

MARRIAGE: THE EVERCHANGING ADVENTURE!

Calvary Chapel – Hudson Valley
Marriage Bible Study 2020-2021



JUNE FOCUS: A TRIATHLON OF CONFLICT MANAGEMENT

A BRIEF RECAP . . .

It's all about Him! *John 8:12; 31-36.

Our first goal in marriage is to obey and please the Lord.

*Proverbs 24:16; 2 Peter 1:2-4.

Marriage is a test of our devotion to Christ – a test of how we treat our spouse as we obey, honor, and please the Lord.

-My response to my spouse is my responsibility. *Ephesians 5:33.

-My spouse doesn't cause me to be the way I am – my spouse reveals the way I am. *Proverbs 4:23; 27:17,19; Mark 7:14-23; Luke 6:45.

-Inner freedom develops greater maturity.
*John 8:31-36; John 14:6; 1 Peter 2:16,23-25.

-God tests us to “grow” us, to strengthen us so our inner freedom will increase. *1 Timothy 4:7-10; James 1:2-4.

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Marriage is a Triathlon of Conflict Management

Conflict Resolution

Living with Perpetual Issues

Forgiveness

Triathlon Basics:

Staying properly hydrated and fed is essential for effective performance.

*Isaiah 58:11; Matthew 4:4; Matthew 5:6; John 4:14; John 7:37-38.

The ultimate goal and its benefits must be firmly fixed in our hearts and minds to get us through those difficult times.

*Hebrews 12:1-2; 1 Corinthians 9:24; 2 Timothy 4:7-8.

Balance - the key to being successful.

-Managing our expectations through all circumstances. *Psalm 62:5-8.

-Knowing the difference between pain that comes with typical exertion and pain that warns of long-term injury.

*Psalm 139; Romans 2:4; Romans 5:12-6:23; Ephesians 4:17-24.

-Pacing (expending energy as efficiently as possible) throughout the journey. *Psalm 16:8-9,11; Psalm 119:105,107,165; John 14:6; Ephesians 5.

LOOKING AHEAD . . .

Next year's Bible Study will begin in September/October, so be sure to stay tuned to church announcements. We will be praying for you throughout this summer. It has been a joy studying God's Word together – God bless you all!



CALVARY CHAPEL OF THE HUDSON VALLEY
MARRIAGE MINISTRY

"A threefold cord is not quickly broken."
- Ecclesiastes 4:12 -

Damon & Laurie deChamplain