### **Heartland Kids Weekend Bulletin**

May 8-9, 2021

#### Ephesians 5:8-14

<sup>8</sup> For you were once darkness, but now you are light in the Lord. Live as children of light

<sup>9</sup> (for the fruit of the light consists in all goodness, righteousness and truth) <sup>10</sup> and find out what pleases the Lord. <sup>11</sup> Have nothing to do with the fruitless deeds of darkness, but rather expose them. <sup>12</sup> It is shameful even to mention what the disobedient do in secret. <sup>13</sup> But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. <sup>14</sup> This is why it is said: "Wake up, sleeper, rise from the dead, and Christ will shine on you."

#### The Good News

• We are all born in spiritual darkness. That means we have to ask Jesus, the light, to come into our lives. He wants to live in us and spread His light but we have to make the first step.

#### How do I enter the Light?

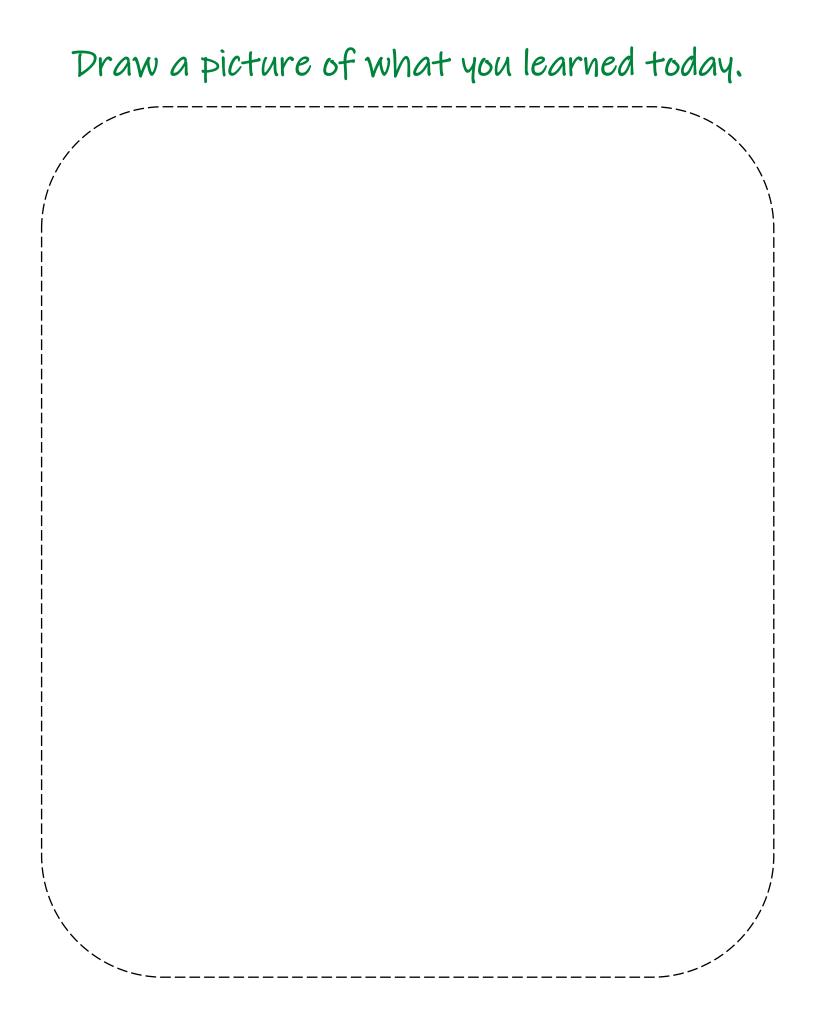
- Know that Jesus is the only way to God and you need Him to bring light to your life.
- Stop doing the things that go against what the Bible teaches. Instead, live like Jesus would want you to!
- Believe that Jesus died on the cross for YOU and rose again.
- Pray and ask Jesus to come into your life. Ask the Holy Spirit to live with you and give you His
  power.

## How do I stay in the Light?

• Plants need light to grow. Just like a plant, we need Jesus to keep growing in our faith and His light. That means knowing your Bible, praying and spending time just enjoying being with God!

# Questions to ask as a family.

- 1. Have I entered the Light (accepted Jesus)?
- 2. Is that a step I am ready to take today?
- 3. What are some ways I can spend time with Jesus and enjoy His presence?



# Family Challenge

It is Mother's Day Weekend! Spend time this weekend celebrating the mom in your life and showering her with love! Think about something that would bring her joy and see what you can do to make it happen. Or, even better, ask her what she would like to do today!

If you want help making something special, pop over to the Heartland website and check out our Kids page; there is a special Mother's Day craft tutorial under the Preschool Lesson.



This week Pastor Al talked about how we need Jesus' light in our life. Here is a game the whole family can play to help you remember how important it is to have Jesus' light in your life.

Grab some flashlights, wait until it's dark and play flashlight hide and seek! Or, turn off all the lights (or as many as you're comfortable with) in the house. Have one person be the seeker. They count while everyone hides. If you are found, you become a seeker! Use your flashlight to search for the rest of the people hiding. The last person found wins! When everyone has been found, pick a new seeker and play again.

Remember, all of us are born in darkness, but we have a choice to ask for Jesus' light to come live in us (through the Holy Spirit). Talk to your family about if you are ready to make that choice today!









