 rounds.

What you need: Sticky notes, pens, a container to hold the sticky notes and a timer.

Set up the game:

- Divide into two equal teams.
- Everyone takes three sticky notes and writes an easy noun on each one.
- Everyone folds their sticky notes in half and places them into the bowl.

Play the game:

The game is played in 4 rounds. The starting team selects a player to go first. That player will grab a piece of paper from the fishbowl and read it to themselves. The 1-minute timer will start as soon as they pick a piece of paper from the fishbowl.

- **Round 1:** The player will then use **words** to get their teammates to guess the word that is on the paper. They cannot use any hand gestures only words, and they can't say any of the words that are on the paper. The team gets a point for every word they guess correctly within the one minute timer. Teams take turns back and forth until all the sticky notes have been used. Then count up the points and put the sticky notes back in the bowl and begin the next round.
- **Round 2:** Players can use **ONLY hand gestures** to help their teammates guess correctly, no words allowed in this round.
- **Round 3:** Players can use only a single word to give their clue.
- **Round 4:** Only to be played by the most serious of fishbowl competitors. This round is played like round two, charades style, but with a bed sheet over the person who's it.



PLAY TOGETHER



Other Options:

- Any card game you like to play as a family
- Nerf wars
- Board games
- Pictionary
- Family hike
 - Slaughter Pen Trails in Bentonville
 - Crystal Bridges and Compton Gardens
 - The Back 40 in Bella Vista
 - Blowing Springs in Bella Vista
 - Tanyard Creek in Bella Vista
 - Lake Atalanta
- Do a family Lip Sync Battle
- Karaoke
 - There are plenty of YouTube videos that are set up for karaoke. All you need to find is something to hold like a microphone.



LOVE your neighbor:

- Leave your neighbor/s an encouraging note and/or prepackaged treats!
- Go for a walk as a family around your neighborhood and pray for your neighbors.
- Invite them to an ice cream social in your front yard (social distancing of course!).
- Decorate your driveway and sidewalks with fun, encouraging messages for your neighbors!

Samaritan Center:

Donate snacks to Samaritan Community Center.

- They are in need of:
 - Single-serve cereal bowls (cold cereal only)
 - Macaroni and cheese single bowls or pouches
 - Slim Jim-type meat sticks
 - Fruit strips
 - Animal crackers

All food donations may be dropped off at the SCC Administrative Offices from Monday-Friday from 8:30am-4:30pm at 1211 West Hudson Road, Rogers.

CAMP-IN-A-BOX BINGO!

B I N G O

Have a water balloon fight	Sleep in a tent	Enjoy a s'more	Hear too many dad-jokes	Beat the BLUE team!
Laugh so much you cry	Help a neighbor	FREE SPACE	Have a BLAST as a family!	Build a fort in the living room
Worship as a family	Take a nap	Go to bed tired	Go to church online	Get your picture taken at GPC
Sing so loud the neighbors can hear	Dance to some funky music	Tell a story with a flashlight	Use the conversation Jar	Make lots of "s'more" puns
Beat the RED team!	Eat pancakes	Eat hot dogs	Go stargazing	Play a card game