

Freedom Group #9

The Living Word

Joshua 1:6-8 *“Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. 7 Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. 8 Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. NLT*

Imagine if someone offered you a special gift that would guarantee you direction, prosperity, and success. A gift that would give you the ability to raise above any circumstance and stand against the enemy. A gift that would keep you from sin, destruction and despair! Wouldn't you be eager to receive that gift? You can!

Ways to Activate the Word of God in your Life

1. Make God's Word a priority

We will always make time for the things that are important to us. Just as our bodies need food for fuel, our spirits need the Word. As you spend time reading your Bible each day, it will bring life!

2. Believe what you Read

Choose to believe that the Word is true. God says that it is impossible to please Him without faith. If you put your trust in God's Word, you will see your faith and confidence grow as you read it!

Romans 10:17 *Consequently, faith comes from hearing the message, and the message is heard through the word about Christ. NIV*

3. Meditate on Scripture

Don't just do a daily reading and put the Word away. Think about it. The word "meditate" means to "chew the cud." In other words, you should get the nutrients out of it and swallow it, then recall it again and chew on it some more. Chew on it all day long, and you'll be mindful of it and able to do what it says.

Psalm 1:2 *But they delight in the law of the Lord, meditating on it day and night. NLT*

Ways to Meditate on the Word of God

1. Speak God's Word out Loud

Find declarations in Scripture that you can speak out loud to strengthen your spirit. Saying Scripture out loud effectively reminds your soul of what is true, and when the Word comes out of your mouth, it will build your faith. Memorize truth and promises from the Word so that you can speak specific Scriptures over specific situations.

2. Think about the Word day and night

If you are tuned in to God for only one of your sixteen waking hours, the world may often seem more real to you than God and His truth because you are spending much more time in the world.

3. Make meditation practical

When it comes to meditation, frequency is key. Not's not how much, its how often. Reading through the Bible three times a year may be a great goal, but it will be meaningless if you aren't taking time to allow specific truth to sink into your heart. Learn how to find nuggets and chew on them throughout the day.

Proverbs 3:1-4 *My child, never forget the things I have taught you. Store my commands in your heart. 2 If you do this, you will live many years, and your life will be satisfying. 3 Never let loyalty and kindness leave you! Tie them around your neck as a reminder. Write them deep within your heart. 4 Then you will find favor with both God and people, and you will earn a good reputation. NLT*

Do What is Written

There may be times when we are actively studying the Word, learning its truth, and getting excited about it. But do we consistently do what it says? What would it be like if we began putting what the Bible says into practice every day? We would see the truth of the Word at work in our lives. The promises of God are fulfilled when we walk in obedience to His Word.

James 1:22-25 *But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves. 23 For if you listen to the word and don't obey, it is like glancing at your face in a mirror. 24 You see yourself, walk away, and forget what you look like. 25 But if you look carefully into the perfect law that sets you free, and if you do what it says and don't forget what you heard, then God will bless you for doing it. NLT*

**Meditation will turn into revelation.
Revelation will activate your faith.**

When your faith is activated, things change!