## **FAFC Questions**

- 1. What most impacted you most in the message?
- 2. The Apostle Paul repeatedly talks about joy throughout Philippians. How would you define "joy?" Do you believe that joy is attainable in every situation or only in some situations? (Does rejoicing help us understand it as a decision?) What does Paul's times in prison speak to us regarding joy? Does that make is more possible for you?
- 3. What does it mean to you that "happiness is an emotion but joy is a choice?" Happiness can be transitory or fleeting but joy can be permanent. How much control do we have over joy? What role does the Holy Spirit play in joy? Would you consider yourself a joyful person?
- 4. Pick one of the ideas from the message and share how you have or have not experienced it? Do you have a difficult time seeing the good in the bad circumstances you face? What difficult circumstances have you faced that God can use to help others?
- 5. Paul talks about how "all that had happened to him was to advance the gospel." Why do we struggle to keep our focus on the eternal issues? Ask God to give you a new vision of what He can do in challenges.