

## COVID GUIDELINES FOR SMALL GROUP LEADERS

### *Off-site/In-home Groups*

We encourage you to talk with your group members before meeting about their expectations/concerns about how the pandemic guidelines apply to your gatherings.

Lead your group to an agreed-upon understanding of how the guidelines will be practiced. Encourage each other to be respectful/considerate as group members will have different levels of risk-tolerance and attitudes towards implementing change.

Here are some questions to consider as a group:

1. How will you define your group? Will it be a cohort?
2. What are the group members' expectations/concerns?
  - a) How will you practice physical distancing?
  - b) Are masks expected or optional?
  - c) How will you deal with food/beverages?
3. Can you be honest about being ill? How will you accommodate people who are absent because they are unwell?
4. How can you encourage your group members to step up?
5. Will your group be flexible about how you meet? Be prepared for the possibility of meeting by Zoom/online again.
6. How can we make the host home a safe place to meet for both the host family and the group members?
7. What other things can we do to make our group night warm and welcoming for us?
8. How does your response respect the governing authorities and bear witness to the community?

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### *Groups Meeting at Heartland*

We encourage you to talk with your group members before meeting about their expectations/concerns about how the pandemic guidelines apply to your gatherings. As the leader, we encourage you take steps to ensure that group members are welcomed and respected.

Below are the facility-use guidelines to ensure the safety and well-being of your group members:

1. Masks **MUST** be worn the entire time in the building, even when seated with group.
2. Individuals are to space out (6 feet/2 meters apart) when entering/leaving building and remain distanced at all times.
3. Please use the hand sanitizer station when entering the building.
4. Unless pre-registered, individuals must sign in.
5. Individuals experiencing cough, fever, shortness of breath, runny nose or sore throat should not attend in person.
6. Avoid physical contact (hand shaking, hugging, touching or passing/sharing of items) unless you are in the same household.
7. If using washrooms, one person in washroom at a time.
8. Please stay in the assigned room. For washroom breaks, use the closest washroom to the assigned room.
9. No communal food or beverage should be served.
10. At this time, no children will be allowed to accompany parents attending groups.

*All facility bookings must be requested in advance by emailing [bookings@heartlandalliance.ca](mailto:bookings@heartlandalliance.ca).*

