

LET'S DO LIFE

JUNE 2020



SILVER SPRINGS

Life Group:	Leader(s):	Day/Time:	Location:	Childcare?	Curriculum
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WOMEN

Angels On Earth	Jane Eggimann	Sundays 10:45 AM	Cape First Church Room 119	Yes Kids Life	Leader's Choice
Wordshop	Rose Brothers Debbie Atchison	Wednesdays 12 Noon	Cape First Church Fireside Room	No	<i>"Unwrap the Bible"</i> by Women of Faith
Joy Gals	Kristi King	Mondays 6 PM	Cape First Church Room 143	No	<i>Unashamed</i> by Christine Caine
Women In His Presence	Marsha Fisher	Mondays 6:30 PM	Cape First Church Room 119	Yes Kids Life	<i>Discerning The Voice Of God</i> by Priscilla Shirer
Feeding Your Temple	Debbie Atchison Cathy Cheek	Mondays 6 PM	2336 Kingshighway Cape Girardeau	No	<i>"Unwrap the Bible"</i> by Women of Faith
Mighty Moms	Cathlin Hayes	Saturdays 9 AM	Call 573-450-3002 for location	No	<i>So Long, Insecurity</i> by Beth Moore
Moms In The Making	Stephanie Hodges	1st & 3rd Tuesdays 6:30 PM	Call 573-768-4998 for location	No	A Faith Based Fertility Support Group

MEN

Men's Prayer Group	Nate Ammon	Mondays 6-7 AM	Cape First Church Fireside Room	No	Worship & Prayer
Kingdom Men	Jason Metheny Keith Baker Jerry Lynn	Tuesdays 6 PM	Call 573-270-8371 for location	No	Leader's Choice
Mighty Men Of Valor	Larry Shafer	Wednesdays 7 PM	Cape First Church Silver Springs Location	Yes Kids Life	<i>Lost & Found Series</i> by Robert Morris
Fishers Of Men	Mark Boone	Tuesdays 6:30 PM	Call 573-579-5049 for location	No	<i>A Look At Life From The Riverbank</i> by Steve Chapman
Marks' Men's Group	Rusty Marks	Wednesdays 7 PM	Cape First Church Silver Springs Location	Yes Kids Life	Leader's Choice

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FAMILY

Worship Life (During 11 AM Service)	Eric & Whitney Burton	Sundays 11:30 AM	Cape First Church Worship Landing Area	Yes Kids Life	For Worship Team
J.O.Y. Group Just Older Youth, 55+	Bob LeGrand	Tuesdays 10 AM	Cape First Church Room 132	No	Study of the Bible Thessalonians
Zumba With The Twins	Jean & Jan Fulton	Tuesdays 6:00-6:45 PM	Cape First Church Gymnasium	Yes \$2 per child	\$3 Per Session. Children 9+ may attend. Devotional included.
Prophetic Worship	Jamin Schippers	2nd Friday 7 PM (Monthly)	Call 573-382-5712 for location	No	Prophetic worship
Beautifully Blended	Jamin & Katie Schippers	Every other Saturday 9 AM	Call 573-987-7707 for location	No	<i>The Smart Stepfamily</i> by Ron L. Deal
Always More	Ben & Pam Ellis	Wednesdays 7 PM	Cape First Church Silver Springs Location	Yes Kids Life	<i>Hosting the Presence</i> by Bill Johnson
Adult Life Group	Gary Brothers Chad Fisher	Wednesdays 7 PM	Cape First Church Silver Springs Location	Yes Kids Life	<i>Overcoming Fear</i>

MARRIAGE

Second Wind Couples	Jerry & Carol McGuire	1st Monday 7 PM	2047 N. Sprigg St. Cape Girardeau	No	Leader's Choice
Marriage Small Group	Bill & Cathy Cheek Dan & Nancy Johnson	Wednesdays 7 PM	Cape First Church Fireside Room	Yes Kids Life	<i>Dressing Your Marriage For Success</i> The Armor Of God



To sign up for a Life Group, text **LIFE GROUP** to **888-111**.
For more information about Cape First Life Groups, visit
capefirst.org or call **573-334-4421**.

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COLLEGE/YOUNG ADULTS

REMIX College & Young Adults	Chad Fisher	Mondays 7 PM	Cape First Chapel Silver Springs Location	Yes	REMIX Service
REMIX Ladies Group	Kate Burton	Wednesdays 7 PM	Silver Springs Campus	Yes Kids Life	<i>Defiant Joy</i> by Candace Payne
REMIX Guys Group	Ben Burton	Wednesdays 7 PM	Silver Springs Campus	Yes Kids Life	<i>How to Lead in a World of Distraction</i> by Clay Scroggins

YOUTH

Jr. High Service Grades 6-8	Tony Bartkoski Phil Wellin	Sundays 9 AM	Cape First Chapel Silver Springs Location	No	Jr. High Service
Sr. High Service Grades 9-12	Tony Bartkoski	Thursdays 7 PM	Cape First Chapel Silver Springs Location	No	Sr. High Service
ONE Night Grades 6-12	Tony & Kelly Bartkoski	3rd Sundays 7-9 PM	Cape First Chapel Silver Springs Location	No	Youth Service All Locations Combined
Life Groups Grades 9-12	Kelly Bartkoski	Mondays 7 PM	Zoom Call	No	23 (A study of Psalm 23)

CHILDREN

Kids Life Preschool - 5th Grade	Nate & Katie Ammon & Team	Sundays 9 & 11 AM	Cape First Church Kids Life Chapel	Yes	Children's Service
Kids Life Nursery	Kids Life Nursery Team	Sundays 9 / 11 AM Wednesdays 7 PM	Cape First Church Kids Life Wing	Yes	Nursery Ministry for Infants - Age 2
Kids Life Unlimited Special Needs Ministry	Tana Cummins & Team	Sundays 11 AM Only	Cape First Church Kids Life Room 226	Yes	Fully equipped room. Creative teaching. Activities and worship.
Kids Life WOW Wednesdays	Alex & Katelyn Shafer	Wednesdays 7 PM	Cape First Church Kids Life Wing	Yes	Children's Ministry Infants-5th Grade



Cape First Church
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